



Course	COUN 5160 Issues in Counseling: Religion and Spirituality in Counseling	
Term	Fall 1, 2009	
Instructor	Name: Shirley Marshall, Ph.D. Phone: 816-822-0151 Email: Shirleyinkc@msn.com or shirleym@webster.edu	
Catalog Description	This course explores the core beliefs of major religions, holistic and diverse expressions of spirituality, and considerations, implications, and strategies for counseling. Discussion will include the relevance of religion/spirituality to health and well-being, relationship resiliency, and self actualization.	
Course Level Learning Objectives	<i>Upon successful completion of this course students will be able to:</i>	
	1. Demonstrate an increased understanding of their personal religious/spiritual perspectives and how these may support or hinder respect and valuing of differing beliefs.	
	2. Identify the relationship between religion and spirituality and the historical development of their integration with psychology	
	3. Assess the relevance of incorporating a client's religious/spiritual beliefs and values into counseling and potential mental health benefits; identify assessment criteria and methods; and demonstrate the application of counselor competencies and counseling strategies.	
	4. Articulate the basic beliefs – and similarities and differences - of the major religions represented in the U.S. and describe conceptual frameworks for various orientations, including Native American spirituality, New Thought spirituality, 12-step recovery programs, atheism, and agnosticism.	
	5. Discuss the ways that religion and spirituality are expressions of a developing sense of self and ethnic and cultural identity.	2. Identify t historical de
	6. Actively engage in an ongoing process of spiritual growth, utilizing beliefs, behaviors, and practices to transform ego dependency and emotional distress.	3. Describe beliefs and v comprehens
	7. Review and critique research, theory, or counseling methods indicating relationships between religion/spirituality and mental health.	4.

<p>Materials</p>	<p>Required: Love is Letting Go of Fear by Gerald Jampolsky, M.D. (purchase at www. Amazon.com, jerryjampolsy.com or local bookstores). Select Readings provided and payable to Webster University on first night of class.</p>
<p>Grading</p>	<p>Course Assignments</p> <p>25% Spiritual Autobiography 25% Professional Journal Article Review 25% Text Lessons (Journaling) 25% Reports: Religious Diversity; Spiritual Wellness Practice</p> <p>Class participation, attendance, assignment readiness, and experiential activity will factor into the grade, as appropriate.</p> <p>The GRADUATE catalog provides these guidelines and grading options:</p> <ul style="list-style-type: none"> • A/A- Superior graduate work • B+/B/B- Satisfactory graduate work • C Work that is barely adequate as graduate-level performance • CR Work that is performed as satisfactory graduate work (B- or better). A grade of "CR" is reserved for courses designated by a department, involving internships, a thesis, practicum, or specified courses. • F Work that is unsatisfactory • I Incomplete work • ZF An incomplete which was not completed within one year of the end of the course. ZF is treated the same as an F or NC for all cases involving G.P.A., academic warning, probation, and dismissal. • IP In progress • NR Not reported • W Withdrawn from the course
<p>Policy Statements: University Policies</p>	<p>University policies are provided in the current course catalog and course schedules. They are also available on the university website. This class is governed by the university's published policies. The following policies are of particular interest:</p> <p>Academic Honesty</p> <p>The university is committed to high standards of academic honesty. Students will be held responsible for violations of these standards. Please refer to the university's academic honesty policies for a definition of academic dishonesty and potential disciplinary actions associated with it.</p> <p>Drops and Withdrawals</p> <p>Please be aware that, should you choose to drop or withdraw from this course, the date on which you notify the university of your decision will determine the amount of tuition refund you receive.</p>

