



The Graduate Counseling Program  
Course Syllabus

Jacksonville, FL Campus

<b>Course</b>	<b>COUN 5200 / JC / Theories of Counseling</b>	
<b>Term</b>	Fall 2, 2009 – Tuesday – 6:00 pm – 10:00 pm 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, 12/1, 12/8, 12/15	
<b>Instructor</b>	Name:	Dr. Kimberly Brown
	Phone:	904-673-6760
	Email:	<a href="mailto:kimberliebrown11@webster.edu">kimberliebrown11@webster.edu</a> or <a href="mailto:kbrown1394@aol.com">kbrown1394@aol.com</a>
<b>Catalog Description</b>	The student examines the application of basic theories, principles, and techniques of counseling to professional counseling settings. Students engage in audio-taped skill practice to apply theories learned to real-time counseling situations.	
<b>Prerequisites</b>	<b>COUN 5020</b>	
<b>Course Level Learning Outcomes</b>	<i>Upon successful completion of this class students will be able to:</i> <ol style="list-style-type: none"><li>1. Demonstrate an understanding of the historical growth of personality and counseling theories.</li><li>2. Demonstrate understanding of cognitive, affective and behavioral theories</li><li>3. Demonstrate the proper use of various counseling techniques through behavior and interviewing techniques</li><li>4. Articulate a personal model of counseling</li></ol>	
<b>Materials</b>	<b>Corey, G. (2009). Theory and Practice of Counseling and Psychotherapy. (8th Edition). Brooks/Cole Thomson Learning; Belmont, CA. ISBN# 0-495-10208-3</b> <b>Portable audiotape recorder and 4 blank audiocassettes STANDARD SIZE NO MINI'S You must bring your tape recorder and blank cassettes to the first class.</b> <b>To Order Textbooks go to the local North FL website at <a href="http://www.webster.edu/jack">www.webster.edu/jack</a> and click on Order Textbooks to select a vendor</b> <b>Note: Textbooks must be ordered 2 weeks prior to class to ensure delivery</b>	

**Supplemental Readings:**

- Student Passports research on selected counseling theories
- Skill-based handouts
- **Research Paper Guidelines and Sample Paper** – See website @ [www.webster.edu/jack](http://www.webster.edu/jack) and click on Student Resources category

**Grading**

<b>Assignments</b>	<b>Maximum Points</b>
• Midterm Exam	100 Points
• Final Exam	100 Points
• Presentations and/or Projects	
➤ Audio-tapes	100 Points
➤ Student led Chapter discussion	20 Points
➤ Tape 1 and 4 comparison analysis	40 Points
• Passports Internet Proficiency	10 Points
• Class Participation in Skill Practice	20 Points
• Class Participation and Attendance	10 Points
<b>TOTAL</b>	<b>400 Points</b>

Letter grades will be assigned pursuant to the following scores based on the percent of the total possible points (weighted according to the scale above) that you earned in the course.

	<b>100%</b>		<b>Points</b>	
	Low	High	Low	High
A	95	100	380	400
A-	90	94	360	379
B+	88	89	352	359
B	84	87	336	351
B-	80	83	320	335
C	70	79	280	319

**Activities**

**PLEASE NOTE: CLASS REQUIREMENTS DETERMINE YOUR GRADE – THERE WILL BE NO “EXTRA CREDIT” OPPORTUNITES**

- Successful completion of Mid-term, and Final Exams.
- Completion of four audio-taped counseling sessions with response analyses
- Completion of Tape #1 and #4 Comparison of skills.
- Student led discussions of chapter topics
- Attendance in all classes
- Participation in all class discussions and in skill practices

**Chapter Mid-term and Final Exams:**

- Achieve a minimum average of 75% on exams. Exam will cover the chapters, lecture, discussion, and practice session.

