



## The Graduate Counseling Program

Course Syllabus  
Lackland AFB, Texas

<b>Course</b>	<b>COUN 5020-LC Foundations of Counseling</b>
<b>Term, Day, Time</b>	Spring 1, 2010 Thursday 6-10 p.m.
<b>Instructor</b>	Name: Richard Canada, Ed.D. Phone: 830-620-7142 Email: <a href="mailto:richardcanada45@webster.edu">richardcanada45@webster.edu</a>
<b>Catalog Description</b>	<b>COUN 5020: Foundations: The Helping Relationship:</b> this course examines the philosophic bases of counseling and the helping relationship focusing on the foundational concepts necessary for working with individuals, groups, and families. Attention is given to the development of professional identity and client relationships.
<b>Course Level Learning Outcomes</b>	<b><i>Upon successful completion of this course students will be able to:</i></b> 1. Demonstrate knowledge of the history of the counseling profession, its organizational structure, credentialing processes and memberships. 2. Articulate the personal qualities and characteristics of effective counselors. 3. Demonstrate interviewing and counseling skills which facilitate the therapeutic relationship including goals, intervention, termination, and appropriate boundaries. 4. Understand serving clients from a variety of settings such as schools, community settings, and agencies.
<b>Materials</b>	Title: <i>Counseling: A Comprehensive Profession, 6th edition</i> Author: Samuel T. Gladding (2009) Publisher: Prentice Hall ISBN-10: 0132434563  Title: <i>The Counseling Dictionary, 2<sup>nd</sup> edition</i> Author: Samuel T. Gladding, (2006), Publisher: Prentice Hall ISBN-10: 0131707728  Title: <i>Publication Manual of the American Psychological Association, 6<sup>th</sup> edition</i> Publisher: American Psychological Association ISBN-10: 433805618

<p><b>Grading</b></p>	<table border="0"> <tr> <td>a. Interview of a mental health professional</td> <td>25%</td> </tr> <tr> <td>b. Mid-term exam</td> <td>30%</td> </tr> <tr> <td>c. Final exam</td> <td>30%</td> </tr> <tr> <td>d. Presentation of the interview</td> <td>5%</td> </tr> <tr> <td>e. Student attendance and participation</td> <td>10%</td> </tr> </table> <ul style="list-style-type: none"> <li>• Two exams will be given following major learning blocks of materials covered (60%)</li> <li>• Write an 8-10 page comprehensive interview of a mental health professional in the field. Questions related to the interview will be discussed in the first class period. Students will provide a comprehensive written narrative of the interview and present it in class (25%)</li> <li>• Student are required to give a presentation of the interview in class (5%)</li> <li>• Attendance and Participation (10%)</li> </ul> <p>Grading Criteria: A 91-100, B 81-90, C 71-80, F 70 or below</p>	a. Interview of a mental health professional	25%	b. Mid-term exam	30%	c. Final exam	30%	d. Presentation of the interview	5%	e. Student attendance and participation	10%
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<p><b>Activities</b></p>	<p>Students are required to use the <b>Webster Internet Tools</b>, to include: <b>Passport</b> for library research, <b>Connection</b> for class communication, and the Webster assigned <b>e-mail</b> account.</p> <p>Instructor will lecture and lead discussions for each topic presented in the course syllabus. A variety of teaching strategies will be employed to enhance the learning process, including role-play, focus group activities, and case studies. Case studies will be done in class and are designed to help students apply counseling concepts to specific situations. Students will be given the opportunity to practice some of the counseling strategies covered in the text materials. All papers (outline and research paper) must be written according to the guidelines in the APA Manual for Publications. <b>Students are asked/encouraged to keep a personal journal of their professional growth and development during the semester.</b></p>										
<p><b>Policy Statements: University Policies</b></p>	<p>University policies are provided in the current course catalog and course schedules. They are also available on the university website. This class is governed by the university's published policies. The following policies are of particular interest:</p> <p><b>Academic Honesty</b> The university is committed to high standards of academic honesty. Students will be held responsible for violations of these standards. Please refer to the university's academic honesty policies for a definition of academic dishonesty and potential disciplinary actions associated with it.</p> <p><b>Drops and Withdrawals</b> Please be aware that, should you choose to drop or withdraw from this course, the date on which you notify the university of your decision will</p>										

