



<b>Course</b>	<b>COUN 5100 / JC / Social &amp; Cultural Foundations of Counseling</b>	
<b>Term</b>	Fall 2, 2009 – Monday – 6:00 pm – 10:00 pm <b>First class will meet on TUESDAY 10/20</b> 10/26, 11/2, 11/9 (Make-up date TBD), 11/16, 11/23, 11/30, 12/7, 12/14	
<b>Instructor</b>	Name:	Dr. Stephanie Vavilala
	Work Phone:	(904) 318-6109
	Email:	<a href="mailto:svavilala20@webster.edu">svavilala20@webster.edu</a>
<b>Catalog Description</b>	This course serves as an introduction to multicultural issues in counseling theory and practice. Students in the course will be exposed to various multicultural theories and paradigms relevant to working with diverse communities in the United States. This course also is experiential and will allow students an opportunity to learn about themselves and others through immersion and contact experiences.	
<b>Prerequisites</b>	<b>COUN 5020</b>	
<b>Course Level Learning Outcomes</b>	<i>Upon successful completion of this class students will be able to:</i> <ol style="list-style-type: none"><li>1. Demonstrate an understanding and sensitivity to the breath of attitude, belief, and experiences differences between diverse groups</li><li>2. Demonstrate an understanding of multicultural trends including characteristics and concerns within and between diverse groups</li><li>3. Demonstrate an understanding of the counselors role in social justice, advocacy, and support of behaviors conducive to mental health</li><li>4. Demonstrate competency in identifying cultural and ethnic factors and utilizing therapeutic interventions in multicultural counseling settings</li></ol>	

