

January 2, 2010

Welcome to Family Systems Nursing. This is the first of 3 family nursing courses, and it will primarily focus on assessment. I am really looking forward to this class, and I anticipate that we will have a great course.

I plan to use WorldClassRoom and Blackboard as a way for us to communicate and as a means for you to get course documents and submit some assignments. Some additional readings will be posted as well.

After January 7th, if you click on "Course Content" to the left in Connections, you will find the syllabus. I will add documents here as I think you will need them.

I will also make a file for reference articles called "Reading Assignments". These are articles and book chapters you may find helpful in your research. Some of them are assigned as pre-class preparation. They are PDF files, so you will need the adobe reader to open them. I suggest that you **DO NOT** make copies of all them. They are long - many 25 pages each - and you may not need them. They were initially scanned into e-reserves, and may not be perfect copies, but should be helpful resources for you. You can refer to them, and print what you need. They will be available to you all semester.

I suggest the following as preparation for the first class:

- Read Chapters 1 and 2 in your Wright and Leahy text, which will be our main text.
- Look over Chapters 1 and 2 in your Walsh text. By that I mean spend 15 - 30 minutes reviewing each of these chapters to see the information that is there so you can refer to it when you need to. You do not need to read every word, but will find helpful information here.
- Think about a family you can work with this semester. The guidelines are in the syllabus. You will need to complete 2 interviews, so the sooner you can start, the better, but do not begin your interviews until we have discussed them thoroughly in class.

I hope you have a great break between classes, and please email me at hedrick@webster.edu if you have any questions, or if there is any information I can give you that will help you with this class.

It would be helpful to me if you would quickly email me and let me know you were able to access Connections and read this email.

I'm looking forward to seeing you at 5:30 on Monday, January 11. By the way, I would like to propose we meet from 5-9 if that works for everyone's schedule. We will discuss it the first night of class.

Jane

Webster University
MSN Program
NURN 5800- Family Systems Nursing
Spring 1, 2010

Instructor: Jane Hedrick, RN, PhD

Email: hedrick@webster.edu

Class: Monday 5:30 pm -9:30 pm

Course Description:

This course provides the student with a theoretical foundation and model for family assessment and intervention. Students develop basic family interviewing skills through the use of taped interviews. Opportunities to practice nursing interventions in a supervised setting are provided. Prerequisite: NURN 5000, NURN 5550

Credit: 3 credit hours: 2 class and 1 practicum.

Learning Outcomes:

Upon completion of this course, the student will be able to:

1. Discuss the theoretical foundations of the Calgary Family Assessment and Intervention Models.
2. Compare and contrast the Calgary Family Assessment Model with other holistic family assessment models.
3. Differentiate the use of the nursing process with individuals and family systems.
4. Discuss the nurse's role in each stage of the family interviewing process.
5. Discuss ethical aspects of family health care.
6. Discuss cultural aspects of family health care.
7. Identify strengths for different types of families.
8. Demonstrate required competencies and skills in the family interview process.
9. Complete a comprehensive family interview and family assessment.
10. Integrate data from the literature review and family assessment in planning interventions for families.
11. Demonstrate beginning nursing interventions to change cognitive, affective, and behavioral domains of family functioning and family health.

Readings:

Frank, A. W., & Foote, C. E. (2002). *At the will of the body*. New York, NY: Houghton Mifflin.

Walsh, F. (3rd Ed.). (2003). *Normal family processes*. New York, NY: Guilford Press.

Wright, L. M., & Leahey, M. (2009). *Nurses and families: A guide to family assessment and intervention* (5th ed.). Philadelphia, PA: F. A. Davis.

Essential Course Content:

Family Theory
Nursing Process with Families (Genograms/Ecomaps)
Calgary Family Assessment Model
Calgary Family Intervention Model
Interviewing Skills
Stages of the Family Interviewing Process
Ethical Aspects of Family Health Care (Confidentiality, Suicide Assessment)
Cultural Aspects of Family Health Care
Family Structures
Family Literature Review
Interventive/Circular Questions

Course Requirements:

Class

Participation: Students are expected on time to prepare for and participate in class discussions. This includes presentation and discussion of relevant information from family visits, including segments of audio or videotapes; literature review, and assigned readings.

Family Literature Presentation

Students will present to the class a summary of their family literature review. A reference list in APA format for the class is required at the time of the presentation.

Practicum

Practicum-- Clinical--Students must have ALL required information for clinical (current Missouri RN license, current PPD test and immunization records, criminal background check, Family Care Safety Registry results letter, drug screening results, BCLS or ACLS, and CNE/KCANE Confidentiality Agreement [signed annually after August 1] and Clinical Orientation Manual Exam [completed annually after August 1] on file in the nursing office before course registration. Failure to submit any of the documentation may result in withdrawal from the course or a grade of "F" for assignments.

