

Course	COUN 5635 Counseling Adolescents	Summer 2009
Instructor	Name: Sue Southworth, Psy.D. Phone: 816-736-8405 Cell: 916-914-5322 Email: Sue.Southworth@courts.mo.gov	
Course Description	This course focuses on the common disorders and problems of the adolescent client. It also reviews basic counseling techniques that work with teens and families. During class sessions we will discuss case studies, and practice counseling techniques.	
Incoming Competencies (Prerequisites)	Student should be admitted to the Webster University MA COUN program.	
Course Objectives	<ul style="list-style-type: none"> • Identify and discuss biopsychosocial aspects of adolescence and relevance to the counseling process. • Recognize disorders and problematic behaviors in adolescents. • Develop treatment plans for various problems and disorders. • Learn and practice counseling techniques. 	
Course Materials	<p><u>Pathways To Change</u> by Selekmán, 2nd edition, Guilford Press Publishing, ISBN 1-57230-959-8 and</p> <p><u>Breaking Through To Teens</u> by Taffel, 2005, Guilford Press Publishing, ISBN 1-59385-135-9.</p> <p>Text editions are subject to change. Please refer to MBS Direct as to correct/current edition.</p> <p>Text(s) may be obtained from MBS Direct Books at 1-800-325-3252 or www.mbsdirect.net. Checks and credit cards accepted.</p>	
Course Grading	<p>The following are the learning activities that will be accomplished for a final grade:</p> <p>Quizzes: covering the main ideas discussed in the readings and during class</p> <p>Paper & In-Class Presentation: a list of topics and guidelines will be given during class.</p> <p>Class Participation: during class time, the students will practice various counseling techniques with their classmates. This may also include written summaries or discussions on certain topics.</p> <p>Case study: the student will complete a case study. Guidelines for this assignment will be given during class.</p>	
Policy Statements	<p>Academic Dishonesty: Webster University strives to be a center of academic excellence. As part of our Statement of Ethics, the University strives to preserve academic honor and integrity by repudiating all forms of academic and intellectual dishonesty, including cheating, plagiarism and all other</p>	

	forms of academic dishonesty. Academic Dishonesty is unacceptable and is subject to a disciplinary response. See page 29 of the Webster University 2005-2007 Graduate Catalog for a complete description. The University reserves the right to utilize electronic databases, such as Turnitin.com, to assist faculty and students with their academic work.
Note	This syllabus may be revised at the discretion of the instructor without prior notification or consent of the student.
Attendance	Students are expected to be in class on time and attend all classes. The student must contact the instructor if they are going to miss a class. If a student misses two classes, he/she will be referred to Bruce Appel. Only one quiz can be made up due to an absence or lateness. Late papers or case studies will have 20% of the grade deducted. Points for class participation cannot be made up if a student is absent.
Reading to be completed prior to first meeting	Read Chapters 1-3 in Taffel.

<u>Week</u>	<u>Topic</u>
1	Review of syllabus; Read Chapters 1-3 in Taffel; The biopsychosocial aspects of adolescence; The Teen Brain; Quiz.
2	Read Chapters 4-6 in Taffel; Learning Activity/Quiz.
3	Read Chapters 7-9 in Taffel; Learning Activity/Quiz.
4	Read Chapters 1-3 in Selekman: Practice Skills/Quiz Change Theory Handout
5	Read Chapters 4-6 in Selekman; /Quiz & Practice.
6	Read Chapters 7-9 in Selekman; Quiz; Parent-Teen Contracts, Skills Training Practice
7	All Papers Due / Presentations
8	Presentations Continued
9	Treatment Planning/Case Study; Bring DSM IV TR to class; Complete assignment during class.