

**Webster University ~ MSN Program
NURN 5810 Families in Transition**

Class: Spring II, 2010, Monday, 5:00 - 9:00pm

Instructor: Margo Thompson, RN, EdD, CNE

Office: 816-926-4270, 816-444-2200 (Maria)

Email: thomsma@webster.edu

Office: Room 102

Fax: 816-444-1740

Cell: 913-226-6253

Course Description:

Students focus on families experiencing common transitions. Students continue to practice family interviewing skills. The use of family systems interventions is emphasized. *Prerequisites: NURN 5550 & NURN 5800.*

Credits: 3 (2 hours class and 1 hour practicum)

Course Objectives:

Upon completion of this course, the student will be able to:

1. Apply family theory and research to the promotion of health with families experiencing transition.
2. Use family interviewing skills in assessment of diverse families in transition.
3. Implement family intervention strategies based on research.
4. Identify the influence of policy on families in transition.
5. Examine ethical issues affecting families in transition.
6. Evaluate the effectiveness of family intervention strategies with families in transition.
7. Analyze how families' beliefs about transitions influence health.

Readings:

Carter, B., & McGoldrick, M. (2005). *The expanded family life cycle: Individual, family, and social perspectives* (3rd ed.). Boston: Allyn & Bacon.

Walsh, F. (Ed.). (2003). *Normal family processes: Growing diversity and complexity* (3rd ed.). New York: Guilford Press.

Wright, L. M., & Leahey, M. (2009). *Nurses and families: A guide to family assessment and intervention* (5th ed.). Philadelphia: F. A. Davis.

Additional readings, as assigned.

Essential Course Content:

Family development theory	Violated expectations theory
Family life cycle transitions and variations	Family health promotion
Diversity in family composition	Ethics and family transitions
Policy and family transitions	Care giving
Aging, caregiving	
Addition of a family member/significant other:	
Attachment, coupling/marriage/remarriage/gay/lesbian families;	
Birth, adoption, stepfamilies	
Parenting:	
(of) infants/children/adolescents;	
Single parent families	
Loss of a family member/significant other:	
Grief and loss; divorce, death (by age/relationship), suicide,	
retirement or job loss, unacknowledged loss	

Cell Phones/Pagers:

These devices are to be in the **OFF** or **Vibrate** mode during class.

Class Attendance:

Attendance for **all** scheduled class periods is an expectation. The final course grade will be lowered proportionally for absences, late arrivals and early departures.

Course Requirements:

Class

Participation:

Students are expected to prepare for and participate in class discussions. This includes presentation and discussion of relevant information from family visits, including segments of audio- or videotapes; literature review; and assigned readings.

Presentation:

Students will prepare and present to the class a family nursing intervention strategy implemented during their practicum this term. The following should be included: description of the intervention, rationale, implementation, and evaluation. Scholarly references regarding the intervention must be cited. A title page, presentation outline or PowerPoint handouts and a reference list shall be distributed to the teacher and all classmates at the time of presentation. APA format is expected for title and references pages.

Practicum

Required Documentation

Students must have ALL required information for clinical (current Missouri RN license, current PPD test and immunization records, criminal background check, Family Care Safety Registry results letter, drug screening results, BCLS or ACLS, and CNE/KCANE Confidentiality Agreement [signed annually after August 1] and Clinical Orientation Manual Exam [completed annually after August 1] on file in the nursing office before course registration. Failure to submit any of the documentation may result in withdrawal from the course or a grade of "F" for assignments.

Guidelines for Selection of Families

Families selected should be those who:

- Are experiencing either a transition or a health condition.
- Agree to be interviewed at least 3 times during the 8-week term and consent to confidential use of audio- or videotapes of the interviews for educational purposes.
- Have two or more members of the family available and willing to participate.
- Are not close family members or friends, or otherwise previously well known to the student.

Students should request approval from the faculty to follow the family that they select.

Taped Family Interviews

During the term each student will follow at least one family. The student is responsible for therapeutic intervention with the family based on comprehensive family assessment using the CFAM form. At least **3 taped sessions with the family** during the term are required. Students must receive feedback for each visit prior to the next interview session. Interventions emphasized will include those required in NURN 5800 plus: Offering information; helps family set reachable goals; storying the experience (narratives); normalization; reframing; commendations; therapeutic letters; encouraging family rituals.

Pre-Interview Preparation

Students will complete the Pre-Interview Preparation form and submit electronically to instructor a minimum of 48 hours prior to each scheduled interview. Students must receive feedback on preparation prior to conducting interview, The form includes a literature review to assist in the assessment of the family and their health problems and in the development of hypotheses. APA format is to be used. A total of 6 sources are needed. At least three sources related to the family illness/transition are required from book chapters and professional journals for each preparation. Additional material may come from other sources such as websites.

Family Assessment (CFAM)

Students will complete a family assessment using the CFAM based on the three family interviews. Submit partially completed with each tape and final, complete CFAM after the final interview. Final CFAM will be graded.

Progress Notes

A progress note is to be submitted with each tape.

Self Evaluation of Therapeutic Nursing Intervention

Students will complete a self evaluation using the required criteria on the evaluation form for each interview. The ending summary is to be a narrative critique of own family interviewing strengths and areas for growth, suggesting alternative approaches and questions. Evaluation forms should be handed in with the tape of each interview.

Course Evaluation:

Class Participation		30%
Written Documentation of Family Visits		40%
Preparation and Progress Notes	30%	
(10% for each visit)		
CFAM	10%	
Self Evaluation		15%
Presentation of Family Nursing Intervention		15%

Grading Scale: Grades for assignments and the course are based on the following standards:

A/A-	Superior graduate work
B+/B/B-	Satisfactory graduate work
C	Work that is barely adequate as graduate-level performance
CR	Work that is performed as satisfactory graduate work (B- or better). A grade of "CR" is reserved for courses designated by a department, involving internships, a thesis, practicums, or specified courses.
F	Work that is unsatisfactory
I	Incomplete work
IP	In progress
NR	Not reported
W	Withdrawn from the course

Weekly Outline

Week	Topic	Assignment
1 Mar 15	Family Development & Health Promotion Review of Interventive Questioning	Price, Price, & McKenry, Ch 1 (E-Reserves) Wright & Leahy, review as needed
2 Mar 22	Family Interventions Documentation of Family Visit Family Developmental Stages and Tasks	Wright & Leahy, review as needed Walsh Ch 14, 15, 16
3 Mar 29	Family Developmental Stages and Tasks Coupling, Parenting	Walsh Ch 18 Carter & McGoldrick, Ch 14, 15, 16, 17, 18, 26
4 Apr 5	Two Parent Families, Single Parenting Adoptive Families Gay/lesbian Families	Walsh, Ch 3, 5 Walsh, Ch 8 Carter & McGoldrick, Ch 20
5 Apr 12	Individual Appointments with Instructor	
6 Apr 19	Divorce, Remarriage, Single Parenting Families, Stepparenting	Carter & McGoldrick, Ch 22, 23, 24, 25
7 Apr 26	Aging and Families Care giving Grief and Loss; Death	Price, Price, & McKenry, Chs 3, 4 (E-Reserves) Carter & McGoldrick, Ch 11, 12
8 May 3	Nursing Intervention Presentations	

2/10 mlt

This syllabus is subject to change.