Guidelines for Selection of Families

Families selected should be those who:

- May be experiencing either a transition or a health condition.
- Agree to be interviewed at least twice during the 8-week term and consent to confidential use of audio or videotapes of the interviews for educational purposes.
- Have two or more members of the family available and willing to participate.
- Are not close family members or friends, or otherwise previously well known to the student.

Students should request approval from the faculty to follow the family that they select.

Taped Family Interviews

During the term each student will follow at least one family. The student is responsible for therapeutic intervention with the family based on comprehensive family assessment using the CFAM form. **Two (2) taped sessions with the family during the term are required. Students must receive feedback from the first visit prior to the next interview session.** Interventions emphasized include interview skills, open communication, use of the family systems nursing process, and using circular questions.

Pre-Interview Preparation (see deadlines on the weekly course calendar)

Students will complete and turn in the Pre-Interview Preparation **at least 3 days prior to each interview** so feedback can be provided. This includes an integrated literature review to assist in the assessment of the family and their concerns, health problems, and/or transitions. It also includes hypotheses regarding the family. APA format is to be used. A total of 6 sources are needed. At least three sources related to the family concerns/ illness/ transitions are required from book chapters and professional journals for each preparation. Additional material may come from other sources such as websites.

Family Assessment (CFAM)

Students will complete a family assessment using the CFAM. You will start the process and during the first interview and will submit the write-up for feedback prior to the second interview. The **Final Family Assessment** is due after the completion of both interviews; no later than the last day of class.

Self Evaluation of Therapeutic Nursing Intervention (see deadlines on weekly course calendar)

Students will complete a self evaluation using the required criteria on the evaluation form for each interview. The ending summary is to be a narrative critique of family interviewing strengths and areas for growth, suggesting alternative approaches and questions. Evaluation forms should be handed in with the tape of each interview.

Course Evaluation:

First Pre-Interview Preparation	10 points
Tape #1/Self-Evaluation of Interview	10 points
Second Pre-Interview Preparation	10 points
Tape #2/Self-Evaluation of Interview	10 points
Final Family Assessment	25 points
Literature Review Presentation	20 points
Class participation	14 points (2 points per class)
Franke and Foote Assignment	6 points
Total Points possible	100 points

Grades:

Students will receive a theory and a practicum grade for this course. Practicum grades will be satisfactory/unsatisfactory. Unsatisfactory completion of the practicum component of the course results in automatic failure of the course.

Grading Scale:

A/A-	Superior graduate work
B+/B/B-	Satisfactory graduate work
C	Work that is barely adequate as graduate-level performance
CR	Work that is performed as satisfactory graduate work (B- or better). A grade of “CR” is reserved for courses designated by a department, involving internships, a thesis, practicums, or specified courses.
F	Work that is unsatisfactory
I	Incomplete work
IP	In progress
NR	Not reported
W	Withdrawn from the course

Weekly Outline

Week 1	Overview; Theoretical Foundations	Read: Wright and Leahey, Chap 1 and 2; Review: Walsh, Chap 1 and 2; Carter and McGoldrick, Chap 2 (on Connections)
Week 2 Class will not meet	CFAM; Assessment Models	Read: Wright and Leahey, Chap 3 and 6; Review (on Connections): Friedman, 10-13; Carter and McGoldrick, Chap 3
Week 3	CFAM (cont'd)	Read: Walsh, Chap 5 and 7 Review (on Connections): Carter and McGoldrick, Chap 5
Week 4	CFIM	Read: Wright and Leahey, Chapter 4 and 9 Review (on Connections): Chap 4; Friedman, Chap 17 First Pre-Interview Prep Deadline
Class 5	CFIM (cont) Family Interviewing	Read Wright and Leahey, Chapter 10 and 12 Tape #1/Self-Evaluation of Interview is Due
Class 6	CFAM Practice	Read: Frank and Foote – Complete assignment Second Pre-Interview Prep Deadline
Class 7	Family Interviewing Common Errors Terminating with Families	Discussion of Frank and Foote Read: Wright and Leahey, Chapter 8; Walsh, Chap 21 Tape #2/Self-Evaluation of Interview Due Presentations
Class 8	Working with Families	Presentations Family Assessment Due

Deadlines and due dates are negotiable if instructor is notified at least 72 hours in advance – (by Friday at 5:00 for a Monday night due date)

Syllabus subject to change.

12-18-09