



The Graduate Counseling Program  
Course Syllabus

Brooks City Base, TX

<b>Course</b>	COUN 5050 BK Human Growth and Development
<b>Term, Day, Time</b>	Fall II, 2009 Thursdays, 6:00 to 10:00PM
<b>Instructor</b>	Name: Helen Stensrud, MA, LPC Phone: (210) 593-9725, ext 3 Email: <a href="mailto:helenstensrud72@webster.edu">helenstensrud72@webster.edu</a>
<b>Catalog Description</b>	<b>COUN 5050: Human Growth and Development:</b> The student examines the nature and needs of individuals at all developmental levels. Emphasis is placed on psychological, sociological, and physiological approaches. Included are such areas as human behavior (normal and abnormal), personality development, family relations/development, and life cycle issues.
<b>Course Level Outcome Objectives</b>	<i>Upon successful completion of this course students will be able to:</i> 1. Describe the major theories of individual and family development across the lifespan. 2. Demonstrate knowledge of learning theories and personality development and their implications for the counseling setting 3. Demonstrate an understanding of the ways in which human behavior both normal and abnormal is affected by developmental crises, disability exceptional or addictive behavior, and situational factors. 4. Demonstrate strategies for facilitating optimum development over the life span.
<b>Materials</b>	Title: <i>Life-Span Human Development</i> , 6 <sup>th</sup> edition Authors: Carol K. Sigelman and Elizabeth A. Rider Publisher: Wadsworth Publishing Company ISBN 10: 0-495-50616-8
<b>Grading</b>	Course Project 25% Tests (4) 50% Assignments 25%  The Graduate catalogue provides these guidelines and grading option: Grades in the program are A, A-, B, B-, C, F, CR, I, ZF, and W A/A- Superior graduate work B+/B/B- Satisfactory graduate work C Marginal work F Unsatisfactory work CR Credit given for practica/internships I Incomplete work ZF Permanent grade for unfinished incomplete grade which treated as an F W Withdrawn from the course

<p><b>Activities</b></p>	<p>A variety of instructional methodologies will be used to the meet course level learning outcomes. Each class will include a lecture, class discussion, experiential exercises and practical applications of the course content.</p> <p>Each student will be given the opportunity to complete a course project related to human growth and development. This project will be fully explained during the first class session. On the second night of class, students will submit in writing the topic name and type of project they will complete.</p> <p>Students will take four examinations covering textbook and lecture materials.</p> <p>Class attendance and participation is essential since many important learning opportunities will be provided through experiential group assignments and exercises. Students are expected to read the weeks assigned chapters prior to class and be able to participate in class discussion. If the student misses a class for any reason, make up work will be assigned, which the student will have two weeks to complete.</p>
<p><b>Policy Statements: University Policies</b></p>	<p>University policies are provided in the current course catalog and course schedules. They are also available on the university website. This class is governed by the university's published policies. The following policies are of particular interest:</p> <p><b>Academic Honesty</b>  The university is committed to high standards of academic honesty. Students will be held responsible for violations of these standards. Please refer to the university's academic honesty policies for a definition of academic dishonesty and potential disciplinary actions associated with it.</p> <p><b>Drops and Withdrawals</b>  Please be aware that, should you choose to drop or withdraw from this course, the date on which you notify the university of your decision will determine the amount of tuition refund you receive. Please refer to the university policies on drops and withdrawals in the Graduate Studies Catalogue to find out what the deadlines are for dropping a course with a full refund and for withdrawing from a course with a partial refund.</p> <p><b>Special Services</b>  If you have registered as a student with a documented disability and are entitled to classroom or testing accommodations, please inform the instructor at the beginning of the course of the accommodations you will require in this class so that these can be provided.</p> <p><b>Disturbances</b>  Since every student is entitled to full participation in class without interruption, disruption of class by inconsiderate behavior is not acceptable. Students are expected to treat the instructor and other students with dignity and respect, especially in cases where a diversity of opinion arises. Students who engage in disruptive behavior are subject to disciplinary action, including removal from the course.</p>