	<p>determine the amount of tuition refund you receive. Please refer to the university policies on drops and withdrawals (published elsewhere) to find out what the deadlines are for dropping a course with a full refund and for withdrawing from a course with a partial refund.</p> <p><b>Special Services</b> If you have registered as a student with a documented disability and are entitled to classroom or testing accommodations, please inform the instructor at the beginning of the course of the accommodations you will require in this class so that these can be provided.</p> <p><b>Disturbances</b> Since every student is entitled to full participation in class without interruption, disruption of class by inconsiderate behavior is not acceptable. Students are expected to treat the instructor and other students with dignity and respect, especially in cases where a diversity of opinion arises. Students who engage in disruptive behavior are subject to disciplinary action, including removal from the course.</p>	
<b>Course Policies</b>	<p><b>Students are required to attend all class sessions.</b> In the event that the student is unable to attend class, the student must notify the instructor either telephonically or by e-mail prior to class, unless this is not possible due to emergency situations. Excessive student absences will result in a lower grade.</p> <p><b>Make-up work for missed classes:</b> Students who miss class are required to turn in chapter outlines for each chapter missed, as well as answer the questions at the end of each chapter. Students should spend at least 4 hours of work on missed material, in addition to the regular required reading and writing assignments.</p> <p><b>Classes begin at 6 PM and commence at 10 PM.</b> Students are required to be on time and prepared to stay for the entire class session.</p> <p><b>Any holidays that fall on a class date will have to be made up before the end of the semester.</b></p>	
<b>Weekly Schedule</b>	<b>Week 1</b>	<p><b>Assignment Prior to Week !:</b> Read Text, Chapters 1, 2</p> <p><b>Topics</b> History of and Trends in Counseling Personal and Professional Aspects of Counseling</p> <p><b>Assignment for Week 2</b> Read Text, Chapters 3, 4</p>
	<b>Week 2</b>	<p><b>Topics:</b> Ethical and Legal Aspects of Counseling. Counseling in a Multicultural and Diverse Society</p> <p><b>Assignment for Week 3:</b> Read Text, Chapters 5, 6</p>

	<p><b>Week 3</b></p> <p><b>Topics:</b>  Building a Counseling Relationship  Working in a Counseling Relationship</p> <p><b>Review Exam</b></p> <p><b>Assignment for Week 4:</b>  Review Text, chapters 1-6  Prepare for Mid-term Exam  Read Text, Chapter 7</p>
	<p><b>Week 4</b></p> <p><b>Topics:</b></p> <p><b>Exam: Chapters 1-6</b></p> <p>Termination of Counseling Relationships</p> <p><b>Assignment for Week 5:</b>  Read Text, Chapters 8, 9</p>
	<p><b>Week 5</b></p> <p><b>Topics:</b>  Psychoanalytic, Adlerian, and Humanistic Theories  Behavioral, Cognitive, Systemic, Brief, and Crisis Theories of Counseling</p> <p><b>Assignment for Week 6:</b>  Read Text, Chapters 10, 14</p>
	<p><b>Week 6</b></p> <p><b>Topics:</b>  Groups in Counseling  Career Counseling over the Life Span</p> <p><b>Assignment for Week 7:</b>  Read Text, Chapters 15, 16</p>
	<p><b>Week 7</b></p> <p><b>Topics:</b>  Marriage and Family Counseling  Elementary, Middle, and Secondary School Counseling</p> <p><b>Assignment for Week 8:</b>  Read Text, Chapters 17, 18</p>
	<p><b>Week 8</b></p> <p><b>Topics:</b>  College Counseling and Student-Life Services  Substance Abuse and Disability Counseling  Review Exam</p> <p><b>Assignment for Week 9:</b>  Review Text, Chapters 7-10, 14-18  Prepare for Final Exam</p>
	<p><b>Week 9</b></p> <p><b>Topics:</b>  Final Exam: Chap 7-10; 14-18  Course summary and wrap-up</p>
<b>Additional Information</b>	<p><b>Course Requirements:</b></p> <p><b>Course Attendance:</b>  The University reserves the right to drop students who do not attend</p>

class the first two weeks of the term/semester. Students are expected to attend all class sessions of every course. In the case of unavoidable absence, the student must contact the instructor. The student is subject to appropriate academic penalty for incomplete or unacceptable makeup work, or for excessive or unexcused absences.

