

December 2007

**Webster University Nursing Program  
NURS 3410 - Family Health Promotion**

**Term:** Spring I, 2008  
**Class:** Tuesday, 5:30-9:30 PM

**Instructor:** Karen Lea, RN, MN  
**Email:** klea@webster.edu

**COURSE DESCRIPTION:**

This course focuses on characteristics of families. Family theories are explored. Students examine variables that influence the health of families. Students conduct a family assessment, identify strengths and health concerns, and develop a plan for family health promotion activities. Prerequisites: NURS 3010 and NURS 3020

**COURSE OBJECTIVES:**

Upon completion of this course, the student will be able to:

1. Describe how nursing approaches for working with families differ from those used with individuals.
2. Discuss theories relevant to family nursing.
3. Explore factors influencing families' health at different stages of development.
4. Describe influences of culture and society on the health of families.
5. Explore ethical principles related to care of families.
6. Examine the relationship between health status and family functioning.
7. Describe nursing interventions to promote the health of families in different life stages.
8. Discuss the impact of transitions on families.

**TEXTBOOK:**

Friedman, M. M., Bowden, V. R., & Jones, E. (2003). *Family nursing: Research, theory, and practice* (5<sup>th</sup> ed.) Upper Saddle River, NJ: Prentice Hall.

**ESSENTIAL CONTENT:**

Systems Theory  
Family Development  
Family Interviewing Process  
Anticipatory Guidance  
Diversity  
Family Care Giving  
Genetics and Genomics

Family Theories  
Family Structure and Function  
Family Assessment  
Family Transitions  
Ethics  
Family Health Promotion

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**TEACHING/LEARNING ACTIVITIES:**

Lectures, discussion, group work, presentations, audiovisuals, role-playing, clinical experiences

**COURSE REQUIREMENTS:**

Clinical - 16 hours

Guidelines for Family Selection

1. A family is defined as two or more people who have daily verbal communication.
2. All family members consent to video taping of the health promotion project.
3. Close family members or other students should not be used as the family selected.
4. Instructor must approve the family selected.

**Clinical Requirement:** Students must have ALL required information for clinical (license, TB, immunizations, drug screen, background check, BCLS or SCLS, and confidentiality statement [signed annually each school year]). Additionally, competency on the Clinical Orientation Exam, (if clinical is in a hospital in any capacity) must be on file in the nursing office before beginning any clinical. Failure to submit any of the documentation may result in withdrawal from the course or a grade of “F” for assignments.

**Assignments:**

**Family Assessment:** This is a comprehensive family assessment which involves interviewing, interaction, observation, and gathering data for analysis. This will include a Genogram. **See written guidelines**

**Health Promotion Project:** The student will identify family health promotion needs based upon the family assessment and directed towards the family’s developmental stage and health promotion needs. A health promotion project will then be designed and will be written, videotaped, and implemented with the family. Students will evaluate the effectiveness of the health promotion plan. **See written guidelines**

**Paper:** Students will develop a 3-5 page APA format paper on a topic pertinent to family integrity and health. The paper should contain information on the topic as it pertains to the United States and to at least one other country. At least three current scholarly nursing journal articles should be used. Internet sources are not acceptable. The paper should be typed, double spaced, with correct grammar, spelling, and organization. Turn in the articles with your paper.

**Presentation:** Students will give a short presentation on their paper topic to the class.  
The paper and presentation must be a different topic than the health promotion topic.

**Notes:** All written assignments must be typed and double spaced. Use complete sentences and correct grammar. Refer to handouts provided in class.

**Papers that contain quoted information that is not correctly cited with source and page number will receive a grade of “0”, as this constitutes plagiarism.**

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**Classroom Behavior:**

Cell phones and pagers: These devices are to be in the “Off” or “Vibrate” mode during class. If you must be on call during class, please sit close to the door so disruption may be minimized when you leave to answer a page.

Participation: Students are expected to participate in the class discussions. Respect for other opinions is expected.

**Academic Honesty Policy – PLEASE READ CAREFULLY:**

**The following behaviors are prohibited:**

Cheating- Using or attempting to use crib sheets, instant messaging, electronic sources, stolen exams, unauthorized study aids in an academic assignment or copying or colluding with a fellow student in an effort to improve one’s grades.

Fabricating- Falsifying, inventing, or misstating any data, information, of citation in an academic assignment, field experience, academic credentials, or other manner.

Plagiarism- Using the works of another person as one’s own words without proper citation in any academic assignment. This includes submission of any work purchased or down loaded from a web site or the internet.

It is imperative that all work that is not original be correctly cited. Use quotation marks and page numbers where appropriate. You must give credit for any work that is not your own. Plagiarism, in any form, is not acceptable

Facilitating Academic Dishonesty- Assisting or attempting to assist any person to commit any act of academic misconduct, such as allowing someone else to copy a paper or test answers.

**Submitting a paper or project that has been written (in whole or in part) by someone else, or that you have submitted as a requirement for another class is prohibited.**

In suspected cases of academic dishonesty, appropriate consequences will be determined. If there is suspicion of plagiarism, sources will be reviewed.

**EVALUATION:**

**Note: Attendance is expected at all classes. The final course grade will be lowered proportionately for absences, late arrivals or early departures. A student who misses more than one scheduled class may not be able to meet course objectives.**

The final grade in the course will be determined as follows:

Attendance and Participation in Class Activities	15%
Paper	25%
Presentation of Topic	10%
Family Assessment	30%
Health Promotion with Family	20%

<b>Grading Scale:</b>	93-100	A, A-
	85-92	B+, B, B-
	76-84	C+, C, C-
	70-75	D
	Below 75	F

**COURSE SCHEDULE:**

Week 1	January 15	Introduction to Class, Expectations Introduction to Family Nursing Family Nursing Process Chapters 1 – 2
Week 2	January 22	<b>Movie: Parenthood</b> Family Assessment Chapters 7 - 9
Week 3	January 29	Family Theories; Creating a Genogram Sociocultural and Environmental Assessment Chapters 3 – 6 <b>Presentation of papers (family topics)</b>
Week 4	February 5	Family Communication, Power, Roles, Values Chapters 10 - 13 <b>Presentation of papers (family topics)</b>
Week 5	February 12	Family Affection, Socialization, Health Care and Stress and Coping Chapters 14 – 17 <b>Presentation of papers (family topics)</b>
Week 6	February 19	Genetics and Genomics <b>Presentation of papers (family topics)</b> <b>Family Assessment Due</b>
Week 7	February 26	<b>Topic Papers Due</b> <b>Discussion of Family Assessments and Health Promotion Projects</b>
Week 8	March 4	<b>Discussion of Family Assessments and Health Promotion Projects</b> <b>Health Promotion Project Due</b>

**This syllabus is subject to change**