<b>Course Policies</b>	None
<b>Weekly Schedule</b>	<p><b>Pre-Assignment for Week 1:</b>  Read Chapter 1  <i><b>Week 1 Activities:</b></i></p> <ul style="list-style-type: none"> <li>● Course Introduction</li> <li>● Explanation of Course Project</li> <li>● Understanding Life-Span Human Development (Chapter 1)</li> </ul> <p><b>Assignment for Week 2:</b>  Read Chapter 2  Select Course Project</p> <p><i><b>Week 2 Activities:</b></i></p> <ul style="list-style-type: none"> <li>● Course Project Selection</li> <li>● Theories of Human Development (Chapter 2)</li> <li>● Review for Test I (Chapters 1 &amp; 2)</li> </ul> <p><b>Assignment for Week 3:</b>  Prepare for Test 1 (Chapters 1 &amp; 2)  Read Chapters 4 (p. 105-121) &amp; Chapter 5</p> <p><i><b>Week 3 Activities:</b></i></p> <ul style="list-style-type: none"> <li>● Test 1 (Chapters 1 &amp; 2)</li> <li>● Prenatal Development and Birth (Chapter 4)</li> <li>● Health and Physical Development (Chapter 5)</li> </ul> <p><b>Assignment for Week 4:</b>  Read Chapters 7 &amp; 9</p> <p><i><b>Week 4 Activities:</b></i></p> <ul style="list-style-type: none"> <li>● Cognition (Chapter 7)</li> <li>● Intelligence and Creativity (Chapter 9)</li> <li>● Review for Test 2 (Chapter 4, 5, 7, 9)</li> </ul> <p><b>Assignment for Week 5:</b>  Prepare for Test 2 (Chapters 4, 5, 7, 9)  Read Chapter 11</p> <p><i><b>Week 5 Activities:</b></i></p> <ul style="list-style-type: none"> <li>● Test 2 (Chapters 4, 5, 7, 9)</li> <li>● Self and Personality (Chapter 11)</li> </ul> <p><b>Assignment for Week 6:</b>  Read Chapters 14 &amp; 15</p> <p><i><b>Week 6 Activities:</b></i></p> <ul style="list-style-type: none"> <li>● Attachment and Social Relationships (Chapter 14)</li> <li>● The Family (Chapter 15)</li> <li>● Review for Test 3 (Chapters 11, 14, 15)</li> </ul> <p><b>Assignment for Week 7:</b></p>

	<p>Read Chapters 12 &amp; 13 Prepare for Test 3 (Chapters 11, 14, 15)</p> <p><b>Week 7 Activities:</b></p> <ul style="list-style-type: none"> <li>● Test 3 (Chapters 11, 14, 15)</li> <li>● Gender Roles and Sexuality (Chapter 12)</li> <li>● Social Cognition and Moral Development (Chapter 13)</li> </ul> <p><b>Assignment for Week 8:</b> Read Chapter 17</p> <p><b>Week 8 Activities:</b></p> <ul style="list-style-type: none"> <li>● The Final Challenge: Death and Dying (Chapter 17)</li> <li>● Review for Test 4 (Chapters 12, 13, 17)</li> </ul> <p><b>Assignment for Week 9:</b> Complete Course Project Prepare for test 4 (Chapters 12, 13, 17)</p> <p><b>Week 9 Activities</b></p> <ul style="list-style-type: none"> <li>● Course Project Due</li> <li>● Test 4 (Chapters 12, 13, 17)</li> <li>● Wrap up: Discussion and Questions</li> </ul>
<p><b>Additional Information</b></p>	<p><b>Course Requirements:</b></p> <p><b><u>Course Attendance:</u></b> The University reserves the right to drop students who do not attend class the first two weeks of the term/semester. Students are expected to attend all class sessions of every course. In the case of unavoidable absence, the student must contact the instructor. The student is subject to appropriate academic penalty for incomplete or unacceptable makeup work, or for excessive or unexcused absences.</p> <p><b><u>Conduct:</u></b> Students enrolling in a degree program at Webster University assume the obligation of conducting themselves in a manner compatible with the University's function as an education institution. Misconduct for which students are subject to discipline may be divided into the following categories:</p> <ol style="list-style-type: none"> <li>1. All forms of dishonesty, cheating, plagiarism, or knowingly furnishing false information to the University.</li> <li>2. Obstruction or disruption of teaching, research, administration, disciplinary procedures, or other University activities or of other authorized activities on University premises.</li> <li>3. Classroom disruption. Behavior occurring within the academic arena, including but not limited to classroom disruption or obstruction of teaching, is within the jurisdiction of Academic Affairs. In case of alleged campus and/or classroom disruption or obstruction, a faculty member and/or administrator may take immediate action to restore order and/or to prevent further disruption (e.g. removal of student[s] from class or other setting). Faculty members have original jurisdiction to address the immediacy of a situation, as they deem appropriate. When necessary and appropriate, Public Safety and/or the local [or military] police may be contacted to assist with restoring peace and order. Faculty response is forwarded to the academic</li> </ol>

dean (or his or her designee) for review and, if necessary, further action. Further action might include permanent removal from the course. Repeated offenses could lead to removal from the program and/or the University.

