

Office Hours

Monday thru Thursday
9:00 a.m.- 9:30 p.m.
Friday 9 a.m.- 2 p.m.
Saturday 8:00 a.m.- Noon

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Dolores Coulter,
Assistant

BSN Program:

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Coordinator

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Irina Leslie, Registrar
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Advisors:

Yvonne Petite
Wally Lovett
Carol Pearce
Bruce Appel, Counseling
Moya Frederickson, MAT
Tandy Gabbert, Nursing

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Sima Tarokh

**Webster's MA Counseling Students
Practice Therapy Skills**



LEFT: Getting ready to practice their counseling skills are (from left): Giovannia Bethel; Lashelle Gray; Gene Chavez, instructor; Thereasa Jones; Jenifer Boyer; Jenell James; and April Smith.

BELOW: (from left) Lashelle Gray and Jenifer Boyer



Listening, conveying empathy, and reframing the focus of the conversation are important skills in developing effective therapeutic relationships. Each student in **COUN 5020 Foundations of Counseling: The Helping Relationship** practices these skills and then produces a 15-minute video to illustrate their mastery.

In addition, students keep a reflective journal to record their personal thoughts so they can learn to recognize their

strengths and capabilities toward becoming counselors.

“Webster counseling students gain practical experience to help them plan their careers,” says instructor Gene Chavez, Ed.D.

Webster's Kansas City metropolitan campus offers two counseling emphasis areas: Professional Mental Health Counseling and Community Counseling. It

satisfies the academic requirements for licensure as a Professional Counselor and for certification by the National Board of Certified Counselors.

Counseling instructors are mental health professionals who provide personal attention and a real-world approach to learning.

With more than 4,000 counseling students and alumni, Webster's counseling program has distinguished itself as a leader in mental health education.

Getting Ready to Graduate

Webster University's 2008 graduation ceremony will take place on Wednesday, May 21, at 7:00 pm in the Rose Theater at Rockhurst High School, 93rd & State Line Road. This ceremony honors our Kansas City campus graduates from July, October, and December, 2007, and from March and May, 2008.

The program will last approximately 90 minutes and a reception in the Rockhurst commons area will follow.

Because of limited seating, graduates are limited to three guests. Tickets may be requested by calling 816-444-1000 before May 2nd. No one will be admitted without a ticket and please, no children under five years of age. Children and other guests are welcome at the reception.

Graduate candidates can order caps and gowns the week of March 17-20, when representatives from Herff Jones Cap & Gown will be in the lobby from

4:30-6:00 pm. Orders can also be placed online at www.herffjones.com/college/graduation.

Graduation attire will be delivered to the Webster administrative office on May 9.

If you are planning to graduate in May, you must submit a petition with your advisor.



Calendar

Mar 15, 2008—Spring 2 term begins—MA/MBA/MS/MAT/MSN/BA/BSN

May 8, 2008—Spring 2 term ends—MAT/MSN/BA/BSN

May 15, 2008—Spring 2 term ends—MA/MBA/MS

May 21, 2008—Commencement

May 31, 2008—Summer term begins—MA/MBA/MS

May 24-26, 2008—Memorial Day Holiday—School and office closed

June 7, 2008—Summer term begins—MAT/MSN/BA/BSN

July 4, 2008—Independence Day—School and office closed

July 31, 2008—Summer term ends—MA/MBA/MS/MAT/MSN/BA/BSN

August 16, 2008—Fall 1 term begins—MA/MBA/MS

August 23, 2008—Fall 1 term begins—MAT/MSN/BA/BSN

August 30-September 1, 2008—Labor Day—School and office closed

October 18, 2008—Fall 1 ends—MA/MBA/MS/MAT/MSN/BA/BSN

Your Comments and Suggestions

Webster welcomes your comments and suggestions! Here are a few recently submitted:

- When will the computers be upgraded?

Good news! The student computers will be upgraded this summer!

- Instructors are awesome. Dr. Chavez rocks!
- Need feedback posted in the newsletter and whether Webster administration is

going to do things to address them.

Here you go!

- Are there scholarships for students at the KC campus?

To find out about Webster's scholarship opportunities visit <http://admissions.webster.edu/admissions/finaid/scholarships.asp>.

For other resources check out the Financial Aid/Scholarship bulletin board on the second floor and the back of this newsletter!

Webster News

Webster.edu/kc: Our new website is now online. We will continue to update the current information and resources. If you encounter problems or find incorrect information, please contact Sima Tarokh, IT Director, tarokh@webster.edu.

Free Seminars: Be sure to pick up our new Professional Seminars brochure now available in the computer areas.

Congratulations Dr. Cottrell!

