

Course	COUN 5140 - Psychopharmacology Fall 2, 2009
Instructor	Name: Frances Diaz, Psy.D. Phone: (562) 400-0455 Email: drfrancesdiaz@gmail.com
Catalog Description	This course provides an introduction to pharmacological agents that affect mental and emotional functions. Focus of the course will be on the effects and the actions of psychoactive drugs, including drugs used in the treatment of psychopathological disorders and drugs of abuse.
Prerequisites	Student's acceptance is subject to approval from the counseling program coordinator/academic advisor.
Learning Outcomes	<p>Upon successful completion of this class students will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the interaction between neuroanatomy and neurophysiology and the possible impact on mental illness (CACREP MH C.1). 2. Demonstrate knowledge of basic psychopharmacological agent's method of impact on behavior CACREP MH C. 3). 3. Demonstrate understanding of the therapeutic and adverse effects of various psychopharmacological agents (CACREP MH C.6). 4. Demonstrate understanding of appropriate time & place for patient referral (CACREP MH C.7). 5. Understand the relationship between psychopharmacological treatment and therapy. 6. Discuss multicultural, ethical and legal issues of psychopharmacological treatment
Textbooks	<p>REQUIRED TEXTS: Text: Handbook of Clinical Psychopharmacology for therapist (5th ed) Author: Preston, J.D., O'Neal, J.H. & Talaga, M.C. Publisher: New Harbinger Publications ISBN: 978-1-157224-535-8</p> <p>Text: PDR: Drug guide for mental health professionals (3rd ed) Publisher: Thompson Healthcare Author: PDR ISBN: 978-1-56363-679-4</p>

	<p>OPTIONAL TEXTS: Text: Basic psychopharmacology for counselors and psychotherapists Author: Sinacola, R.S. & Peters-Strickland, T.S. Publisher: Allyn & Bacon ISBN: 0205440053</p>																								
<p>Grading</p>	<table border="0"> <tr> <td>a. Class Participation</td> <td>10%</td> </tr> <tr> <td>b. Presentation</td> <td>20%</td> </tr> <tr> <td>c. Topic Paper</td> <td>20%</td> </tr> <tr> <td>d. Mid-Term Examination</td> <td>25%</td> </tr> <tr> <td>e. Final Examination</td> <td>25%</td> </tr> </table> <p>Grades are recorded based on the Webster scale as follows:</p> <table border="0"> <tr> <td>A</td> <td>96-100</td> </tr> <tr> <td>A-</td> <td>90-95</td> </tr> <tr> <td>B+</td> <td>87-89</td> </tr> <tr> <td>B</td> <td>84-86</td> </tr> <tr> <td>B-</td> <td>80-83</td> </tr> <tr> <td>C</td> <td>70-79</td> </tr> <tr> <td>F</td> <td>Below 70</td> </tr> </table>	a. Class Participation	10%	b. Presentation	20%	c. Topic Paper	20%	d. Mid-Term Examination	25%	e. Final Examination	25%	A	96-100	A-	90-95	B+	87-89	B	84-86	B-	80-83	C	70-79	F	Below 70
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<p>Activities</p>	<p>REQUIRED ASSIGNMENTS:</p> <ol style="list-style-type: none"> a. Class Participation: Active participation in class discussions and role-plays will result in one-point per session, with one-point bonus at the end of the course to be given at the discretion of the instructor for above expected contribution to the class (10 % of grade). b. Presentation: Students will be asked to give a brief presentation covering a specific psychopharmaceutical / psychotropic medication. Topics to be approved by instructor. Additional details regarding this assignment will be provided during the first class (20% of grade). c. Topic Paper: Each student will examine the use of certain medication/psychopharmacology in the treatment of psychopathology and mental health. The topic will be agreed upon with the instructor by the second class meeting. Papers must adhere to APA style guidelines. All references must be dated in the last 5 years (except for acknowledged germinal works.) Non-peer reviewed Internet sources are NOT acceptable. Additional details regarding this assessment will be provided during class (20% of grade). Previously submitted research papers cannot be “recycled” for this class. Additionally, the same research paper turned in to more than one class without written approval from both instructors is considered unethical & unprofessional academic 																								

	<p>behavior and will result in a course grade of “F”.</p> <p>d. Mid-term: The mid-term will include clinical vignettes, short essay, &/or multiple- choice format. The exam will take place week 5 (25% of grade).</p> <p>e. Final Exam: Exam will include clinical vignettes, short essay, &/or multiple choice format. (25% of grade)</p> <p>REQUIRED WRITING ASSIGNMENTS: The written assignment must be written using APA style, include references (a minimum 5 non-internet references (e.g. academic journals, books, professional publications) in addition to any internet resources they may use), and a bibliography. The student should clearly demonstrate the ability to conduct research, cite sources to support arguments and write in a coherent, organized fashion expected at the college or graduate level.</p> <p>Please note late papers/assignments will be marked down 1 point for each day past the due date.</p> <p>REQUIRED USE OF PASSPORTS: Students are required to use Webster University’s online library, PASSPORTS (http://library.webster.edu). PASSPORTS offers access to many scholarly and professional publications free of charge.</p> <p>REQUIRED USE OF TURN-IT-IN: Students are to use TURN-IT-IN for all written assignments. The password will be provided to students in class. (http://library.webster.edu/turnitin.html)</p> <p>USE OF E-RESERVES: All lectures, assignments & lecture notes will be posted on E-Reserves. (Available to students 24/7). (http://ereserves.webster.edu)</p> <p>WRITING ASSISTANCE: All students are required to submit their research paper to the Webster On-Line Writing Center for review and assistance. (http://www.webster.edu/acadaffairs/asp/wc/online.ht)</p>
<p>Policy Statements: University Policies</p>	<p>University policies are provided in the current course catalog and course schedules. They are also available on the university website. This class is governed by the university’s published policies. The following policies are of particular interest:</p> <p>Academic Honesty The university is committed to high standards of academic honesty.</p>