	<p>Please refer to the university policies on drops and withdrawals (published elsewhere) to find out what the deadlines are for dropping a course with a full refund and for withdrawing from a course with a partial refund.</p> <p>Special Services If you have registered as a student with a documented disability and are entitled to classroom or testing accommodations, please inform the instructor at the beginning of the course of the accommodations you will require in this class so that these can be provided.</p> <p>Disturbances Since every student is entitled to full participation in class without interruption, disruption of class by inconsiderate behavior is not acceptable. Students are expected to treat the instructor and other students with dignity and respect, especially in cases where a diversity of opinion arises. Students who engage in disruptive behavior are subject to disciplinary action, including removal from the course.</p> <p>Student Assignments Retained From time to time, student assignments or projects will be retained by The Department for the purpose of academic assessment. In every case, should the assignment or project be shared outside the academic Department, the student's name and all identifying information about that student will be redacted from the assignment or project.</p> <p>Contact Hours for this Course It is essential that all classes meet for the full instructional time as scheduled. A class cannot be shortened in length. If a class session is cancelled for any reason, it must be rescheduled.</p>											
Course Policies	<p>In the event of anticipated late arrival, it is your responsibility to contact the university prior to start of class. In the case of unavoidable absence, you will be expected to contact the instructor. You are responsible for contacting a class member to inform yourself about the materials covered during the missed class. If, after conferring with class member(s), you have additional questions about the material, please contact the instructor. Penalty will be incurred for late turn-in of assignments.</p>											
Weekly Schedule	<table border="1"> <thead> <tr> <th data-bbox="492 1556 602 1587">Session</th> <th data-bbox="618 1556 1024 1587">Topic & Chapter</th> <th data-bbox="1024 1556 1451 1587">Assignment</th> </tr> </thead> <tbody> <tr> <td data-bbox="492 1587 602 1696">1 Aug 19</td> <td data-bbox="618 1587 1024 1696">Introduction to Course. What is religion, spirituality, God?</td> <td data-bbox="1024 1587 1451 1696">Reading: Text pgs 1- 48.</td> </tr> <tr> <td data-bbox="492 1696 602 1877">2 Aug 26</td> <td data-bbox="618 1696 1024 1877">The integration of religion/ spirituality in counseling. <i>Hinduism</i></td> <td data-bbox="1024 1696 1451 1877">Spiritual Autobiography.</td> </tr> </tbody> </table>	Session	Topic & Chapter	Assignment	1 Aug 19	Introduction to Course. What is religion, spirituality, God?	Reading: Text pgs 1- 48.	2 Aug 26	The integration of religion/ spirituality in counseling. <i>Hinduism</i>	Spiritual Autobiography.		
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	3 Sep 3	Lifespan models of religious & spiritual development. <i>Buddhism</i>	Text Lessons 1 & 2
	4 Sep 9	Assessment purposes & methods. <i>Judaism</i>	Text Lessons 3 & 4 Report: Religious Diversity.
	5 Sep 16	Dimensions of religiosity, counselor competencies, ethical & counseling considerations. <i>Christianity</i>	Text Lessons 5 & 6
	6 Sep 23	Spirituality as a way of life. An examination of practices and phenomena facilitating peace, comfort, well-being. <i>Islam</i>	Text Lessons 7 & 8 Report: Spiritual Wellness Practices
	7 Sep 30	A Course in Miracles: Spiritual psychotherapy and the transformation of the ego.	Text Lessons 9 & 10
	8 Oct 7	Forgiveness: tools and processes for emotional healing.	Text Lessons 11 & 12 Professional Article Review.
	9 Oct 14	Course Wrap-up: review & application	

Additional Information	<p>Course Requirements:</p> <p><u>Course Attendance:</u></p> <p>The University reserves the right to drop students who do not attend class the first two weeks of the term/semester. Students are expected to attend all class sessions of every course. In the case of unavoidable absence, the student must contact the instructor. The student is subject to appropriate academic penalty for incomplete or unacceptable makeup work, or for excessive or unexcused absences.</p> <p><u>Conduct:</u></p> <p>Students enrolling in a degree program at Webster University assume the</p>
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obligation of conducting themselves in a manner compatible with the University's function as an education institution. Misconduct for which students are subject to discipline may be divided into the following categories:

