

Course	COUN 5200 Theories of Counseling
Term	Fall 2, 2009, Tuesday, Ocala
Instructor	Name: Nicki Nance Phone: 352-302-7872 Email: nikbud@earthlink.net
Catalog Description	COUN 5200: Theories of Counseling this course examines the application of basic theories, principles, and techniques of counseling employed in the field of mental health. A major focus will be on the application of the theories and methods used in individual, group and family counseling
Course Level Outcome Objectives	<i>Upon successful completion of this course students will be able to:</i> <ol style="list-style-type: none"> 1. Conceptualize the historical overview of counseling and counseling theories, as well as the status in contemporary human services 2. Understand counseling theories and techniques covered in class to the extent that conceptualization, selection of appropriate interventions, etc. can be demonstrated. 3. Differentiate between cognitive, affective and behavioral theories 4. Articulate a personal model of counseling 5. Apply elements of major theories of counseling and related research concerning their effectiveness in counseling services
Materials	Required: Corey, G <u>Theory and Practice of Counseling, and Psychotherapy</u> , 7 th edition, Thomson, ISBN 0534-536050. Halbur, D and Halbur, K., <u>Developing your theoretical orientation</u> , Pearson, ISBN 020539677-1 Articles as assigned and provided on WebCT Supplemental Reading: Roth, A and Fonagy, P., <u>What Works for Whom: A Critical Review of Psychotherapy Research</u> ; 2 nd edition, Guilford Press; ISBN 1-57230-650-5 Original works of theorists including but not limited to Freud, Jung, Adler, Perls, Frankl, Rogers, Yalom, Berne, Erikson, Satir, Beck, Meichenbaum, Ellis, Horney, Haley, Lazarus

Grading	<p>A 93-100 A- 90-92 B+ 88-89 B 83-87 B- 80-82 C 79 and less</p> <p><i>*You can receive a status report on your grades at any time via email</i></p> <table border="0"> <thead> <tr> <th style="text-align: left;">Assignment</th> <th style="text-align: right;">Point Value</th> </tr> </thead> <tbody> <tr> <td>Basic Concepts Tests 3@10</td> <td style="text-align: right;">30 points</td> </tr> <tr> <td>WebCT postings 3@5</td> <td style="text-align: right;">15 points</td> </tr> <tr> <td>Application Cases 2@5</td> <td style="text-align: right;">10 points</td> </tr> <tr> <td>Personal Operating Theory</td> <td style="text-align: right;">15 points</td> </tr> <tr> <td>Participation in simulations and discussions.</td> <td style="text-align: right;">10 points</td> </tr> <tr> <td>Applied Final Examination</td> <td style="text-align: right;">20 points</td> </tr> </tbody> </table>	Assignment	Point Value	Basic Concepts Tests 3@10	30 points	WebCT postings 3@5	15 points	Application Cases 2@5	10 points	Personal Operating Theory	15 points	Participation in simulations and discussions.	10 points	Applied Final Examination	20 points
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Activities	<p>You are responsible for knowing how to utilize the Webster Library, Blackboard and Internet</p> <ol style="list-style-type: none"> 1. Class participation includes in-class completion of inventories related to specific theories, simulations and treatment planning, WebCT chats and reviews, if applicable 2. WebCT postings: Respond to the discussion as posted each week. Discussion will be graded for thoughtfulness, attention to the postings of others, clarity of ideas 3. Teams or individuals will compare and contrast theories/techniques from a specific orientation (Psychoanalytic, Existential, Cognitive, Behavioral) 4. Personal Operating Theory: Submit a detailed description of student's developing theory including but not limited to a.) personal qualities that make it appropriate; b.) five references, three of which must be from original works of theorists studied; c.) placement Theory Concept Map 														
Policy Statements: University Policies	<p>University policies are provided in the current course catalog and course schedules. They are also available on the university website. This class is governed by the university's published policies. The following policies are of particular interest:</p> <p>Academic Honesty The university is committed to high standards of academic honesty. Students will be held responsible for violations of these standards. Please refer to the university's academic honesty policies for a definition of academic dishonesty and potential disciplinary actions associated with it.</p> <p>Drops and Withdrawals Please be aware that, should you choose to drop or withdraw from this course, the date on which you notify the university of your decision will determine the amount of tuition refund you receive.</p>														