**Presentations and/or Projects:**

- Completion of 4 audio-taped counseling sessions, 30 to 45 minutes in length. Each tape to be accompanied by an in-depth analysis of the counselor’s listening and responding skills. Please make 2 (two) copies of each tape analysis, one for the student and one for the professor. The fourth and final tape is to be 1) analyzed as it stands alone, AND 2) compared to the baseline tape as well as each previous tape. Students are to provide an objective assessment (using the listening response scale) of their listening and responding skill competencies. The last class meeting, students will present orally their assessment of skill competencies and next steps. The four audiotapes with analyses provide a maximum of 100 points, (25pts. each). **Please note; the tapes are a critical part of this course. Please take them seriously. Counseling of family members is discouraged as well as close friends. It is nearly impossible to remain objective.**
- **Passports Internet Proficiency:**
- Evidence of research to be included with commentary presentations and multicultural papers, see scoring above.

**Class Participation in Skill Practice:**

- Each student is expected to role-play a counselor and a client (with classmates and with the professor) during skill practices. (20 points)

**Class Participation and Attendance:**

- Students are expected to attend all class sessions of every course for the full 36 contact hours. In the case of unavoidable absence, the student must contact the instructor. The student is subject to appropriate academic penalty for incomplete or unacceptable makeup work, or for excessive or unexcused absences. Generally, a student who misses more than one four-hour course period (per course) without a

	<p>documented military or medical excuse and advanced permission of the instructor should withdraw from the class. The University reserves the right to involuntarily drop enrolled students from classes, which they do not attend. <b>PLEASE NOTE:</b> <u>Students who do not attend the first class session, who have not made prior arrangements with the instructor for being absent, will be dropped from their courses.</u></p> <ul style="list-style-type: none"> <li>• Attendance the last day of class is mandatory to ensure that all work is completed and to be awarded a passing grade. An Incomplete will not be acceptable without documental proof (Death Notice, Doctor’s Letter, etc.) as to absence relating to non-completion of class work. These must be faxed 904-262-1459 or dropped off to Webster University by the Monday after the term ends.</li> <li>• Participants are expected to arrive on time and be actively involved in the learning experience. Each student should desire to learn, participate, and proactively contribute to the learning of others during each discussion and exercise.</li> <li>• Students are to participate in classroom discussions. The discussions are an opportunity for students to reveal their understanding of the assignments made for the current and previous classes.</li> <li>• Assignments are given to prepare the student to participate in class discussions; therefore, it is imperative that reading assignments and associated questions for discussion be completed prior to class.</li> <li>• A maximum of 10 points will be awarded based on the level and quality of participation and preparation.</li> <li>• Failure to turn in an assignment within one week will result in a grade of "0" for that assignment. In addition, failure to submit an assignment will lower the final grade by an additional two points.</li> <li>• All assignments are due as detailed in the Course Schedule.</li> <li>• Late assignments will be accepted, if they are turned in <i>no later</i> than one week later, but will be penalized one letter grade. Furthermore, late assignments will lower the student's final grade by an additional one point.</li> <li>• Late assignments will not be accepted for the final assignments the last week of the course to allow timely completion and grades to be submitted.</li> </ul>
<p><b>Policy Statements: University Policies</b></p>	<p>University policies are provided in the current course catalog and course schedules. They are also available on the university website. This class is governed by the university’s published policies. The following policies are of particular interest:</p> <p><b>Academic Honesty</b></p> <p>The university is committed to high standards of academic honesty. Students will be held responsible for violations of these standards. Please refer to the university’s academic honesty policies for a</p>

