

Webster University BSN Program
NURS 4370.30 Cultural Care Nursing
Spring II, 2010

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Course Description: This elective course examines the dimensions involved in caring for people from diverse cultural backgrounds. Traditional health beliefs and practices among selected populations are discussed. Cultural concepts applicable to nursing practice are examined.

Course Objectives:

Upon completion of this course, the student will be able to:

1. Discuss the history, goals, and purposes of cultural care nursing.
2. Define selected terms relevant to cultural care nursing.
3. Describe the elements of a cultural assessment.
4. Identify caring practices of selected cultures and determine ways to include these when providing care to clients.
5. Identify potential cultural conflicts among health care providers and clients
6. Identify personal values relevant to providing culturally sensitive nursing care.

Text:

Articles to be assigned:

Helpful sites:

<http://www.usatoday.com/graphics/census2000/usnav/usnav.htm>

<http://www.culturediversity.org/index.html>

Course Requirements:

Blackboard Vista: Students are expected to log on, participate in discussions and do ALL email communication through Blackboard.

Older adult interview

Interview an older (60+) adult family member, neighbor, or friend. Ask the interviewee to identify: (1) their cultural heritage; (2) health practices they use or have used to prevent illness and maintain wellness; and (3) treatments they use or have used for illness. Will discuss in class.

Use heritage assessment tool provided. Type and be prepared to discuss the assignment in class.

Cultural Care theories

In small groups, students will identify one cultural care theory and discuss it in class. Information concerning the theory will be posted by each group on Blackboard Vista before class discussion.

Campinha-Bacote Model of Cultural Competence

Giger and Davidhizar's Model of Transcultural Nursing

Leininger's Cultural Care Diversity and Universality Theory/Model

Purnell's Model of Transcultural Health Care

Spector's Health Traditions Model

Cultural care practices

Students explore the cultural care practices of their health care agency. The focus is on: (1) what the agency is doing to identify clients that may have specific cultural needs; (2) what culturally sensitive care is provided to clients; (3) what are the cultural groups serviced at your agency

Type and be prepared to discuss the assignment in class

Report on a cultural group

Students select a culture to report using one of the following ethnocultural groups;

African (Black) Americans; West coast (as slaves) of Africa, Many African countries, West Indian islands, Dominican Republic, Haiti, Jamaica

Asian/Pacific Islander Americans; China, Japan, Hawaii, the Philippines, Vietnam, Asian India, Korea, Samoa, Guam, and the remaining Asian/Pacific islands

American Indians Aleuts, and Eskimos; 200 American Indian nations indigenous to North America Aleuts, and Eskimos in Alaska

Hispanic Americans; Hispanic countries, Spain, Cuba, Mexico, Central and South America, Puerto Rico

European (White) Origin Americans; Germany, England, Italy, Ireland, Former Soviet Union, and all other European countries

Each student researches and prepares an oral report using power point. Guidelines for an effective power point presentation should be used

<http://mason.gmu.edu/~montecin/powerpoint.html>

Include a map of the country/area; picture of the ethnocultural group; and other information from the report as pertinent. Other visual aides are encouraged. A reference list in APA format is distributed to the class at the time of the presentation. A minimum of 6 referenced (books, articles, and/or internet sites) is requires. A minimum of 2 references must be from nursing periodicals.

Include in the oral report:

1. A description of the original culture/subculture.
2. The traditional view (definitions) of health and illness in the culture.
3. The traditional methods of healing and the caring practices in the culture.
4. The folk medicine used by the culture.
5. The current health problems faced by the culture.
6. The actual and/or potential conflicts between the culture and the health care provider.
7. Nursing implications for the particular culture.

Apply the information in the report to the specific culture as it impacts their life in the United States. All areas must be covered in the report. The focus of the report is on the health of the cultural group. Reports are limited to 25 minutes.

Web site resources:

www.oseda.missouri.edu

www.factfinder.census.gov

www.health.state.mo.us

www.statehealthfacts.kff.org

www.cdc.gov

www.census.gov

www.omhrc.gov

www.DiversityRx.org

<http://eatethnic.com>

www.nmci.org

www.minority.unc.edu

www.xculture.org

<http://culturedmed.sunyit.edu/>

<http://ethnomed.org/>

<http://www.usd.edu/med/nursing/care/care.cfm>

<http://www.tcns.org/>

<http://depts.washington.edu/pfes/CultureClues.htm>

Evaluation:

The final grade for the course will be determined as follows:

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| 10 | Class attendance and active participation |
| 15 | Report on cultural care practices |
| 15 | Older adult interview |
| 15 | Cultural care theory discussion and Blackboard postings |
| 45 | Report on a cultural group—includes powerpoint, references, oral report |

BSN Grading Scale

A	95-100	A-	93-94	B+	91-92
B	87-90	B-	85-86	C+	83-84
C	77-82	D	70-76	F	69 and below

Course Schedule

Week/ Date		
1----- 3/15/10	Unit I Cultural self- awarene ss	Cultural awareness quiz http://erc.msh.org/mainpage.cfm?file=1.0.htm&module=provider&language=English&ggroup=&mgroup= bring results to class
2----- 3/22/10	Unit II	http://www.factfinder.census.gov/home/saff/main.html? lang=en Look up and print the community you live in and the institution you work in and be prepared to discuss findings Discuss findings of self- awareness quiz and older adult interview.
3----- 3/29/10	Unit III	Discuss cultural care practices Choose a theory of cultural care and be prepared to discuss in class week 5. Post theory on Blackboard Vista for viewing by class <i>Campinha-Bacote Model of Cultural Competence</i> <i>Giger and Davidhizar's Model of Transcultural Nursing</i> <i>Leininger's Cultural Care Diversity and Universality Theory/Model</i> <i>Purnell's Model of Transcultural Health Care</i> <i>Spector's Health Traditions Model</i>
4----- 4/05/10		Continuation of cultural care practices
5----- 4/12/10		Theory discussions
6----- 4/19/10	Library Work	Northland Ethnic Festival April 17 th ,2010 ... attend and write 1 page report 11AM - 3:30PM Park Hill South High School, 4500 N River Park Dr, NW 9 NW Hiway 9 & I-635 Riverside
7----- 4/26/10		Cultural Reports
8----- 5/03/10		Evaluation and Field trip.

This syllabus is subject to change.