	<p>Please refer to the university policies on drops and withdrawals (published elsewhere) to find out what the deadlines are for dropping a course with a full refund and for withdrawing from a course with a partial refund.</p> <p>Special Services If you have registered as a student with a documented disability and are entitled to classroom or testing accommodations, please inform the instructor at the beginning of the course of the accommodations you will require in this class so that these can be provided.</p> <p>Disturbances Since every student is entitled to full participation in class without interruption, disruption of class by inconsiderate behavior is not acceptable. Students are expected to treat the instructor and other students with dignity and respect, especially in cases where a diversity of opinion arises. Students who engage in disruptive behavior are subject to disciplinary action, including removal from the course.</p>															
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	<p>Class #5 Nov 17 Test #2; Adler, Ellis, Beginning of Cognitive Therapies; Socratic Questions</p> <p>Class #6 Nov 24 Strategic Therapy; Eriksonian Therapy; Postmodern Approaches and Narrative Therapy; Core transformation</p> <p>Class #7 Dec 1 Test #3: Family Systems Theory; Feminist Theory;</p> <p>Class #8 Dec 8 Integrative Theory; Client Theory of Change; Personal Theory Critiques</p> <p>Class #9 Dec 15 Applied Final Examination;</p>	<p>Read Chapters 5, 10 in Corey; Web Discussion #2 due</p> <p>Read Chapter 13 in Corey; Application Case #2</p> <p>Read Chapters 12-16 Web Discussion #3</p> <p>Present Personal Theory Draft for Critique</p> <p>Personal Theory Due</p>
<p>Additional Information</p>	<p>Course Requirements:</p> <p><u>Course Attendance:</u> The University reserves the right to drop students who do not attend class the first two weeks of the term/semester. Students are expected to attend all class sessions of every course. In the case of unavoidable absence, the student must contact the instructor. The student is subject to appropriate academic penalty for incomplete or unacceptable makeup work, or for excessive or unexcused absences.</p> <p><u>Conduct:</u> Students enrolling in a degree program at Webster University assume the obligation of conducting themselves in a manner compatible with the University's function as an education institution. Misconduct for which students are subject to discipline may be divided into the following categories:</p> <ol style="list-style-type: none"> 1. All forms of dishonesty, cheating, plagiarism, or knowingly furnishing false information to the University. 2. Obstruction or disruption of teaching, research, administration, disciplinary procedures, or other University activities or of other authorized activities on University premises. 3. Classroom disruption. Behavior occurring within the academic arena, including but not limited to classroom disruption or obstruction of teaching, is within the jurisdiction of Academic Affairs. In case of alleged campus and/or classroom disruption or obstruction, a faculty member and/or administrator may take immediate action to restore 	

order and/or to prevent further disruption (e.g. removal of student[s] from class or other setting). Faculty members have original jurisdiction to address the immediacy of a situation, as they deem appropriate. When necessary and appropriate, Public Safety and/or the local [or military] police may be contacted to assist with restoring peace and order. Faculty response is forwarded to the academic dean (or his or her designee) for review and, if necessary, further action. Further action might include permanent removal from the course. Repeated offenses could lead to removal from the program and/or the University.

4. Theft of or damage to property of the University. Students who cheat or plagiarize may receive a failing grade for the course in which the cheating or plagiarism took place.

Students who engage in any of the above misconducts may be subject to dismissal from the University on careful consideration by the executive vice president of the University or his designee. To the extent that penalties for any of these misconducts (e.g. theft or destruction of property) are prescribed by law, the University will consider appropriate action under such laws.

Students are subject to the Student Code of Conduct and Judicial Procedure described in the Online Student Handbook.

Course Contact Hours:

Unless a course has enrolled fewer than four students, faculty have a contractual obligation to meet the full complement of contact/meeting hours (32 for undergraduate courses; 36 for graduate courses). Not to meet this full complement of hours may be construed as a breach of contract and may also endanger Webster University's accreditation by The Higher Learning Commission, a commission of the North Central Association of Colleges and Schools, and its licensure by the State of Florida. Finally, course meetings which are missed for any reason must be made up.

DETERMINATION OF GRADES IS BASED THE FOLLOWING CRITERIA:

Minimum Requirements:

Products (papers, case studies, projects) must be on time, in the correct format, corrected for spelling and grammar, appropriate materials included and referenced to-the-point and on topic and conclusions must be supported.

Examinations must be complete, accurate, neat, evidence clear thought, and exhibit concise and to-the-point responses.

Behavior in class discussions and group activities should be responsible, should exhibit open communication, be constructive, and helpful.

Mastery Level (Grade of “B”): *Professional Achievement*

Products must meet the requirements stated above for minimum requirements and additionally meet professional criteria. For example, documentation should be included to support research papers, the APA format should be used consistently throughout the paper, and substantially more than the minimum number of references should be included. Presentations should be logical, organized, and comprehensive.

Examinations should be organized, in depth, comprehensive, logical and complete, and evidence thorough understanding of the subject /topic through application of principles.

Classroom behavior should exhibit very focused activity and thought on the subject at hand, be motivated, and assist in discovery of new insights and relationships concerning the subject/topic of discussion.

Mastery Level Plus (Grade of “A”): *Creative Achievement*

Products must meet all requirements stated above and additionally meet creative criteria. These criteria include unique topic or subject selection, synthesis of ideas, evaluation of subject matter and positions found in the literature, be creative in approach, establish new relationships with ideas and provide new insights.

Examination responses indicate insightfulness of understanding, a synthesis of information and unique ideas, and rationale for application of principles following careful analysis.

Classroom behavior should exhibit very focused activity and thought on the subject at hand, be motivated, and assist in discovery of new insights and relationships concerning the subject/topic of discussion.

The grade of “A” represents the best work of students, accomplished in a unique and professional manner.

Note:

To achieve the objectives of this course, this syllabus may be revised at the discretion of the instructor without prior notification or consent of the student.

For Webster University policies and procedures, please refer to the Catalog and Student Handbook.

Reviewed by: Nicki Nance

Job Title: Faculty Coordinator

Date: 8/31/09