Carolyn Cottrell, Ph.D., regional director, Kansas City Metropolitan Campus, recently celebrated her 30th anniversary at Webster University. Prior to her position in Kansas City, Dr. Cottrell served as Director of Webster's Downtown campus in St. Louis and was also Assistant Director of the Academic Advising Center and Coordinator for Academic Advising at the home campus. Dr. Cottrell has been an adjunct instructor for Webster since 1974.

Webster President Resigns:

The University community was taken by surprise Feb. 11 by the announcement that **Richard S. Meyers** had resigned his position as University president. He thanked the students, staff, board of trustees and colleagues for their cooperation and support over the last 14 years. Neil George, executive vice president and vice president of Academic Affairs, will serve as interim president through the 2008–09 academic year while a search for a permanent successor is underway.

Alumni News

Webster Kansas City chapter elections are being held on Monday, March 17th at 6:00 pm. Exciting plans are in the works. Please check the Webster.edu/kc website for details!

KC Brigade football game, April
Food 4 Thought, May 5-8
Network Social Mixer, May 16
Graduation Fundraiser, May 21
Kansas City Royals / St. Louis
Cardinals Game, June
Parent /child basketball tournament,
July
Water Park / Family Day, July
Travel fundraiser, September
Golf Tournament, TBD

See the World, Earn Your MBA

Webster University's Global MBA provides full-time graduate students an opportunity to live, learn, and study at Webster's campuses in five international business capitals: Geneva, Leiden, London, Shanghai and Vienna!

Global MBA students complete their degrees entirely overseas in less than one year. Plus, they network with students and faculty at each international campus. All courses are taught in English.

The program costs \$40,000 and includes session tuition, housing, books, and fees. Experienced Global MBA staff can assist with transportation and housing. Grants and financial aid are available.

In addition to the Global MBA program, Webster extends its international opportunities to as many students as possible by:

- enabling study abroad opportunities throughout the Webster network



Webster's Global MBA program gives students the opportunity to experience the global marketplace.

- drawing students from around the world to our US campuses
- providing international internships
- supporting faculty exchange throughout the network
- internationalizing the curriculum

The August 2008 Global MBA cohort is forming now! For more information go to www.webster.edu/globalmba.

Scholarships

The Kansas City Paralegal Association (KCPA) is sponsoring a scholarship for current paralegal studies students. Applications must be postmarked by March 31, 2008. For more information contact Yvonne Petite, Academic Advisor, petitey@webster.edu.

The Kansas City Chapter of Executive Women International (EWI), is offering a \$1,500 scholarship to adults in need of financial assistance to further their education. The deadline for submission is March 20, 2008. For additional information go to www.executivewomen.org. For application information contact Yvonne Petite, Academic Advisor, petitey@webster.edu.

For more scholarship information check out the Financial Aid/Scholarship bulletin board on the second floor.

Volunteer Opportunity

Bridging The Gap, a local nonprofit environmental education organization has several volunteer opportunities this spring: Sat., April 19, EarthWalk/EarthFest Sat., April 26, Arbor Day Tree Planting Sat., May 3, KC WildLands Planting Day Contact Laura O'Brien, 816-561-0161 ext. 109 or lobrien@bridgingthegap.org.

Webster Shots



Theresa Jones, MA Counseling, won a \$25 Webster gift certificate at the New Student Orientation in January.



Dolores Coulter, MAT Department Assistant, created this Webster Gorlok mosaic, now a popular exhibit in Dr. Haas' office!



From the Corner Office

Notes from Dr. Carolyn Cottrell, Regional Director

Happy Spring!

Organizing your notes from the textbook can be part of your spring cleaning. Although most students know how to scan the text for highlights and key points, it is easy to get bogged down when reading for deeper understanding. The SQ3R method is a widely used, highly endorsed process of active reading.

What is SQ3R?

S = Survey. Scan the reading for chapter for what it contains. Look at major headings, charts, graphs, and review questions for an overview of the material.

Q = Question. Go back and write down

questions you have about the subject, and questions you think the material answers. Also, ask yourself what you already know about the content.

3R = Read, Recall, and Review.

Read: Read the information thoroughly. Use a highlighter to note the important material. Or take notes as you read, using the Cornell or 4 R method of taking notes — Record, Reduce, Recall and Review. (See Spring 1, 2008 newsletter)

Recall: Once you have read the material and taken notes (two-columns with details on the right, headings and phrases on the left), cover the right side with your hand

and see what you can remember, using the left side as cues. Say the information aloud, so that you both read and hear the words.

Review: Once a week, go back over your text notes. Another way to review is to have a "study buddy," a classmate with whom you can exchange notes or can discuss the main points of lecture or written material.

An essential tool in the "student survival kit" is the notebook, where savvy students take useful notes, which are possible through active listening and active reading.

Have a wonderful Spring 2!