1. All forms of dishonesty, cheating, plagiarism, or knowingly furnishing false information to the University.
2. Obstruction or disruption of teaching, research, administration, disciplinary procedures, or other University activities or of other authorized activities on University premises.
3. Classroom disruption. Behavior occurring within the academic arena, including but not limited to classroom disruption or obstruction of teaching, is within the jurisdiction of Academic Affairs. In case of alleged campus and/or classroom disruption or obstruction, a faculty member and/or administrator may take immediate action to restore order and/or to prevent further disruption (e.g. removal of student[s] from class or other setting). Faculty members have original jurisdiction to address the immediacy of a situation, as they deem appropriate. When necessary and appropriate, Public Safety and/or the local [or military] police may be contacted to assist with restoring peace and order. Faculty response is forwarded to the academic dean (or his or her designee) for review and, if necessary, further action. Further action might include permanent removal from the course. Repeated offenses could lead to removal from the program and/or the University.
4. Theft of or damage to property of the University. Students who cheat or plagiarize may receive a failing grade for the course in which the cheating or plagiarism took place.

Students who engage in any of the above misconducts may be subject to dismissal from the University on careful consideration by the executive vice president of the University or his designee. To the extent that penalties for any of these misconducts (e.g. theft or destruction of property) are prescribed by law, the University will consider appropriate action under such laws. Students are subject to the Student Code of Conduct and Judicial Procedure described in the Online Student Handbook.

Course Contact Hours:

Unless a course has enrolled fewer than four students, faculty has a contractual obligation to meet the full complement of contact/meeting hours (36 for graduate courses). Not to meet this full complement of hours may be construed as a breach of contract and may also endanger Webster University's accreditation by The Higher Learning Commission, a commission of the North Central Association of Colleges and Schools, and its licensure by the State. Finally, course meetings which are missed for any reason must be made up.

Determination of Grades is Based On the Following Criteria:

Minimum Requirements:

Products (papers, case studies, projects) must be on time, in the correct format, corrected for spelling and grammar, appropriate materials included and referenced to-the-point and on topic and conclusions must be supported.

Examinations must be complete, accurate, neat, evidence clear thought, and exhibit concise and to-the-point responses.

Behavior in class discussions and group activities should be responsible, should exhibit open communication, be constructive, and helpful.

Mastery Level (Grade of “B”): Professional Achievement

Products must meet the requirements stated above for minimum requirements and additionally meet professional criteria. For example, documentation should be included to support research papers, the APA format should be used consistently throughout the paper, and substantially more than the minimum number of references should be included. Presentations should be logical, organized, and comprehensive.

Examinations should be organized, in depth, comprehensive, logical and complete, and evidence thorough understanding of the subject /topic through application of principles.

Classroom behavior should exhibit very focused activity and thought on the subject at hand, be motivated, and assist in discovery of new insights and relationships concerning the subject/topic of discussion.

Mastery Level Plus (Grade of “A”): Creative Achievement

Products must meet all requirements stated above and additionally meet creative criteria. These criteria include unique topic or subject selection, synthesis of ideas, evaluation of subject matter and positions found in the literature, be creative in approach, establish new relationships with ideas and provide new insights.

Examination responses indicate insightfulness of understanding, a synthesis of information and unique ideas, and rationale for application of principles following careful analysis.

Classroom behavior should exhibit very focused activity and thought on the subject at hand, be motivated, and assist in discovery of new insights and relationships concerning the subject/topic of discussion.

The grade of “A” represents the best work of students, accomplished in a unique and professional manner.

Note:

To achieve the objectives of this course, this syllabus may be revised at the discretion of the instructor without prior notification or consent of the student.

For Webster University policies and procedures, please refer to the Catalog and Student Handbook. If you have a documented disability as described in Section 504 of the 1973 Rehabilitation Act of the Americans with Disability Act (ADA), you can contact our Academic Resource Center (ARC) at www.webster.edu/acadaffairs/asp/arc.htm, or call 800-981-9801, ext. 7620 to make arrangements for services. Also, please notify your site administrator if you are attending an extended campus.

Reviewed by: _____

Job Title: _____

Date: _____