



COLLEGE OF ARTS  
& SCIENCES COURSE SYLLABUS

<b>Course</b>	COUN 5500 Counseling Women in Transition (1 hr seminar 5:30-9:30 p.m (TUESDAYS) June 24, July 1 and July 8
<b>Instructor</b>	Name: Linda H. Day Phone: (816) 916-7170 lv message Email:
<b>Course Description</b>	<p>Life Transitions are often the impetus which brings families and individuals into therapy. This seminar is designed to facilitate therapeutic progress in transitional times for female clients.</p> <p>A model framing therapy for such clients will be presented. Speakers from the community will address specific transitional junctures of female clients. Guided practices and observations are intended to develop the skills of attendees.</p>
<b>Incoming Competencies (Prerequisites)</b>	Student should be admitted to the Webster University MA/COUN or contact the instructor for information..
<b>Course Objectives</b>	<p><b><u>During the course,</u></b> the student will</p> <ul style="list-style-type: none"><li>--learn one model of “transitions” which can guide therapeutic intervention</li><li>--experience speakers on specific typical transitions as a means of focusing assessment and treatment planning</li><li>--discuss the differences between problem and solution focused approaches</li><li>--practice effective listening and reframing skills</li><li>--investigate and describe one’s own thinking and experiencing of transitions in a systematic manner</li></ul> <p><b><u>At the end of the course,</u></b> the student will</p> <ul style="list-style-type: none"><li>--Be able to articulate the model presented and describe its implications for clinical interventions.</li><li>--Monitor one’s own behaviors so that effective listening gives guidance for assessment and interventions.</li><li>--Utilize 3 specific techniques which focus discussion toward solutions and/or resolutions</li></ul>

	--Have processed one's own feelings and thoughts about the opportunities which transitions provide for counselees.								
<b>Course Materials</b>	List title, author, edition, publisher, AND ISBN number. <b>No textbook is required.</b> Handouts will be provided by instructor.								
<b>Course Grading</b>	<table> <tr> <td>Personal Reflections Journal (3) **</td> <td>60%</td> </tr> <tr> <td>Listening Exercise Oral Report **</td> <td>5 %</td> </tr> <tr> <td>Article Reviews **</td> <td>30%</td> </tr> <tr> <td>Role Play (in class) **</td> <td>5%</td> </tr> </table> <p>** Specific guidelines will be given</p>	Personal Reflections Journal (3) **	60%	Listening Exercise Oral Report **	5 %	Article Reviews **	30%	Role Play (in class) **	5%
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	Academic Dishonesty: Webster University strives to be a center of academic excellence. As part of our Statement of Ethics, the University strives to preserve academic honor and integrity by repudiating all forms of academic and intellectual dishonesty, including cheating, plagiarism and all other forms of academic dishonesty. Academic Dishonesty is unacceptable and is subject to a disciplinary response. See page 28 of the Webster University 2005-2007 Graduate Catalog for a complete description. The University reserves the right to utilize electronic databases, such as Turnitin.com, to assist faculty and students with their academic work								
<b>Note</b>	This syllabus may be revised at the discretion of the instructor without prior notification or consent of the student.								
<b>Other</b>	SEE CALENDAR								
Assignment to complete prior to first meeting	Informed participation is expected at a "graduate school" level. Professional conduct in a learning, collaborative environment will be the norm. Instructor Note: Expect a relaxed, enjoyable atmosphere with activities with activities designed to promote professional and personal growth.								

<u>Week</u>	<u>Topic</u>
1	<p>Seminar Calendar</p> <p>Session 1: <b>(June 24)</b> Topics: The Process of Change            . Effective Listening Skills.            A Model of Explanation.            Activities: Speaker. Video. Exercises</p>
2	<p>Session 2: <b>(July 1)</b> Topics: Barriers to Change.            Role of the Therapist.            Conflicts of Values. “Mining” for Success.  <b>Due:</b> Reflections Journal #1  <b>Due:</b> Listening Exercise Report (oral)            Activities: Speaker. Exercises. Lecture/ Discussion</p>
3	<p>Session 3: <b>(July 8 )</b> Topics: Sympathy/Empathy.            Negotiating goals.            Therapist Behavior  <b>Due:</b> Reflections Journal #2            Activities: Speaker. Guided practices. Reviews</p>
4	
5	<p><b>DATE to be Determined</b>  <b>Due: Reflections Journal #3</b>  <b>Article Reviews (2)</b></p>
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