	<p>definition of academic dishonesty and potential disciplinary actions associated with it.</p> <p><b>Drops and Withdrawals</b></p> <p>Please be aware that, should you choose to drop or withdraw from this course, the date on which you notify the university of your decision will determine the amount of tuition refund you receive. Please refer to the university policies on drops and withdrawals (published elsewhere) to find out what the deadlines are for dropping a course with a full refund and for withdrawing from a course with a partial refund.</p> <p><b>Special Services</b></p> <p>If you have registered as a student with a documented disability and are entitled to classroom or testing accommodations, please inform the instructor at the beginning of the course of the accommodations you will require in this class so that these can be provided.</p> <p><b>Disturbances</b></p> <p>Since every student is entitled to full participation in class without interruption, disruption of class by inconsiderate behavior is not acceptable. Students are expected to treat the instructor and other students with dignity and respect, especially in cases where a diversity of opinion arises. Students who engage in disruptive behavior are subject to disciplinary action, including removal from the course.</p> <p><b>Student Assignments Retained</b></p> <p>From time to time, student assignments or projects will be retained by The Department for the purpose of academic assessment. In every case, should the assignment or project be shared outside the academic Department, the student's name and all identifying information about that student will be redacted from the assignment or project.</p> <p><b>Contact Hours for this Course</b></p> <p>It is essential that all classes meet for the full instructional time as scheduled. A class cannot be shortened in length. If a class session is cancelled for any reason, it must be rescheduled.</p>
<p><b>Weekly Schedule</b></p>	<p><b>Pre-Assignments for Session 1:</b></p> <ul style="list-style-type: none"> <li>• <b>Read Chapters 2 and 3 in The Corey text: “Before First Class Meeting”</b></li> <li>• Acquire a standard size audiotape recorder and 4 blank audiotapes Bring to first class</li> </ul>

	<p><b>Session 1</b></p> <p><b>THEME: Professional Ethics – Listening Skills and Analysis</b></p> <p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Read before 1<sup>st</sup> class meeting Chapters 2 and 3</li> <li>• Baseline counseling skills assessment</li> <li>• Response analysis for listening and responding skills</li> </ul> <p><b>Assignments for Session 2:</b></p> <ul style="list-style-type: none"> <li>• Read Chapter 4 and Chapter 5</li> </ul>
	<p><b>Session 2</b></p> <p><b>THEME: Foundational Theories – Psychoanalytic and Adlerian</b></p> <p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Discussion of Psychoanalysis and Adlerian therapies and contribution to current therapeutic approaches</li> <li>• Practice counseling skills</li> </ul> <p><b>Assignments for Session 3:</b></p> <ul style="list-style-type: none"> <li>• Read Chapter 6 and Chapter 7</li> <li>• Tape 1 analysis due</li> </ul>
	<p><b>Session 3</b></p> <p><b>THEME: Existential &amp; Person-centered Theory</b></p> <p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Discussion of key concepts and skill practice of theories in class</li> </ul> <p><b>Assignments for Session 4:</b></p> <ul style="list-style-type: none"> <li>• Tape #2 and analysis due</li> <li>• Prepare for mid-term exam on Chapters 2 through 8 and listening skills</li> <li>• <b>Read Chapter 8</b></li> </ul>
	<p><b>Session 4</b></p> <p><b>THEME: Gestalt Therapy</b></p> <p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Mid-term exam</li> <li>• Discussion of Gestalt therapy</li> <li>• Skill practice</li> <li>• Tape #2 and analysis due</li> </ul> <p><b>Assignments for Session 5:</b></p> <ul style="list-style-type: none"> <li>• Read Chapter 9 and Chapter 10</li> <li>• <b>Begin tape #3</b></li> </ul>

	<p><b>Session 5</b></p> <p><b>THEME: Behavioral Therapy &amp; Cognitive Behavioral Therapy</b></p> <p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Cognitive Behavior approaches to therapy and skill practice</li> </ul> <p><b>Assignments for Session 6:</b></p> <ul style="list-style-type: none"> <li>• Read Chapter 11 and Chapter 12. Tape #3 and analysis is due next class</li> </ul>
	<p><b>Session 6</b></p> <p><b>THEME: Reality Theory and Feminist Therapy</b></p> <p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Discuss Reality and Feminist Therapy and skill practice</li> <li>• Tape #3 due</li> </ul> <p><b>Assignments for Session 7:</b></p> <ul style="list-style-type: none"> <li>• Read Chapter 13 and Chapter 14</li> <li>• Prepare final tape #4 with analysis and comparison between tape #1 and #4</li> </ul>
	<p><b>Session 7</b></p> <p><b>THEME: Post Modern Therapies and Family Systems Approach</b></p> <p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Discuss Post Modern and Family Systems</li> <li>• Skill practice and creating genograms</li> </ul> <p><b>Assignments for Session 8:</b></p> <ul style="list-style-type: none"> <li>• Read Chapters 15 and Chapter 16</li> <li>• Final tape #4 Analysis and Comparison</li> </ul>
	<p><b>Session 8</b></p> <p><b>THEME: Integrative Approach to Counseling</b></p> <p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Discussion of integrating various theories into a personal approach</li> <li>• Identify areas of comfort with differing populations and human issues</li> </ul> <p><b>Assignments for Session 9:</b></p> <ul style="list-style-type: none"> <li>• Prepare for final exam on Chapters 9 -16</li> </ul>
	<p><b>Session 9</b></p> <p><b>THEME: Pulling it all together</b></p> <p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Discussion and sharing of counseling skill progress from Tape #1 to Tape #4</li> <li>• Final Exam</li> </ul>