<b>Materials</b>	<p>Sue, D.W., &amp; Sue D. (2008). <b>Counseling the Culturally Diverse: Theory and Practice.</b> (5th Edition). Wiley, John &amp; Sons, Incorporated. <b>ISBN# 978-0-470-08632-2</b></p> <p><b>To Order Textbooks go to the local North FL website at <a href="http://www.webster.edu/jack">www.webster.edu/jack</a> and click on Order Textbooks to select a vendor.</b></p> <p><b>Note: Textbooks must be ordered 2 weeks prior to class to ensure delivery</b></p> <p><b>Supplemental Reading:</b></p> <ul style="list-style-type: none"> <li>• Articles for review will be required throughout the course.</li> <li>• <b>Research Paper Guidelines and Sample Paper</b> – See website @ <a href="http://www.webster.edu/jack">www.webster.edu/jack</a> and click on Student Resources category</li> </ul>																																	
<b>Methods of Learning</b>	<p>Students will learn through a variety of methods which include, but are not limited to lecture, text readings, discussion, research, and out of class assignments.</p>																																	
<b>Grading</b>	<table border="1"> <thead> <tr> <th data-bbox="500 789 1062 856"><b>Assignments</b></th> <th data-bbox="1062 789 1432 856"><b>Maximum Points</b></th> </tr> </thead> <tbody> <tr> <td data-bbox="500 856 1062 961">• Multi-Cultural Learning Excursion and Presentation</td> <td data-bbox="1062 856 1432 961">10 Points</td> </tr> <tr> <td data-bbox="500 961 1062 1066">• Personal Journey Paper and Presentation</td> <td data-bbox="1062 961 1432 1066">10 Points</td> </tr> <tr> <td data-bbox="500 1066 1062 1129">• Movie Review Paper and Presentation</td> <td data-bbox="1062 1066 1432 1129">10 Points</td> </tr> <tr> <td data-bbox="500 1129 1062 1192">• Term Paper and Presentation</td> <td data-bbox="1062 1129 1432 1192">30 Points</td> </tr> <tr> <td data-bbox="500 1192 1062 1255">• Class Participation/Attendance</td> <td data-bbox="1062 1192 1432 1255">10 Points</td> </tr> <tr> <td data-bbox="500 1255 1062 1318">• Final Exam</td> <td data-bbox="1062 1255 1432 1318">30 Points</td> </tr> <tr> <td data-bbox="500 1318 1062 1381"><b>TOTAL</b></td> <td data-bbox="1062 1318 1432 1381"><b>100 Points</b></td> </tr> </tbody> </table>	<b>Assignments</b>	<b>Maximum Points</b>	• Multi-Cultural Learning Excursion and Presentation	10 Points	• Personal Journey Paper and Presentation	10 Points	• Movie Review Paper and Presentation	10 Points	• Term Paper and Presentation	30 Points	• Class Participation/Attendance	10 Points	• Final Exam	30 Points	<b>TOTAL</b>	<b>100 Points</b>	<p>Letter grades will be assigned pursuant to the following scores based on the percent of the total possible points (weighted according to the scale above) that you earned in the course.</p> <table border="1"> <thead> <tr> <th data-bbox="737 1524 1084 1577">Percentage of Total Points</th> <th data-bbox="1084 1524 1179 1577">Grade</th> </tr> </thead> <tbody> <tr> <td data-bbox="737 1577 1084 1629">95%-100%</td> <td data-bbox="1084 1577 1179 1629">A</td> </tr> <tr> <td data-bbox="737 1629 1084 1682">90%-94%</td> <td data-bbox="1084 1629 1179 1682">A-</td> </tr> <tr> <td data-bbox="737 1682 1084 1734">88%-89%</td> <td data-bbox="1084 1682 1179 1734">B+</td> </tr> <tr> <td data-bbox="737 1734 1084 1787">84%-87%</td> <td data-bbox="1084 1734 1179 1787">B</td> </tr> <tr> <td data-bbox="737 1787 1084 1839">80%-83%</td> <td data-bbox="1084 1787 1179 1839">B-</td> </tr> <tr> <td data-bbox="737 1839 1084 1892">70%-79%</td> <td data-bbox="1084 1839 1179 1892">C</td> </tr> <tr> <td data-bbox="737 1892 1084 1917">Below 70%</td> <td data-bbox="1084 1892 1179 1917">F</td> </tr> </tbody> </table>	Percentage of Total Points	Grade	95%-100%	A	90%-94%	A-	88%-89%	B+	84%-87%	B	80%-83%	B-	70%-79%	C	Below 70%	F
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<p><b>Activities</b></p>	<p>Student activities may include: discussion, role playing, research assignments, field experiences, case vignettes, and presentations.</p> <p><b>Individual Journey Paper:</b></p> <ul style="list-style-type: none"> <li>You will write a 3-5 page personal paper discussing how your racial and ethnic background, your challenges, how this affects you as a counselor, and what you still need to work on/develop. You will give a 10 minute presentation on this.</li> </ul> <p><b>Multi Cultural Learning Excursion:</b></p> <ul style="list-style-type: none"> <li>You are asked to take one excursion or do one activity that allows you to explore a culture different then your own. Write a 3-5 page reaction paper regarding your thoughts, feelings, important insights that you have gained about this learning excursion. You will give a 10 minute presentation on this.</li> </ul> <p><b>Movie Review:</b></p> <ul style="list-style-type: none"> <li>Pick a movie with a cultural theme to watch and review. You will write a 3-5 page paper on it and present it to the class. The presentation should be 10-15 minutes and should include a relevant short clip from the movie.