

Course	COUN 5140 Psychopharmacology
Term, Day, Time	Spring 1, 2010 – Saturday #2 – 8:00am – 5:00pm
Instructor	Name: Berney Wilkinson, PhD Phone: 863-860-2817 Email: bwilkinson04@webster.edu
Catalog Description/ Content Area	<p>COUN 5140 Psychopharmacology</p> <p>This course provides an introduction to pharmacological agents that affect mental and emotional functions. Focus of the course will be on identification and comprehension of the effects and the actions of psychoactive drugs, including drugs used in the treatment of psychopathological disorders and drugs of abuse. Multicultural and ethical components are integrated.</p> <p>Content Areas: professional practice, professional identity, helping relationships, diagnosis, human growth and development</p>
Knowledge and Skills Outcomes	<p><i>Upon successful completion of this class students will be able to:</i></p> <ol style="list-style-type: none"> 1. Identify and distinguish among basic classifications, indications, and contraindications of commonly prescribed psychopharmacological medications so that appropriate referrals can be made for medication evaluations and so that the side effects of such medications can be identified; 2. define basic psychopharmacological agent’s method of impact on behavior; 3. identify and critique the therapeutic and adverse effects of various psychopharmacological agents; 4. identify and demonstrate appropriate client referral approach(s) for psychotropic medication; and 5. Summarize the current trends in the professional counseling literature as related to psychopharmacology.
Materials	<p>Sinacola, R. S., & Peters-Strickland, T. S. (2006). <i>Basic Psychopharmacology for Counselors and Psychotherapists</i>, Upper Saddle River, NJ: Allyn & Bacon Publishing. (ISBN: 0205440053)</p> <p>Thomson Healthcare. (2007). <i>PDR Drug Guide for Mental Health Professionals</i>, (3rd Ed), Durham, NC: Author. (ISBN: 1563636794)</p> <p>American Psychological Association (2002) <i>Publication Manual of the American Psychological Association (5th ed)</i>. (ISBN: 1-55798-791-2).</p> <p>American Psychiatric Association (2000). <i>Diagnostic and Statistical Manual of Mental Disorder, 4th ed</i>. TR. American Psychiatric Association. (ISBN:</p>