4. Theft of or damage to property of the University. Students who cheat or plagiarize may receive a failing grade for the course in which the cheating or plagiarism took place.

Students who engage in any of the above misconducts may be subject to dismissal from the University on careful consideration by the executive vice president of the University or his designee. To the extent that penalties for any of these misconducts (e.g. theft or destruction of property) are prescribed by law, the University will consider appropriate action under such laws.

Students are subject to the Student Code of Conduct and Judicial Procedure described in the Online Student Handbook.

**Course Contact Hours:**

Unless a course has enrolled fewer than four students, faculty has a contractual obligation to meet the full complement of contact/meeting hours (36 for graduate courses). Not to meet this full complement of hours may be construed as a breach of contract and may also endanger Webster University's accreditation by The Higher Learning Commission, a commission of the North Central Association of Colleges and Schools, and its licensure by the State. Finally, course meetings which are missed for any reason must be made up.

**Contact Hours for this Course**

It is essential that all classes meet for the full instructional time as scheduled. A class cannot be shortened in length. If a class session is cancelled for any reason, it must be rescheduled.

**Determination of Grades is Based On the Following Criteria:**

**Minimum Requirements:**

Products (papers, case studies, projects) must be on time, in the correct format, corrected for spelling and grammar, appropriate materials included and referenced to-the-point and on topic and conclusions must be supported.

Examinations must be complete, accurate, neat, evidence clear thought, and exhibit concise and to-the-point responses.

Behavior in class discussions and group activities should be responsible, should exhibit open communication, be constructive, and helpful.

**Mastery Level (Grade of "B"): *Professional Achievement***

Products must meet the requirements stated above for minimum requirements and additionally meet professional criteria. For example, documentation should be included to support research papers, the APA format should be used consistently

throughout the paper, and substantially more than the minimum number of references should be included. Presentations should be logical, organized, and comprehensive.

Examinations should be organized, in depth, comprehensive, logical and complete, and evidence thorough understanding of the subject /topic through application of principles.

Classroom behavior should exhibit very focused activity and thought on the subject at hand, be motivated, and assist in discovery of new insights and relationships concerning the subject/topic of discussion.

Mastery Level Plus (Grade of “A”): *Creative Achievement*

Products must meet all requirements stated above and additionally meet creative criteria. These criteria include unique topic or subject selection, synthesis of ideas, evaluation of subject matter and positions found in the literature, be creative in approach, establish new relationships with ideas and provide new insights.

Examination responses indicate insightfulness of understanding, a synthesis of information and unique ideas, and rationale for application of principles following careful analysis.

Classroom behavior should exhibit very focused activity and thought on the subject at hand, be motivated, and assist in discovery of new insights and relationships concerning the subject/topic of discussion.

The grade of “A” represents the best work of students, accomplished in a unique and professional manner.

**Note:**

To achieve the objectives of this course, this syllabus may be revised at the discretion of the instructor without prior notification or consent of the student.

**Student Assignments Retained**

From time to time, student assignments or projects will be retained by the department for the purpose of academic assessment. In every case, should the assignment or project be shared outside the academic department, the student's name and all identifying information about that student will be redacted from the assignment or project.

For Webster University policies and procedures, please refer to the Catalog and Student Handbook. If you have a documented disability as described in Section 504 of the 1973 Rehabilitation Act of the Americans with Disability Act (ADA), you can contact our Academic Resource Center (ARC) at [www.webster.edu/acadaffairs/asp/arc.htm](http://www.webster.edu/acadaffairs/asp/arc.htm), or call 800-981-9801, ext. 7620 to make arrangements for services. Also, please notify your site administrator if you are attending an extended campus.

	<p>Reviewed by: _____</p> <p>Job Title: _____</p> <p>Date: _____</p>
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