



- \* Students will create instructional opportunities that enhance learning and success to meet students' needs. Adaptation and modifications for diverse learners will be present in all lessons (MoSTEP 3:3c, 4:4a, 5:5a, 7:7b).
- \* Students will develop, demonstrate, and teach physical education activities that engage active learning and performance (MoSTEP 5:5b,7:7b).
- \* Students will develop a health unit consisting of lessons, an experiment, and a measurable assessment in various formal and informal assessment techniques. Instruction will recognize individual learning styles, performance, and modify instructional approaches (MoSTEP 4:4b, 4:4c,5:5a, 8:8a).
- \* Students will reflect and evaluate their oral presentations by assessing their performance (MoSTEP 9:9a, 9:9c).
- \* Students will create a notebook filled with shared individual/group presentations, ideas, and lessons for future reference (MoSTEP 8:8c).
- \* Students will develop a personal philosophy for teaching health and physical education for the elementary-age student (MoSTEP 7:7b,9:9c).

3. **Schedule** of required readings, class preparations and assignments, lectures, discussions, student presentations, out-of-class assignments and exams.

### CLASS SCHEDULE

#### CLASS 1: Introductions

June 2     Review syllabus  
               Discuss course requirements and assignments  
               Health/Physical Education Show Me Standards  
               Chapter 12 Physical Fitness Testing

#### CLASS 2: Health Unit Presentation-Mental Health of Children and Adolescents

June 9     Health Unit: Skeletal/Muscular System  
               Discuss steps and procedures for Health Unit/Lessons and  
 Presentation

#### CLASS 3: Chapter 3 Planning for Quality Instruction

June 16    Chapter 9 Legal Liability, Supervision, and Safety  
               Chapter 7 Children With Disabilities  
               Physical Education Lesson Plan/Step-by-Step Demonstration  
               Chapter 22 Game Skills  
               Chapter 23 Basketball, lead-up activities

Chapter 29 Volleyball, lead-up activities

CLASS 4: Health Unit Presentation-Digestive System

June 23 Health Unit Presentation-Circulatory System

Health Unit Presentation-Respiratory System

Health Unit Presentation-Nervous System

Health Unit Presentation-Character Plus/Capizzi

CLASS 5: Chapter 27 Softball

June 30 Physical Education Lesson

Chapter 17 Manipulative Skills

Physical Education Lesson/long jump ropes

Physical Education Lesson/individual jump ropes

Physical Education Lesson/jump bands/Capizzi

Chapter 26 Soccer, lead-up activities

Physical Education Lesson

Chapter 21 Personal Challenge Skills/relays

Physical Education Lesson/relays

CLASS 6: Philosophy of Teaching Health and Physical Education

July 7 Chapter 19 Rhythmic Movement

Physical Education Lesson

Physical Education Lesson

Physical Education Lesson/Capizzi

Chapter 22 Game Skills

Physical Education Lesson

Physical Education Lesson

CLASS 7: Health Unit-Emotions

July 14 Health Unit Presentation-Sensory Organs

Health Unit Presentation-Nutrition

Chapter 18 Body Management Skills

Physical Education Lesson/parachutes

Chapter 17 Manipulative Skills

Physical Education Lesson/bean bags/balloon

Philosophy of Teaching Health and Physical Education

CLASS 8: Health Unit Presentation-Safety

July 21 Health Unit Presentation-Consumer Health Issues (Mass Media)

Health Unit Presentation-Personal Health

Health Unit Presentation-Substance Abuse

Class Notebook Due

4. Resources:

Text(s): COURSE TEXT: DYNAMIC PHYSICAL EDUCATION FOR  
ELEMENTARY SCHOOL CHILDREN, 13th EDITION,  
ROBERT P. PANGRAZI & VICTOR DAUER

5. EVALUATION: (basis of evaluation with explanation regarding the nature of the assignment and the percentage of the grade assigned to each item below)

<u>ASSIGNMENTS</u>	<u>PERCENTAGE</u>	<u>DUE DATE</u>
Lesson plans for Physical Education activities-----	20	
Teaching a Physical Education class-----	20	
Create and write a Health Unit and Assessment-----	20	
Oral Health presentation, including a Health experiment	20	
Philosophy of Teaching Health and Physical Education---	15	7-14-03
Class notebook-----	5	7-21-03
	TOTAL	100%

SPECIAL

NOTES

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- \* Regular class attendance and participation is required.
- \* Failure to attend class will result in a grade reduction.
  - first absence: 5% reduction of final grade
  - second absence: 11% reduction of final grade
- \* All assignments are due on committed dates.
- \* Late assignments will not be accepted.
- \* Syllabus is subject to change at the discretion of the instructor.

Health Unit Presentation- First Aid/CPR

Health Unit Presentation- Special Education

Health Unit Presentation-Excretory System

Health Unit Presentation-Environmental Health

Health Unit Presentation-Endocrine System