



Louisville
Master of Arts in Counseling
Mental Health

Student Information Packet

2007-2008

Please note, this information is to assist students in preparing for appropriate State licensure or certification. It is still the student's responsibility to verify current State requirements. All students are strongly advised to carry professional liability insurance which is available through most professional organizations or:

<http://www.acait.com/> or <http://www.nbcc.lockton-ins.com/pl>

State Licensing Agencies

	Indiana	Kentucky
Agency	Indiana Professional Licensing Agency Attn: SW/MFT/MHC Board	Board of Licensed Professional Counselors
Address	402 West Washington, St., Rm. W072	P.O. Box 1360
City, State	Indianapolis, IN 46204	Frankfort, KY 40602
Phone	317-234-2064	502-564-3296, Ext, 226
Fax		502-564-4818
Email	Pla5@pla.in.gov	
Website	www.in.gov/pla/bandc/mhcb	http://finance.ky.gov/bpc



Webster University Counseling Program

Introduction

Counseling is a way of life for some people. A few emerge with natural talents but almost all need professional preparation to improve their effectiveness.

The purpose of Webster University's Counseling Program is to develop people with the skills and experiences who can effectively help others deal with the challenges of life. The Counseling Program may coincidentally help you improve your life but its true purpose is to develop counselors who are effective.

This is not a program for the faint of heart. It is a rigorous process and requires participants to invest a substantial amount of time. The payoffs are great. Licensed counselors can establish private practices, work for health organizations, and fill vital counseling roles throughout our country.

Webster University is a private non-profit university whose roots include its formation by the Sisters of Loretto in 1915. Their mission was to heal, protect, and educate. In particular: **"...we strive to bring the healing spirit ... into our world and commit ourselves to improving the conditions of those who suffer from injustice, oppression, and deprivation of dignity."** It is this commitment that we follow and bring to the educational experience at this campus.

Welcome to our program. Through our counseling program at Webster University, we hope you find the tools you need to do great things.

THE FOLLOWING SECTIONS PROVIDE INFORMATION ABOUT OUR LOUISVILLE COUNSELING PROGRAM. THE FOCUS OF THIS PROGRAM IS ON MENTAL HEALTH COUNSELING. THE COURSEWORK FOLLOWS THE STANDARDS OF THE COUNCIL FOR ACCREDITATION OF COUNSELING AND RELATED EDUCATIONAL PROGRAMS (CACREP) AND PROVIDES STUDENTS WITH THE FORMAL ACADEMIC BACKGROUND THEY NEED TO BECOME A LICENSED MENTAL HEALTH COUNSELOR.



University Admission

Admission to Webster University is a simple process. We do **not** require admission test scores on the GRE or GMAT. However, we do require the following:

- **A baccalaureate degree** from an institution accredited by one of the six regional accrediting agencies.
- **A final official transcript** mailed by your previous college to the Louisville campus.
- **A program planning meeting** with an Academic Advisor at our site.
- **An official application** that can be downloaded from the Internet and/or completed during the initial advising visit.
- **A \$50 application fee** that accompanies the admissions application.

Full acceptance requires an undergraduate G.P.A. of at least 2.5. Students with a G.P.A. between 2.0 and 2.5 may be provisionally accepted. We place the responsibility on the student to demonstrate the ability to do graduate level work. All students must maintain a B or better average to remain in the program. Foreign students must meet the above requirements plus proof of English proficiency and appropriate education, visa, and passport documentation.

Counseling Admissions

The counseling program requires both an academic background in the social sciences and the emotional intelligence and skills needed by counselors.

1. Successful completion of 30 credit hours of behavioral or social science courses such as: sociology, psychology, anthropology, demographics, criminal justice, etc.
2. Completion of five courses with content similar to the following (the courses need not have "PSY" prefixes).

[1.] human growth and development; (i.e. child development, adolescent development, life-span development, human development, adulthood)

[2.] psychology of learning and/or cognition; (i.e. educational psychology, psychology of learning, theories of learning, cognition, cognitive psychology)

[3.] personality theory; (i.e. psychology of personality, theories of counseling, etc.)

[4.] abnormal psychology or psychopathology; (i.e. any course covering the Broad spectrum of pathological behavior. A combination of courses in special education, learning disorders, special education, or assessment may satisfy this pre-requisite)

[5.] social psychology; (i.e. attribution theory, social perception, labeling theory, criminology, or sociology)

3. Applicants lacking the above academic background should provide documentation of experiences and or continuing education units, in-service trainings, etc. covering the content within any of the areas not in transcripts.



4. Applicants may be required to complete additional undergraduate course work before acceptance into the Counseling Program. Applicants should seek pre-approval of this coursework to insure that courses meet program requirements.
5. Submit a 200 word essay explaining why you want to become a counselor. This brief one page single-spaced document should be submitted electronically to Louisville@webster.edu. Title the message "Counseling Essay."
6. Participate in a personal interview with department representatives. This interview is designed to clarify your credentials and motivation.