	<p>0890420254).</p> <p>You must have the required materials and have the assigned readings completed by the first day of class. If you do not have the required materials and/or have not completed the assigned readings you will lose 20% from your Participation/Professionalism grade.</p>																												
<p>Method of Instruction</p>	<p>Course material will be presented through various modes of instruction. Class meetings will be presented in a didactic format, relying on participation and discussions with course participants. In addition, students will be expected to research and explore materials outside of the classroom, which will help build their understanding of the course material and aide in their ability to participate in course related activities.</p>																												
<p>Grading</p>	<table border="1" data-bbox="492 674 1456 932"> <tr> <td>1.</td> <td>Midterm Examination</td> <td>100 Pts.</td> <td>A - 540 - 600 Pts.</td> </tr> <tr> <td>2.</td> <td>Research Paper</td> <td>100 Pts.</td> <td>B - 480 - 539 Pts.</td> </tr> <tr> <td>3.</td> <td>In-Class Presentation</td> <td>100 Pts.</td> <td>C - 420 - 479 Pts.</td> </tr> <tr> <td>4.</td> <td>Weekly Quizzes</td> <td>100 Pts</td> <td>F - < 419 Pts</td> </tr> <tr> <td>5.</td> <td>Class Participation</td> <td>100 Pts.</td> <td></td> </tr> <tr> <td>6.</td> <td>Final Examination</td> <td>100 Pts.</td> <td></td> </tr> <tr> <td></td> <td>Total Points</td> <td>600 Pts</td> <td></td> </tr> </table> <p>NOTE: Each class absence will subtract 10 points from this total. "No late work will be accepted for credit in this course unless medical documentation is provided."</p> <p>The Graduate catalogue provides these guidelines and grading option: Grades in the program are A, A-, B, B-, C, F, CR, I, ZF, and W A/A- Superior graduate work B+/B/B- Satisfactory graduate work C Marginal work F Unsatisfactory work CR Credit given for practica/internships I Incomplete work ZF Permanent grade for unfinished incomplete grade which treated as an F W Withdrawn from the course</p> <p>The grading of this course has a subjective component to it based upon the professional experience of the instructor. The Counseling faculty recognize that counseling skills and counselor effectiveness cannot be assessed in the same manner as academic performance in typical university coursework. Students completing this course should <i>demonstrate marked progress toward the course objectives</i> as noted above as well as be able to write coherently about counseling theories and techniques. Your final grade in this course will reflect <i>not only your academic performance but also your counseling and interpersonal skill development as evaluated by the instructor</i>. For example, it is possible to excel academically and receive a final grade less than an A or B. Thus, all grades will reflect a combination of <i>objective and subjective</i></p>	1.	Midterm Examination	100 Pts.	A - 540 - 600 Pts.	2.	Research Paper	100 Pts.	B - 480 - 539 Pts.	3.	In-Class Presentation	100 Pts.	C - 420 - 479 Pts.	4.	Weekly Quizzes	100 Pts	F - < 419 Pts	5.	Class Participation	100 Pts.		6.	Final Examination	100 Pts.			Total Points	600 Pts	
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	<p>assessment.</p> <p>Note that writing competency is important in graduate school. The grade penalty is heavy for lack of simple proofing of grammar and spelling on all assignments. As a graduate student and counselor in training, you have a responsibility to the profession and those you will be representing/counseling to write professionally. Take this task seriously and consult the Academic Resource Center for assistance.</p> <p>*No late work will be accepted for credit in this course unless medical documentation is provided.</p>
<p>Activities</p>	<p>Confidentiality: Due to the nature of this course open criticism, free dialogs and academic discourses are encouraged and expected between students and the instructor. To promote the academic security, all students will be required to adhere to the principles of confidentiality normally followed in the counseling profession (regardless of the individual student’s academic focus). Breaching of another student’s confidentiality will be grounds for administrative action. More will be covered on this topic during the initial class session.</p> <p>Research Component: Students will be required to complete a research paper on a topic related to treatment of psychopathology via psychopharmacology and approved by the instructor. Completed research papers must adhere to APA style guidelines. All references must be dated in the last 5 years (except for acknowledged germinal works.) Non-peer reviewed Internet sources are not acceptable. (i.e. Wikipedia.com is not a peer reviewed site.) Papers must include a title page, body and references pages. All references cited in text must be listed on the references page and all listed references must be cited in the body. Papers must of sufficient length to adequately cover the material researched. All papers will be submitted and reviewed via www.turnitin.com. Further information will be provided during the first class. Previously submitted research papers cannot be “recycled” for this class. Additionally, the same research paper turned in to more than one class without written approval from both instructors is considered unethical & unprofessional academic behavior and will result in a course grade of “F”.</p> <p>Class Presentation: Students will, either individually or in groups depending on class enrollment, conduct a brief presentation to the class covering a specific psychopharmaceutical/psychotropic medication. Length of the presentation will depend on a number of other variables to be discussed the first night of class. Presentations including pertinent handouts and eliciting audience participation are preferred. Deviations to the presentation format may be approved on a case-by-case basis by the instructor only if discussed prior to the actual presentation.</p>

	<p>Midterm & Final exams: The format for both the midterm and the final exam will be multiple-choice, true/false, and matching. We will discuss further details pertaining to the exams in class.</p>
<p>Policy Statements: University Policies</p>	<p>University policies are provided in the current course catalog and course schedules. They are also available on the university website. This class is governed by the university's published policies. The following policies are of particular interest:</p> <p><u>Academic Honesty</u> The university is committed to high standards of academic honesty. Students will be held responsible for violations of these standards. Please refer to the university's academic honesty policies for a definition of academic dishonesty and potential disciplinary actions associated with it.</p> <p><u>Drops and Withdrawals</u> Be aware that, should you choose to drop or withdraw from this course, the date on which you notify the university of your decision will determine the amount of tuition refund you receive. Please refer to the university policies on drops and withdrawals in the Graduate Studies Catalogue to find out what the deadlines are for dropping a course with a full refund and for withdrawing from a course with a partial refund.</p> <p><u>Special Services</u> If you have registered as a student with a documented disability and are entitled to classroom or testing accommodations, please inform the instructor at the beginning of the course of the accommodations you will require in this class so that these can be provided.</p> <p><u>Disturbances</u> By university policy, every student is entitled to full participation in class without interruption. Therefore, disruption of class is not acceptable. Students are expected to treat the instructor and other students with dignity and respect, especially in cases where a diversity of opinion arises. Students who engage in disruptive behavior, including disrespectful comments or behaviors, lack of attendance, silence and or lack of participation, monopolization of class discussion, behaviors not consistent with a counselor in training, etc., are subject to disciplinary action potentially including meeting with the Counseling Advisory Committee, removal from the course, and or dismissal from the program.</p> <p>The carrying of weapons onto campus is forbidden.</p> <p><u>Conduct:</u> Students enrolling in a degree program at Webster University assume the obligation of conducting themselves in a manner compatible with the University's function as an education institution. Misconduct for which students are subject to discipline may be divided into the following</p>