</li> </ul> <p><b>Term Paper:</b></p> <ul style="list-style-type: none"> <li>You will write a RESEARCH paper (written in APA format) on a cultural group. This is a group assignment. Each person in the group is responsible for 5 pages with a minimum of 5 varied professional references. You will give a 30 minute presentation on your paper. The presentation should address areas like cultural issues, lifestyle, dress, speech, food, counseling, etc. Be creative!!!</li> </ul> <p><b>Final Exam:</b></p> <ul style="list-style-type: none"> <li>Final Exam will be closed book in-class on week 9 (last class). The exam will cover everything covered in class. You will receive a study guide to prepare for the exam.</li> </ul> <p><b>Class Participation and Attendance:</b></p> <ul style="list-style-type: none"> <li>Students are expected to attend all class sessions of every course for the full 36 contact hours. In the case of unavoidable absence, the student must contact the instructor. The student is subject to appropriate academic penalty for incomplete or unacceptable makeup work, or for excessive or unexcused absences. Generally, a student who misses more than one four-hour course period (per course) without a documented military or medical excuse and advanced permission of the instructor should withdraw from the class. The University reserves the right to involuntarily drop enrolled students from classes, which they do not attend. <b>PLEASE NOTE:</b> <u>Students who do not attend the first class session, who have not made prior arrangements with the instructor for being absent, will be dropped from their courses.</u></li> </ul>
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	<ul style="list-style-type: none"> <li>• Attendance the last day of class is mandatory to ensure that all work is completed and to be awarded a passing grade. An Incomplete will not be acceptable without documental proof (Death Notice, Doctor's Letter, etc.) as to absence relating to non-completion of class work. These must be faxed 904-262-1459 or dropped off to Webster University by the Monday after the term ends.</li> <li>• Participants are expected to arrive on time and be actively involved in the learning experience. Each student should desire to learn, participate, and proactively contribute to the learning of others during each discussion and exercise.</li> <li>• Students are to participate in classroom discussions. The discussions are an opportunity for students to reveal their understanding of the assignments made for the current and previous classes.</li> <li>• Assignments are given to prepare the student to participate in class discussions; therefore, it is imperative that reading assignments and associated questions for discussion be completed prior to class.</li> <li>• A maximum of 10 points will be awarded based on the level and quality of participation and preparation.</li> <li>• Failure to turn in an assignment within one week will result in a grade of "0" for that assignment. In addition, failure to submit an assignment will lower the final grade by an additional two points.</li> <li>• All assignments are due as detailed in the Course Schedule.</li> <li>• Late assignments will be accepted, if they are turned in <i>no later</i> than one week later, but will be penalized one letter grade. Furthermore, late assignments will lower the student's final grade by an additional one point.</li> <li>• Late assignments will not be accepted for the final assignments the last week of the course to allow timely completion and grades to be submitted.</li> </ul>
<p><b>Policy Statements: University Policies</b></p>	<p>University policies are provided in the current course catalog and course schedules. They are also available on the university website. This class is governed by the university's published policies. The following policies are of particular interest:</p> <p><b>Academic Honesty</b> The university is committed to high standards of academic honesty. Students will be held responsible for violations of these standards. Please refer to the university's academic honesty policies for a definition of academic dishonesty and potential disciplinary actions associated with it.</p> <p><b>Drops and Withdrawals</b> Please be aware that, should you choose to drop or withdraw from this course, the date on which you notify the university of your decision will determine the amount of tuition refund you receive. Please refer to the university policies on drops and withdrawals (published elsewhere) to find out what the deadlines are for dropping a course with a full refund and for withdrawing from a course with a partial refund.</p> <p><b>Special Services</b> If you have registered as a student with a documented disability and are</p>

