



Course Syllabus

COURSE NUMBER: EDUC 3550-01	COURSE TITLE: Health and Physical Education Methods	TERM: Summer 2005
SITE: Webster Hall Room 329 Sunnen Lounge Long Elementary	INSTRUCTOR CONTACT INFORMATION: Janet Capizzi 314-729-2470 (8- 12 AM) 314 729-2450 X5470	CREDIT HOURS: 2

1. COURSE DESCRIPTION:

HEALTH AND PHYSICAL EDUCATION METHODS is designed to teach methods, techniques, learning styles, and skills necessary to recognize the developmental, physical, mental, emotional, and social growth of the elementary-age child. Emphasis will be placed on the importance of health and physical education as an integral part of the elementary curriculum and the impact on child development. Students will participate in class activities and discussions on relative topics in the specialized field of health and physical education. Prerequisites: EDUC 2800, and EDUC 2810, EDUC 2070 or PSYC 2040.

2. LEARNING OUTCOMES:

Course Outcomes	SOE Goals, SOE Dispositions, and MoSTEP/Prof Standards Addressed
<p>* Students will explore the importance of health and physical education as an integral part of the elementary curriculum and the development of the elementary age child</p> <p>* Students will examine and develop multiple methods of integrating health and physical education into classroom curriculum.</p> <p>* Students will know and identify the Show Me Standards for the instructional areas of health and physical education).</p> <p>* Students will demonstrate the importance of safety during Physical Education activities and incorporate provisions for safety in all lessons.</p> <p>* Students will create instructional opportunities that enhance learning and success to meet students' needs.</p> <p>Adaptation and modifications for diverse learners will be present in all lessons.</p>	<p>SOE 1.1 MoSTEP 2:2a</p> <p>SOE 2.2 MoSTEP 1:1b</p> <p>MoSTEP 2:2b, 4:4a</p> <p>MoSTEP 7:7a</p> <p>SOE 4.3 MoSTEP 3:3c, 4:4a, 5:5a, 7:7b</p>

<p>* Students will develop, demonstrate, and teach physical education activities that engage active learning and performance.</p>	<p>SOE 2.1 MoSTEP 5:5b,7:7b</p>
<p>* Students will develop a health unit consisting of lessons, an experiment, and a measurable assessment in various formal and informal assessment techniques. Instruction will recognize individual learning styles, performance, and modify instructional approaches.</p>	<p>SOE 2.4, 4.3 MoSTEP 4:4b, 4:4c,5:5a, 8:8a</p>
<p>* Students will reflect and evaluate their oral presentations by assessing their performance. * Students will create a notebook filled with shared individual/group presentations, ideas, and lessons for future reference.</p>	<p>SOE 3.1 MoSTEP 9:9a, 9:9c MoSTEP 8:8c</p>
<p>* Students will develop a personal philosophy for teaching health and physical education for the elementary-age student.</p>	<p>SOE 3.2 MoSTEP 7:7b,9:9c</p>

CLASS SCHEDULE

CLASS 1: Introductions

June 6 Review syllabus

Discuss course requirements and assignments

Health/Physical Education Missouri

Standards/Benchmarks

Health/Physical Education Show Me Standards

Chapter 3 Planning for Quality Instruction

CLASS 2: Chapter 7 Children With Disabilities

June 13 Health Unit: Skeletal/Muscular System

Discuss steps and procedures for Health project

CLASS 3: Health Unit Presentation-Digestive System

June 20 Health Unit Presentation-Respiratory System

Health Unit Presentation-Nutrition

Health Unit Presentation- Character

Education/Capizzi

CLASS 4: Health Unit Presentation-Substance Abuse

June 27 Health Unit Presentation-Emergency Situations/First
Aid

Health Unit Presentation-Consumer Health Issues
(Mass Media)

Health Unit Presentation-Mental Health of Children
and Adolescents/Capizzi

CLASS 5: **MONDAY JULY 4, 2005 HOLIDAY/NO CLASS**

July 4

CLASS 6: LONG ELEMENTARY SCHOOL

July 11 Physical Education Lesson Plan/Step by Step
Demonstration
Chapter 23 Basketball, lead-up activities
Chapter 26 Soccer, lead-up activities
Chapter 29 Volleyball, lead-up activities
Discuss Philosophy of Teaching Health and Physical
Education

CLASS 7: SUNNEN LOUNGE

July 18 Chapter 17 Manipulative Skills
Physical Education Lesson/Balls/Hoops
Physical Education Lesson/Juggling/Bean
Bags/Balloons
Chapter 17 Manipulative Skills
Physical Education Lesson/Long/Individual Jump Ropes
Physical Education Lesson/Jump bands/Capizzi
Chapter 18 Body Management Skills
Physical Education Lesson/Parachutes
Due: Philosophy of Teaching Health and Physical
Education

CLASS 8: SUNNEN LOUNGE

July 25 Chapter 19 Rhythmic Movement
Physical Education Lesson
Physical Education Lesson/Capizzi
Chapter 22 Game Skills
Physical Education Lesson-Level I
Physical Education Lesson-Level II
Chapter 12 Physical Fitness Testing/Capizzi
Due: Class notebook
FINAL

3. RESOURCES:

Required Text(s): DYNAMIC PHYSICAL EDUCATION FOR ELEMENTARY SCHOOL CHILDREN, 14th EDITION,
ROBERT P. PANGRAZI & VICTOR DAUER

4. EVALUATION: (basis of evaluation with explanation regarding the nature of the assignment and the percentage of the grade assigned to each item below)

Assessments	Percentage of Grade	Due Dates
Lesson plans for Physical Education activities	20	
Teaching a Physical Education class	20	
Create/Write a Health Unit and Assessment	20	
Oral Health Presentation, including a Health experiment	20	
Philosophy of Teaching Health and Physical Education	15	7-18-05
Class notebook	5	7-25-05

5. SPECIAL NOTES

- * Regular class attendance and participation is required.
- * Failure to attend class will result in a grade reduction.
 - first absence: 5% reduction of final grade
 - second absence: 11% reduction of final grade
- * All assignments are due on committed dates.
- * Late assignments will not be accepted.
- * Syllabus is subject to change at the discretion of the instructor.

6. ACADEMIC HONESTY POLICY:

Students at Webster University are expected to practice academic honesty.

Avoiding Plagiarism by creating your lesson and giving credit to all your sources.

Students:

- Should not copy whole portions of text from another source as a major component of papers or projects.
- Should identify the title, author, page number/webpage address, and publication date of works when directly quoting small portions of texts, articles, interviews, or websites.
- Should appropriately identify the source of information when paraphrasing (restating) ideas from texts, interviews, articles, or websites.

Consequences of Academic Dishonesty:

Lesson plans and projects are a reflection of your best work. Plagiarism will not be tolerated.

7. ACCESSIBILITY/ACCOMODATIONS POLICY:

If you have a disability that may have some impact on your work in this class and for which you may require accommodations contact the Director of the Academic Resource Center, Dr. Pat McLeese, at (314) 968-7495.