**Conduct:**

Students enrolling in a degree program at Webster University assume the obligation of conducting themselves in a manner compatible with the University's function as an education institution. Misconduct for which students are subject to discipline may be divided into the following categories:

1. All forms of dishonesty, cheating, plagiarism, or knowingly furnishing false information to the University.
2. Obstruction or disruption of teaching, research, administration, disciplinary procedures, or other University activities or of other authorized activities on University premises.
3. Classroom disruption. Behavior occurring within the academic arena, including but not limited to classroom disruption or obstruction of teaching, is within the jurisdiction of Academic Affairs. In case of alleged campus and/or classroom disruption or obstruction, a faculty member and/or administrator may take immediate action to restore order and/or to prevent further disruption (e.g. removal of student[s] from class or other setting). Faculty members have original jurisdiction to address the immediacy of a situation, as they deem appropriate. When necessary and appropriate, Public Safety and/or the local [or military] police may be contacted to assist with restoring peace and order. Faculty response is forwarded to the academic dean (or his or her designee) for review and, if necessary, further action. Further action might include permanent removal from the course. Repeated offenses could lead to removal from the program and/or the University.
4. Theft of or damage to property of the University. Students who cheat or plagiarize may receive a failing grade for the course in which the cheating or plagiarism took place.

Students who engage in any of the above misconducts may be subject to dismissal from the University on careful consideration by the executive vice president of the University or his designee. To the extent that penalties for any of these misconducts (e.g. theft or destruction of property) are prescribed by law, the University will consider appropriate action under such laws.

Students are subject to the Student Code of Conduct and Judicial

Procedure described in the Online Student Handbook.

**Course Contact Hours:**

Unless a course has enrolled fewer than four students, faculty has a contractual obligation to meet the full complement of contact/meeting hours (36 for graduate courses). Not to meet this full complement of hours may be construed as a breach of contract and may also endanger Webster University's accreditation by The Higher Learning Commission, a commission of the North Central Association of Colleges and Schools, and its licensure by the State. Finally, course meetings which are missed for any reason must be made up.

**Determination of Grades is Based On the Following Criteria:**

**Minimum Requirements:**

Products (papers, case studies, projects) must be on time, in the correct format, corrected for spelling and grammar, appropriate materials included and referenced to-the-point and on topic and conclusions must be supported.

Examinations must be complete, accurate, neat, evidence clear thought, and exhibit concise and to-the-point responses.

Behavior in class discussions and group activities should be responsible, should exhibit open communication, be constructive, and helpful.

**Mastery Level (Grade of "B"): Professional Achievement**

Products must meet the requirements stated above for minimum requirements and additionally meet professional criteria. For example, documentation should be included to support research papers, the APA format should be used consistently throughout the paper, and substantially more than the minimum number of references should be included. Presentations should be logical, organized, and comprehensive.

Examinations should be organized, in depth, comprehensive, logical and complete, and evidence thorough understanding of the subject /topic through application of principles.

Classroom behavior should exhibit very focused activity and thought on the subject at hand, be motivated, and assist in discovery of new insights and relationships concerning the subject/topic of discussion.

**Mastery Level Plus (Grade of "A"): Creative Achievement**

Products must meet all requirements stated above and additionally

meet creative criteria. These criteria include unique topic or subject selection, synthesis of ideas, evaluation of subject matter and positions found in the literature, be creative in approach, establish new relationships with ideas and provide new insights.

Examination responses indicate insightfulness of understanding, a synthesis of information and unique ideas, and rationale for application of principles following careful analysis.

Classroom behavior should exhibit very focused activity and thought on the subject at hand, be motivated, and assist in discovery of new insights and relationships concerning the subject/topic of discussion.

The grade of "A" represents the best work of students, accomplished in a unique and professional manner.

**Note:**

To achieve the objectives of this course, this syllabus may be revised at the discretion of the instructor without prior notification or consent of the student.

For Webster University policies and procedures, please refer to the Catalog and Student Handbook. If you have a documented disability as described in Section 504 of the 1973 Rehabilitation Act of the Americans with Disability Act (ADA), you can contact our Academic Resource Center (ARC) at [www.webster.edu/acadaffairs/asp/arc.htm](http://www.webster.edu/acadaffairs/asp/arc.htm), or call 800-981-9801, ext. 7620 to make arrangements for services. Also, please notify your site administrator if you are attending an extended campus.

Reviewed by: Royce Calhoun, Ph.D.

Job Title: Faculty Coordinator

Date:11-10-2009

This course is writing intensive. All papers must be submitted in typed format, following APA guidelines. Journals may be handwritten.