

Course	COUN 5600 Techniques of Group Counseling
Term	Summer, 2009
Instructor	Fred Mayfield, Ph.D., LCPC, LCMFT.
Catalog Description	This course examines group theory and types of groups, as well as descriptions of group practices, methods, dynamics, and facilitative skills.
Prerequisites	Admitted to Counseling program and demonstrated ability for graduate work.
Course Level Learning Outcomes	Demonstrate competency in creating and ending a group. Differentiate group leader skills from individual counseling techniques. Ability to discern group process and the stages of group development. Learn how to utilize difficult group issues as therapeutic opportunities. Know applicability and appropriateness of various group-counseling formats. Demonstrate ability to choose, facilitate, and process a group activity. Demonstrate ability to measure group counseling effectiveness.
Materials	No textbook required. Instructor will provide handouts.
Grading	<p>Mid term exam 30%</p> <p>Group Proposal 25% Sample will be provided</p> <p>Group Observations 15% “ “ “ “</p> <p>Final exam 30%</p> <p>The GRADUATE catalog provides these guidelines and grading options:</p> <ul style="list-style-type: none"> • A/A- Superior graduate work • B+/B/B- Satisfactory graduate work • C Work that is barely adequate as graduate-level performance • CR Work that is performed as satisfactory graduate work (B- or better). A grade of "CR" is reserved for courses designated by a department, involving internships, a thesis, practicums, or specified courses. • F Work that is unsatisfactory • I Incomplete work • ZF An incomplete which was not completed within one year of the end of the course. ZF is treated the same as an F or NC for all cases involving G.P.A., academic warning, probation, and dismissal. • IP In progress • NR Not reported • W Withdrawn from the course
Weekly Schedule	<p>1. Course requirements, class etiquette, history of group counseling, and fundamental procedures for starting a group. Experiential activity. Role-play.</p> <p>2. Topic: The Purpose and function of group counseling. Unique skills for</p>

	<p>group therapist with demonstration. Experiential activity. Role-play.</p> <p>3. Topic: The Group therapist role, group process & processing. Collective (group) Active Listening skills. Experiential activity. Role-play.</p> <p>4. Field trip: <i>The Solace House</i>. Return to campus for the mid term exam.</p> <p>5. Topic: Therapeutic factors of group counseling. Experiential activity. Role-play.</p> <p>6. Topic: Managing special group issues as therapeutic opportunities. Experiential activity. Role-play.</p> <p>7. Topic: Difficult group members and resistance as therapeutic opportunities. Experiential activity. Role-play.</p> <p>8. Topic: Specialized group formats (team building, values clarification, psycho-ed., anger control, etc.). Experiential activity. Role play</p> <p>9. Topic: Measuring group effectiveness. Experiential activity. Role play. Final Exam</p>
<p>Policy Statements: University Policies</p>	<p>University policies are provided in the current course catalog and course schedules. They are also available on the university website. This class is governed by the university's published policies. The following policies are of particular interest:</p> <p><i>Academic Honesty</i></p> <p>The university is committed to high standards of academic honesty. Students will be held responsible for violations of these standards. Please refer to the university's academic honesty policies for a definition of academic dishonesty and potential disciplinary actions associated with it.</p> <p><i>Drops and Withdrawals</i></p> <p>Please be aware that, should you choose to drop or withdraw from this course, the date on which you notify the university of your decision will determine the amount of tuition refund you receive. Please refer to the university policies on drops and withdrawals (published elsewhere) to find out what the deadlines are for dropping a course with a full refund and for withdrawing from a course with a partial refund.</p> <p><i>Special Services</i></p>

	<p>If you have registered as a student with a documented disability and are entitled to classroom or testing accommodations, please inform the instructor at the beginning of the course of the accommodations you will require in this class so that these can be provided.</p> <p><i>Disturbances</i></p> <p>Since every student is entitled to full participation in class without interruption, disruption of class by inconsiderate behavior is not acceptable. Students are expected to treat the instructor and other students with dignity and respect, especially in cases where a diversity of opinion arises. Students who engage in disruptive behavior are subject to disciplinary action, including removal from the course.</p> <p><i>Student Assignments Retained</i></p> <p>From time to time, student assignments or projects will be retained by The Department for the purpose of academic assessment. In every case, should the assignment or project be shared outside the academic Department, the student's name and all identifying information about that student will be redacted from the assignment or project.</p> <p><i>Contact Hours for this Course</i></p> <p>It is essential that all classes meet for the full instructional time as scheduled. A class cannot be shortened in length. If a class session is cancelled for any reason, it must be rescheduled.</p>
<p>Additional Course information</p>	<p>The weekly class format:</p> <ol style="list-style-type: none"> 1 The weekly topic via lecture, discussion, demonstration, and video Examples. 1.5 hr. 2. Student facilitated experiential group activities. 1 hr. 3. Group role-play. 1.5 hr.
<p>Additional Course Policies</p>	<p>Review Webster's attendance and grading policies.</p>