	<p>categories:</p> <ol style="list-style-type: none"> 1. All forms of dishonesty, cheating, plagiarism, or knowingly furnishing false information to the University. 2. Obstruction or disruption of teaching, research, administration, disciplinary procedures, or other University activities or of other authorized activities on University premises. 3. Classroom disruption. Behavior occurring within the academic arena, including but not limited to classroom disruption or obstruction of teaching, is within the jurisdiction of Academic Affairs. In case of alleged campus and/or classroom disruption or obstruction, a faculty member and/or administrator may take immediate action to restore order and/or to prevent further disruption (e.g. removal of student[s] from class or other setting). Faculty members have original jurisdiction to address the immediacy of a situation, as they deem appropriate. When necessary and appropriate, Public Safety and/or the local [or military] police may be contacted to assist with restoring peace and order. Faculty response is forwarded to the academic dean (or his or her designee) for review and, if necessary, further action. Further action might include permanent removal from the course. Repeated offenses could lead to removal from the program and/or the University. 4. Theft of or damage to property of the University. Students who cheat or plagiarize may receive a failing grade for the course in which the cheating or plagiarism took place. <p>Students who engage in any of the above misconducts may be subject to dismissal from the University on careful consideration by the executive vice president of the University or his designee. To the extent that penalties for any of these misconducts (e.g. theft or destruction of property) are prescribed by law, the University will consider appropriate action under such laws.</p> <p>Students are subject to the Student Code of Conduct and Judicial Procedure described in the Online Student Handbook and the Student Handbook for Counselor Education.</p>
<p>Course Policies</p>	<p><u>Self-Awareness. Safety of Disclosure. Appropriate Interpersonal Skills and ACA Code of Ethics:</u></p> <p>In the interaction between class members, self-disclosure and personal examination will occur. All interactions fall under the same umbrella of confidentiality as do client/counselor relationships, i.e., what is discussed in the class stays in the class and is not discussed with other students outside of the course or friends. Any violations of the ethical standards will be dealt with accordingly. Maintaining confidentiality is the primary ethical principle of counselors. If a student fails to maintain the confidentiality of clients or classmates, the student risks a failing grade in the course. In addition, the instructor will refer the breach of confidentiality to the Counseling Advisory Committee for disciplinary action of the student.</p>

We will be learning from each other in addition to the text throughout the semester. Therefore, it is important **that everyone feels safe, comfortable, and free** to discuss and elaborate on their thoughts around their developing knowledge and skills. In class, it is important for each of us to be respectful of one another's positions; relating to others in an empathic manner occurs in class *just as with clients*. You are encouraged to make your feelings and thoughts known, yet, to **do so in a "counselor manner", i.e., respecting the position of listener while giving voice to your thoughts and using your budding counselor attending skills**. This is an opportunity for you to practice and evidence your basic skills of empathy, warmth, genuineness, and congruence by communicating in a manner consistent with a good counselor. The building of trusting alliances with your classmates is as important as doing so with your clients. Therefore, you will be practicing some of the same skills when participating in class as in counseling sessions with your clients one day.

