

Course	COUN 5600 Techniques of Group Counseling																								
Term	Fall 2, 2009																								
Instructor	Fred Mayfield, Ph.D., LCPC, LCMFT, 913-491-4788, fredmayfield@comcast.net																								
Catalog Description	This course examines group theory and types of groups, as well as descriptions of group practices, methods, dynamics, and facilitative skills.																								
Prerequisites	Admitted to Counseling program and demonstrated ability for graduate work.																								
Course Level Learning Outcomes	Provide both theoretical and experiential understandings of group purpose, development, dynamics, theories, methods, skills, and other group approaches in a multicultural society, including all of the following:																								
CACREP 2,6, a-e.	<p>Principles of group dynamics, including group process components, developmental stage theories, group members' roles and behaviors, and therapeutic factors of group work;</p> <p>Group leadership or facilitation styles and approaches, including characteristics of various types of group leaders and leadership styles;</p> <p>Theories of group counseling, including commonalities, distinguishing characteristics, and pertinent research and literature;</p> <p>Group counseling methods, including group counselor orientations and behaviors, appropriate selection criteria and methods, and methods of evaluation of effectiveness; and</p> <p>Direct experiences in which students participate as group members in a small group activity, approved by the program, for a minimum of 10 clock hours over the course of one academic term.</p>																								
Materials	THE THEORY AND PRACTICE OF GROUP PSYCHOTHERAPY, Irvin D. Yalom, Basic Books, ISBN 978-0-465-09284-0																								
Grading	<table> <tr> <td>Mid term exam</td> <td>30%</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Group Proposal</td> <td>25%</td> <td>Sample will be provided</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Group Observations</td> <td>15%</td> <td>“</td> <td>“</td> <td>“</td> <td>“</td> </tr> <tr> <td>Final exam</td> <td>30%</td> <td></td> <td></td> <td></td> <td></td> </tr> </table> <p>The GRADUATE catalog provides these guidelines and grading options:</p> <ul style="list-style-type: none"> • A/A– Superior graduate work 	Mid term exam	30%					Group Proposal	25%	Sample will be provided				Group Observations	15%	“	“	“	“	Final exam	30%				
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	<ul style="list-style-type: none"> • B+/B/B- Satisfactory graduate work • C Work that is barely adequate as graduate-level performance • CR Work that is performed as satisfactory graduate work (B- or better). A grade of "CR" is reserved for courses designated by a department, involving internships, a thesis, practicums, or specified courses. • F Work that is unsatisfactory • I Incomplete work • ZF An incomplete which was not completed within one year of the end of the course. ZF is treated the same as an F or NC for all cases involving G.P.A., academic warning, probation, and dismissal. • IP In progress • NR Not reported • W Withdrawn from the course
<p>Weekly Schedule</p>	<ol style="list-style-type: none"> 1. Course requirements, class etiquette, history of group counseling, and fundamental procedures for starting a group. Read chap. 7. Experiential activity. Role-play. 2. Topic: The Purpose and function of group counseling. Unique skills for group therapist with demonstration. Read chap. 1. Experiential activity. Role-play. 3. Topic: The Group therapist role, group process & processing. Collective (group) Active Listening skills. Facilitator tasks. Read chap.5. Experiential activity. Role-play. 4. Field trip: <i>The Solace House</i>. Return to campus for the mid term exam. 5. Topic: Therapeutic values of group counseling. Read chap. 2 & 4. Experiential activity. Role-play. 6. Topic: Managing special group issues as therapeutic opportunities. Read Chap. 12. Experiential activity. Role-play. 7. Topic: Difficult group members and resistance as therapeutic opportunities. Experiential activity. Read chap. 13. Role-play. 8. Topic: Specialized group formats (team building, values clarification, psycho-ed., anger control, etc.). Read chap. 15. Experiential activity. Role play 9. Topic: Measuring group effectiveness. Experiential activity. Role play. Final Exam
<p>Policy</p>	<p>University policies are provided in the current course catalog and course schedules.</p>

<p>Statements: University Policies</p>	<p>They are also available on the university website. This class is governed by the university's published policies. The following policies are of particular interest:</p> <p><i>Academic Honesty</i></p> <p>The university is committed to high standards of academic honesty. Students will be held responsible for violations of these standards. Please refer to the university's academic honesty policies for a definition of academic dishonesty and potential disciplinary actions associated with it.</p> <p><i>Drops and Withdrawals</i></p> <p>Please be aware that, should you choose to drop or withdraw from this course, the date on which you notify the university of your decision will determine the amount of tuition refund you receive. Please refer to the university policies on drops and withdrawals (published elsewhere) to find out what the deadlines are for dropping a course with a full refund and for withdrawing from a course with a partial refund.</p> <p><i>Special Services</i></p> <p>If you have registered as a student with a documented disability and are entitled to classroom or testing accommodations, please inform the instructor at the beginning of the course of the accommodations you will require in this class so that these can be provided.</p> <p><i>Disturbances</i></p> <p>Since every student is entitled to full participation in class without interruption, disruption of class by inconsiderate behavior is not acceptable. Students are expected to treat the instructor and other students with dignity and respect, especially in cases where a diversity of opinion arises. Students who engage in disruptive behavior are subject to disciplinary action, including removal from the course.</p> <p><i>Student Assignments Retained</i></p> <p>From time to time, student assignments or projects will be retained by The Department for the purpose of academic assessment. In every case, should the assignment or project be shared outside the academic Department, the student's name and all identifying information about that student will be redacted from the assignment or project.</p> <p><i>Contact Hours for this Course</i></p> <p>It is essential that all classes meet for the full instructional time as scheduled. A class cannot be shortened in length. If a class session is cancelled for any reason, it must be rescheduled.</p>
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Additional Course information	The weekly class format: 1 The weekly topic via lecture, discussion, demonstration, and video Examples. 1.5 hr. 2. Student facilitated experiential group activities. 1 hr. 3. Group role-play. 1.5 hr.
Additional Course Policies	Review Webster's attendance and grading policies.