<p><b>Additional Information</b></p>	<p><b>Course Attendance:</b>  The University reserves the right to drop students who do not attend class the first two weeks of the term/semester. Students are expected to attend all class sessions of every course. In the case of unavoidable absence, the student must contact the instructor. The student is subject to appropriate academic penalty for incomplete or unacceptable makeup work, or for excessive or unexcused absences.</p> <p><b>Conduct:</b>  Students enrolling in a degree program at Webster University assume the obligation of conducting themselves in a manner compatible with the University's function as an education institution. Misconduct for which students are subject to discipline may be divided into the following categories:</p> <ol style="list-style-type: none"> <li>1. All forms of dishonesty, cheating, plagiarism, or knowingly furnishing false information to the University.</li> <li>2. Obstruction or disruption of teaching, research, administration, disciplinary procedures, or other University activities or of other authorized activities on University premises.</li> <li>3. Classroom disruption. Behavior occurring within the academic arena, including but not limited to classroom disruption or obstruction of teaching, is within the jurisdiction of Academic Affairs. In case of alleged campus and/or classroom disruption or obstruction, a faculty member and/or administrator may take immediate action to restore order and/or to prevent further disruption (e.g. removal of student[s] from class or other setting). Faculty members have original jurisdiction to address the immediacy of a situation, as they deem appropriate. When necessary and appropriate, Public Safety and/or the local [or military] police may be contacted to assist with restoring peace and order. Faculty response is forwarded to the academic dean (or his or her designee) for review and, if necessary, further action. Further action might include permanent removal from the course. Repeated offenses could lead to removal from the program and/or the University.</li> <li>4. Theft of or damage to property of the University. Students who cheat or plagiarize may receive a failing grade for the course in which the cheating or plagiarism took place.</li> </ol> <p>Students who engage in any of the above misconducts may be subject to dismissal from the University on careful consideration by the executive vice president of the University or his designee. To the extent that penalties for any of these misconducts (e.g. theft or destruction of property) are prescribed by law, the University will consider appropriate action under such laws.</p> <p>Students are subject to the Student Code of Conduct and Judicial Procedure described in the Online Student Handbook.</p>
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**Course Contact Hours:**

Unless a course has enrolled fewer than four students, faculty have a contractual obligation to meet the full complement of contact/meeting hours (36 for graduate courses). Not to meet this full complement of hours may be construed as a breach of contract and may also endanger Webster University's accreditation by The Higher Learning Commission, a commission of the North Central Association of Colleges and Schools, and its licensure by the State of Florida. Finally, course meetings which are missed for any reason must be made up.

**Disclaimer**

- This syllabus is intended to provide a basic structure to this course. Adherence to this syllabus is subject to change at the discretion of the instructor without the prior notification or consent of the student.

**Assignment Papers Retention:**

- All papers will be held for one term and then discarded. Students are asked to pick these up after their class ends.

For Webster University policies and procedures, please refer to the Catalog and Student Handbook.

Reviewed by: *Dr. Stephanie Vavilala*

Job Title: Counseling Coordinator

Date: 9/28/09