entitled to classroom or testing accommodations, please inform the instructor at the beginning of the course of the accommodations you will require in this class so that these can be provided.

**Disturbances**  
 Since every student is entitled to full participation in class without interruption, disruption of class by inconsiderate behavior is not acceptable. Students are expected to treat the instructor and other students with dignity and respect, especially in cases where a diversity of opinion arises. Students who engage in disruptive behavior are subject to disciplinary action, including removal from the course.

**Student Assignments Retained**  
 From time to time, student assignments or projects will be retained by The Department for the purpose of academic assessment. In every case, should the assignment or project be shared outside the academic Department, the student's name and all identifying information about that student will be redacted from the assignment or project.

**Contact Hours for this Course**  
 It is essential that all classes meet for the full instructional time as scheduled. A class cannot be shortened in length. If a class session is cancelled for any reason, it must be rescheduled.

<b>Weekly Schedule</b>		<p><b>Pre-Assignments for Session 1:</b></p> <ul style="list-style-type: none"> <li>• Read Chapters 1 &amp; 2 and prepare for in class discussion on these chapters.</li> </ul>
	<b>Session 1</b>	<p><b>THEME: Introduction to Multicultural Counseling Topics:</b></p> <ul style="list-style-type: none"> <li>• Class Introductions</li> <li>• Syllabus review and sign-up (dates) for assignments</li> <li>• Shelter Activity</li> <li>• Ideas/Topics for Paper (e.g. immigrants, ESOL, FCAT, affirmative action, children in poverty, women’s issues, political coalitions)</li> <li>• Chapter 1: The Multicultural Journey to Cultural Competence: Personal Narratives</li> <li>• Chapter 2: The Superordinate Nature of Multicultural Counseling and Therapy</li> </ul> <p><b>Assignments for Session 2:</b></p> <ul style="list-style-type: none"> <li>• Read Chapters 4 &amp; 5 and prepare for in class discussion on these chapters.</li> <li>• Complete personal journey paper</li> </ul>
	<b>Session 2</b>	<p><b>THEME: Introduction to Multicultural Counseling Topics:</b></p> <ul style="list-style-type: none"> <li>• Chapter 4: Sociopolitical Considerations of Trust and Mistrust in Multicultural Counseling/Therapy</li> </ul>

	<ul style="list-style-type: none"> <li>• Chapter 5: Racial, Gender, &amp; Sexual Orientation Microaggressions</li> <li>• Present personal journey papers</li> <li>• Circles of my multicultural self activity</li> </ul> <p><b>Assignments for Session 3:</b></p> <ul style="list-style-type: none"> <li>• Read Chapters 6 &amp; 7</li> </ul>
<b>Session 3</b>	<p><b>THEME: Barriers and Strategies</b></p> <p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Chapter 6: Barriers to MCT</li> <li>• Chapter 7: Culturally Appropriate Intervention Strategies</li> <li>• Class presentations</li> </ul> <p><b>Assignments for Session 4:</b></p> <ul style="list-style-type: none"> <li>• Read Chapters 8 &amp; 9</li> </ul>
<b>Session 4</b>	<p><b>THEME: Family Counseling and Indigenous Methods</b></p> <p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Chapter 8: Multicultural Family Counseling</li> <li>• Chapter 9: Non-Western Indigenous Methods of Healing</li> <li>• Cultural-bound syndromes activity</li> <li>• Class presentations</li> </ul> <p><b>Assignments for Session 5:</b></p> <ul style="list-style-type: none"> <li>• Read Chapters 10/11 &amp; 13</li> </ul>
<b>Session 5</b>	<p><b>THEME: Therapist Identity</b></p> <p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Chapter 10/11: Racial/Cultural Identity</li> <li>• Chapter 13: Minority Group Therapists</li> <li>• Interview</li> <li>• Class presentations</li> </ul> <p><b>Assignments for Session 6:</b></p> <ul style="list-style-type: none"> <li>• Read 2 Class Picked Chapters from Chapters 14-22</li> </ul>
<b>Session 6</b>	<p><b>THEME: Counseling Specific Racial/Ethnic Populations</b></p> <p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Class Picked Chapters from 14-22</li> <li>• Class presentations</li> </ul> <p><b>Assignments for Session 7:</b></p> <ul style="list-style-type: none"> <li>• Read Chapters 23 &amp; 24</li> </ul>