Counseling Program Guidelines

Insurance ~ All incoming students are required to obtain student liability insurance. Paperwork for ACA insurance is attached to the Student & Advisor's Guide. Proof of insurance will be required for COUN6000 & COUN6500.

Course Sequence ~ COUN6000 is not to be taken until a student has completed the 9 core course requirements. COUN6500, which is only to be taken by those seeking Mental Health Licensure, may only be taken after COUN6000.

Practicum and Field Experience Hours ~ COUN6000, The Practicum Learning Experience, has the requirement of 150 logged hours on site and 75 hours of direct counseling contact. COUN6500, Field Experience, has the requirement of 350 logged hours on site and 125 hours of direct counseling contact.

Practicum Settings ~ COUN6000, The Practicum Learning Experience, is a requirement for those seeking Licensure or School Counseling certification. The setting of COUN6000 has these restrictions: Those seeking Mental Health licensure may work in any counseling setting as long as a licensed person is on site to supervise. Those seeking Marriage and Family licensure must work directly with couples and families and there must be a licensed person on site to supervise. Those seeking School Counseling certification must work in a K-12 school setting under a properly certified School Counselor. COUN6500, Field Experience, is only for those seeking Mental Health licensure.

Practicum and Field Experience Pay ~ COUN6000, The Practicum Learning Experience, is in all ordinary circumstances to be accomplished without pay. COUN6500, Field Experience, has no restriction regarding remuneration.

Counseling Courses as Electives for Other Disciplines ~ Counseling courses may be taken as electives by students in other majors as long as the student fulfills the basic prerequisite requirements for Counseling students.

Non-Degree Seeking Prerequisite ~ Students with advanced degrees in Counseling who are seeking to fulfill State requirements for licensure or certification, may by presentation of their State certified deficiencies, take those courses which they lack.



General Information: Counseling Practicum

1. The Practicum is a type of internship in which the student provides counseling services to live clients in a mental health or school setting under the supervision of a licensed mental health counselor or certified school counselor. A new student should begin immediately exploring the availability and type of Practicum site desired for their long term professional goals, whether School setting, Agency setting, Private practice setting, etc.
2. After preliminary contacts by the student have narrowed the list of possible sites, the student should arrange an interview at an agency in which the student would like to do a Practicum. In this interview, the student should discuss the Practicum requirements with that agency. (NOTE: These requirements/responsibilities are outlined in the document, *COUN 6000 Counseling Learning Practicum, Application & Contract Agreement*, which the student can obtain at the campus. It is the student's responsibility to secure a Practicum site.
3. Once a student and the Practicum Site Supervisor have agreed upon the specifics of a Practicum Proposal, the student must submit copies of the signed Practicum Proposal to the *COUN 6000* Instructor the first class meeting. (NOTE: A Practicum Proposal is not to be accepted unless both the student and the Practicum Site Supervisor sign it.) The Practicum should NOT be the student's ordinary employment.
4. The Practicum Site Supervisor is responsible for providing a student with the individualized supervision consistent with the requirements/responsibilities that are outlined in the *COUN 6000 Counseling Learning Practicum, Application & Contract Agreement*. As also outlined in that document, the student's supervisor is responsible for reporting on the student's performance to the Webster University *COUN 6000* instructor.
5. The Webster University *COUN 6000* Instructor is responsible for establishing evaluation procedures with the Practicum Site Supervisor. These procedures may include weekly or periodic updates on the student's performance, site visits, etc. Although the Webster University Instructor of Record determines a final grade, the Practicum Site Supervisor is required to provide a formal letter of evaluation of the student at the completion of the practicum. The student will also receive liability insurance through Webster University that will partially cover the student's work, but only during the dates of the Practicum contract. The supervisor and agency will share in this coverage.
6. Since the *COUN 6000 Counseling Learning Practicum* courses require many hours, the student may need to have the Practicum experience last for more than the normal nine-week term. The Webster *COUN 6000* Instructor will work out an arrangement with the student for completing the course after the term ends.
7. The direct supervision of a student's Practicum must comply with state licensure requirements for the type of license or certification that is sought. More specifically, a Mental Health Practicum Site Supervisor should possess credentials approved by the state licensure committee; LCCP, LMFT, LCSW, Licensed Psychologist, or Board Certified Psychiatrist and a School Site Supervisor should possess State Guidance Certification.