Further, **openness to supervision and instruction** by the instructor can become an issue for some students and is, therefore, emphasized here. Openness to supervision is defined as: accepting supervision—both individual and in class; recognizing your own personal strengths, weaknesses, biases, needs, and beliefs; sensing personal and professional impact on others, both positive and negative; accepting and applying feedback from instructor; seeking out needed experiences, feedback, etc., in a proactive way; and accepting feedback in a non-defensive manner with a professional attitude.

Students who do not evidence openness to supervision and or appropriate interpersonal skills are subject to remediation by the Counseling Advisory Committee at the campus. See the student handbook and or catalog for further detail.

ACA Code of Ethics (2005)

Counselors-in-training have a responsibility to understand and follow the ACA Code of Ethics and adhere to applicable laws, regulatory policies, and rules and policies governing professional staff behavior at the agency or placement setting. Students have the same obligation to clients as those required of professional counselors.

(See C.1., H.1.)

Cell Phones

Turn off all cell phones during class unless otherwise advised by the instructor.

Academic Integrity

All of your work in this class should be original to you and to this class. You are expected to explore, analyze, and discuss the ideas of others, but you must give them proper credit through citations and references. You may continue to explore an area of interest, but you must do new or additional research and writing.

Recycling papers from other coursework is not acceptable.

	<p>According to the <i>Publication Manual of the American Psychological Association</i> (2001), plagiarism involves presenting the work of another as if it were your own work. It is very important that you give appropriate credit to others when you use their work. If you paraphrase someone else's work, you must also give them credit with a citation.</p> <p>All students are expected to know what constitutes plagiarism and to avoid committing plagiarism in their written work. Plagiarism will not be excused by ignorance on the student's part. If you believe that you do not have a clear understanding of plagiarism, see your instructor immediately and before any written work is turned in.</p> <p><u>Course Attendance:</u> The University reserves the right to drop students who do not attend class the first two weeks of the term/semester. Absences will result in a significant loss of learning, which will not be recouped through borrowing a classmate's notes. Students are expected to attend all class sessions of every course. It is expected that you will come to class having completed the reading assignments and will ask questions and participate in all activities. You may also be asked to self-disclose in a training environment.</p> <p>The student is subject to appropriate academic penalty for incomplete or unacceptable makeup work, or for excessive or unexcused absences. See <i>Grading</i> for further information.</p> <p>Note: To achieve the objectives of this course, this syllabus may be revised at the discretion of the instructor without prior notification or consent of the student.</p>
<p>Weekly Schedule</p>	<p><i>Students Should Ensure Readings Are Accomplished PRIOR to Class Sessions. The Instructor Reserves The Right To Administer No-Notice Quizzes Based On The Material Due To Be Read For The Week.</i></p> <p>WEEKEND 1</p> <p>Session 1 (A.M. Session) – Chapter 1 & 2: Basic Neurobiology / Medical Vocabulary</p> <p>-----</p> <p>Session 2 (P.M. Session)– Chapter 3: Introduction Psychopharmacology & Pharmokinetics -- Computer Lab</p> <p>WEEKEND 2</p> <p>Session 3 (A.M. Session) – Chapter 8: Treatment of the Psychotic Disorders</p> <p>-----</p> <p>Session 4 (P.M. Session) – Chapter 5 & 6: Treatment of Unipolar & Bipolar Depression</p> <p>WEEKEND 3</p>

	<p>Session 5 (A.M. Session) – Mid-Term Examination <i>Presentations Begins</i></p> <p>-----</p> <p>Session 6 (P.M. Session)– Chapter 7: Treatment of Anxiety and Sleep Disorders <i>Presentations Continue</i></p> <p>WEEKEND 4</p> <p>Session 7 (A.M. Session) – Chapter 9: Treatment of ADHD and Disorders of Attention <i>Presentations Continue</i></p> <p>-----</p> <p>Session 8 (P.M. Session)– Chapter 13: Treatment of Substance Abuse and Co-Occurring Disorders <i>Presentations Continue</i></p> <p>WEEKEND 5</p> <p>Session 9 (A.M. Session) – Research Paper Due Final Examination Closing Remarks</p> <p><i>NOTE: Class schedule, assigned readings and/or activities subject to change without notice</i></p>
	<p>Reviewed by: Dr. Stephanie Vavilala</p> <p>Job Title: Counseling Coordinator</p> <p>Date: 11/19/09</p>