	<p>Students will be held responsible for violations of these standards. Please refer to the university’s academic honesty policies for a definition of academic dishonesty and potential disciplinary actions associated with it.</p> <p>Drops and Withdrawals Please be aware that, should you choose to drop or withdraw from this course, the date on which you notify the university of your decision will determine the amount of tuition refund you receive. Please refer to the university policies on drops and withdrawals (published elsewhere) to find out what the deadlines are for dropping a course with a full refund and for withdrawing from a course with a partial refund.</p> <p>Special Services If you need accommodations for a disability, please let the instructor know at the beginning of the course so that they can be provided.</p> <p>Disturbances Since every student is entitled to full participation in class without interruption, disruption of class by inconsiderate behavior is not acceptable. Students are expected to treat the instructor and other students with dignity and respect, especially in cases where a diversity of opinion arises. Students who engage in disruptive behavior are subject to disciplinary action, including removal from the course</p> <p>ATTENDANCE POLICY: "The University reserves the right to cancel a student’s course enrollment if the student does not attend class the first or second week of the term/semester. Students are expected to attend all class sessions. In the case of unavoidable absence (e.g., medical reason, work related travel), the student must contact the instructor directly and immediately. The instructor may give warning to the student and then recommend that the student withdraw from the course. The student is subject to appropriate academic penalty for incomplete or other make-up work, or for excessive or unexcused absences. A student who misses two class meetings per course without a documented reason or (advance) permission from the instructor should withdraw from the course."</p>
Course Policies	<p>Deadlines Students will be expected to turn in assignments at the beginning of each designated class period. Assignments not turned in by the deadline will be given reduced credit. If absent, a student’s assignment must be delivered in an acceptable manner (i.e., e-mail or</p>

delivered in person to Webster University with a signed receipt). Please keep copies of all materials turned into Dr. Diaz.

Readings

Students will be expected to read the assigned readings in advance of each class in order to benefit from the class presentation.

Personal Issues

During the course of this class, personal/emotional issues may arise. It is important to respect the other students and pursue personal counseling outside of the class if these issues do arise. This class is not intended as therapy for a student's individual personal issues.

Weekly Schedule

Week	Lecture	Reading	Due
1	Brief history of medicine and pharmacology with applications to the diagnostic process. Introduction to the essential neuroscience and biochemistry of pharmacology.	<i>Preston Ch. 2, 3, & 4</i> PDR: Section 5 Part 1	Nothing
2	Overview of specific discussion and application of antidepressants	<i>Preston Ch. 6 & 15</i> PDR: Section 5 Part 2	Nothing
3	Overview and examination of use of antipsychotic medications	<i>Preston Ch 10 & 18</i> PDR: TBD	Nothing
4	Use and application of anxiolytics	<i>Preston Ch 8 & 17</i> PDR: TBD	Nothing
5	Midterm Exam & Begin overview of mood stabilizers	<i>Preston Ch 7</i>	MIDTERM DUE
6	Personality Disorders; special populations; & Child/Adolescent	<i>Preston Ch 12; 21, & App. B</i>	Nothing
7	Other topics: PTSD, OCD, OTC/herbal, drug interactions, re-evaluations	<i>Preston Ch. 9 & 11</i> PDR Section 6	Nothing

	8	In class presentations	<i>No readings</i>	CLASS PRESENTATION & TOPIC PAPER DUE
	9	In class final exams & discussion of the legal & ethical issues related to medication use.	<i>Preston App G</i>	FINAL EXAM

<p>Additional Information</p>	<p>Key Aspects:</p> <ol style="list-style-type: none"> a. In the event of an emergency or immediate need to contact Dr. Diaz, please first contact her confidential number (562) 400-0455 and leave a message. Dr. Diaz may also be reached via email at drfrancesdiaz@gmail.com. Please note that Dr. Diaz will return your call or email as soon as possible. b. Students should read the assigned text prior to each lecture. During each class, format will be mini lecture and discussion. It is imperative that class member be familiar with the readings. c. Due Dates: All assignments are due at the beginning of class on the days they are due. No credit or reduced credit will be given for late assignments. Please note late papers/assignments will be marked down 1 point for each day past the due date. All papers more than than 1 week late will be given NO CREDIT. d. Typing: All assignments must be typewritten. Please staple papers for easy scoring e. Assignment Length: Unless otherwise specified, lengths of assignments are objective. Write as much as needed to make salient points. f. Graduate Quality: Assignments that do not meet graduate level writing quality will be returned for rewrite. Use the APA Style Manual for format guidelines.
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