MA Degree Enrollment Agreement

CACREP equivalent Mental Health License Track requires 20 Courses (60 Semester hours)

	60 hr CACREP equivalent Mental Health Counseling Required Core Subject Area Courses:	Term Scheduled	Term Completed
1.	COUN 5000 Theories of Personality		
2.	COUN 5020 Foundations of Counseling: The Helping Relationship		
3.	COUN 5050 Human Growth and Development		
4.	COUN 5100 Social and Cultural Foundations of Counseling		
5.	COUN 5140 Psychopharmacology		
6.	COUN 5150 Psychopathology		
7.	COUN 5200 Theories of Counseling		
8.	COUN 5220 Assessment		
9.	COUN 5230 Psychodiagnostics		
10.	COUN 5600 Techniques of Group Counseling		
11.	COUN 5630 Substance Abuse Counseling		
12.	COUN 5700 Lifestyle and Career Development		
13.	COUN 5800 Professional Orientation and Ethics		
14.	COUN 5850 Research and Evaluation		
15.	COUN 6000 Counseling Learning Practicum (100 hours)		
16.	COUN 6500 Internship (300 hours)		
17.	COUN 6500 Internship (300 hours)		
18.	COUN 6500 Internship (300 hours)		
19.	Elective		
20.	Elective		

Signature on this form does not denote commitment for application or registration. This form is to be used as a guide; students planning their program should contact an advisor. It is the student's responsibility to meet the program requirements. If a student does not enroll for 5 consecutive terms, a new enrollment form must be completed based on new catalog requirement

ADVISOR _____ SIGNATURE _____ STUDENT _____ SIGNATURE _____ DATE _____



WEBSTER UNIVERSITY – COUNSELING COURSE MATRIX

60 hr CACREP equivalent Mental Health Counseling Required Core Subject Area Courses:	FA 1 07	FA 2 07	SP 1 08	SP 2 08	SU 08	FA 1 08	FA 2 08	SP 1 09	SP 2 09	SU 09	FA 1 09	FA 2 09	SP 1 10	SP 2 10	SU 10
COUN 5000 Theories of Personality		X		X			X		X			X			
COUN 5020 Foundations of Counseling: The Helping Relationship	X		X			X		X			X		X		
COUN 5050 Human Growth and Development	X		X			X		X			X		X		
COUN 5100 Social and Cultural Foundations of Counseling		X		X			X		X			X		X	
COUN 5140 Psychopharmacology					X					X					X
COUN 5150 Psychopathology				X					X					X	
COUN 5200 Theories of Counseling			X					X					X		
COUN 5220 Assessment				X					X					X	
COUN 5230 Psychodiagnostics						X					X				
COUN 5600 Techniques of Group Counseling					X					X					X
COUN 5630 Substance Abuse Counseling								X					X		
COUN 5700 Lifestyle and Career Development							X					X			
COUN 5800 Professional Orientation and Ethics						X					X				
COUN 5850 Research and Evaluation							X					X			
COUN 6000 Counseling Learning Practicum (100 hours)										X	X	X	X	X	X
COUN 6500 Internship (300 hours)											X	X	X	X	X
COUN 6500 Internship (300 hours)											X	X	X	X	X
COUN 6500 Internship (300 hours)											X	X	X	X	X
Electives															
COUN 5610 Techniques of Counseling			X					X					X		
COUN 5620 Techniques of Crisis Intervention								X					X		

The following summaries are provided for student use. Standards may change so students are encouraged to directly monitor state requirements to ensure that they meet all licensing requirements.

Indiana Licensing Requirements (LMHC)

To obtain the latest copy of the statutes, go to www.in.gov/pla/bandc/mhcb/statruls.html.

1. Complete a 60-hour Master's degree in mental health counseling.
2. Provide proof that you completed 1,000 hours of supervised field experience to include at least 100 hours of practicum, 600 hours of internship, and 300 hours of advanced internship
3. Complete the National Clinical Mental Health Counseling Examination & send results.
4. Provide evidence that you obtained 3,000 hours of supervised clinical experience after you completed your graduate education (after 21 months and before 48 months).
5. Document that you completed 100 hours of post-graduate face to face supervision with a licensed mental health counselor, psychiatrist, or doctoral-level psychologist.

Kentucky Licensing Requirements (LPCC)

License requirements: <http://finance.ky.gov/ourcabinet/caboff/OAS/op/procoun/>

1. Complete a 60-hour Master's degree in mental health counseling.
2. Provide proof that you have completed 400 hours of supervised field experience (practicum or internship) under the guidance of a qualified university faculty member.
3. Complete a national standardized examination as identified by the Licensure Board.
4. Complete 4,000 hours of supervised clinical experience after you have completed your graduate education. It should include a minimum of 1,600 hours in direct counseling, 100 hours face to face supervision with a licensed mental health counselor, and 10 hours of direct counseling experience in a correctional setting.
5. Persons who have completed their academic program and 400 hours of supervised practice and have a Board approved "Supervisor of Record" can be licensed as a Professional Counselor Associate. They must complete the experience hours and a Board exam for the Licensed Professional Clinical Counselor designation.