	<b>Session 7</b>	<b>THEME: Counseling with Other Multicultural Populations</b> <b>Topics:</b> <ul style="list-style-type: none"> <li>• Chapter 23: Counseling Sexual Minorities</li> <li>• Chapter 24: Counseling Older Adult Clients</li> <li>• Class presentations</li> <li>• Guest Speaker</li> </ul> <b>Assignments for Session 8:</b> <ul style="list-style-type: none"> <li>• Read Chapters 25 &amp; 26</li> </ul>
	<b>Session 8</b>	<b>THEME: Counseling with Other Multicultural Populations (Cont.)</b> <b>Topics:</b> <ul style="list-style-type: none"> <li>• Chapter 25: Counseling Women</li> <li>• Chapter 26: Counseling Individuals with Disabilities</li> <li>• Class presentations</li> </ul> <b>Assignments for Session 9:</b> <ul style="list-style-type: none"> <li>• Prepare for Final Exam</li> </ul>
	<b>Session 9</b>	<b>THEME: Wrap-Up</b> <b>Topics:</b> <ul style="list-style-type: none"> <li>• Evaluation</li> <li>• Final Exam</li> <li>• Class presentations (if needed)</li> </ul>
<b>Additional Information</b>	<b>Course Requirements:</b> <ul style="list-style-type: none"> <li>• Bring Textbook to Every Class</li> </ul> <b>Course Attendance:</b> The University reserves the right to drop students who do not attend class the first two weeks of the term/semester. Students are expected to attend all class sessions of every course. In the case of unavoidable absence, the student must contact the instructor. The student is subject to appropriate academic penalty for incomplete or unacceptable makeup work, or for excessive or unexcused absences. <b>Conduct:</b> Students enrolling in a degree program at Webster University assume the obligation of conducting themselves in a manner compatible with the University's function as an education institution. Misconduct for which students are subject to discipline may be divided into the following categories: <ol style="list-style-type: none"> <li>1. All forms of dishonesty, cheating, plagiarism, or knowingly furnishing false information to the University.</li> <li>2. Obstruction or disruption of teaching, research, administration, disciplinary procedures, or other University activities or of other authorized activities on University premises.</li> </ol>	

3. Classroom disruption. Behavior occurring within the academic arena, including but not limited to classroom disruption or obstruction of teaching, is within the jurisdiction of Academic Affairs. In case of alleged campus and/or classroom disruption or obstruction, a faculty member and/or administrator may take immediate action to restore order and/or to prevent further disruption (e.g. removal of student[s] from class or other setting). Faculty members have original jurisdiction to address the immediacy of a situation, as they deem appropriate. When necessary and appropriate, Public Safety and/or the local [or military] police may be contacted to assist with restoring peace and order. Faculty response is forwarded to the academic dean (or his or her designee) for review and, if necessary, further action. Further action might include permanent removal from the course. Repeated offenses could lead to removal from the program and/or the University.
4. Theft of or damage to property of the University. Students who cheat or plagiarize may receive a failing grade for the course in which the cheating or plagiarism took place.

Students who engage in any of the above misconducts may be subject to dismissal from the University on careful consideration by the executive vice president of the University or his designee. To the extent that penalties for any of these misconducts (e.g. theft or destruction of property) are prescribed by law, the University will consider appropriate action under such laws. Students are subject to the Student Code of Conduct and Judicial Procedure described in the Online Student Handbook.

**Course Contact Hours:**

- Unless a course has enrolled fewer than four students, faculty have a contractual obligation to meet the full complement of contact/meeting hours (36 for graduate courses). Not to meet this full complement of hours may be construed as a breach of contract and may also endanger Webster University’s accreditation by The Higher Learning Commission, a commission of the North Central Association of Colleges and Schools, and its licensure by the State of Florida. Finally, course meetings which are missed for any reason must be made up.

**Disclaimer:**

- This syllabus is intended to provide a basic structure to this course. Adherence to this syllabus is subject to change at the discretion of the instructor without the prior notification or consent of the student.

For Webster University policies and procedures, please refer to the Catalog and Student Handbook. If you have a documented disability as described in Section 504 of the 1973 Rehabilitation Act of the Americans with Disability Act (ADA), you can contact our Academic Resource Center (ARC) at [www.webster.edu/acadaffairs/asp/arc.htm](http://www.webster.edu/acadaffairs/asp/arc.htm), or call 800-981-9801 ext 7620, to make arrangements for services. Also, please notify your site administrator if you are attending an extended campus.

	<p><b>Reviewed by:</b> _____</p> <p><b>Job Title:</b> _____</p> <p><b>Date:</b> <u>9/28/09</u> _____</p>
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Revised 9/28/09