

<b>Course</b>	<b>COUN 5200 Theories of Counseling</b>												
<b>Term, Day, Time</b>	Spring 1 2010, Wednesday 6-10pm												
<b>Instructor</b>	Name: Dr. Patrick E. McDaniel Phone: (210) 520-8440 x224 Email: <a href="mailto:pmcdaniel88@webster.edu">pmcdaniel88@webster.edu</a>												
<b>Catalog Description</b>	<b>COUN 5200: Theories of Counseling</b> this course examines the application of basic theories, principles, and techniques of counseling employed in the field of mental health. A major focus will be on the application of the theories and methods used in individual, group and family counseling.												
<b>Course Level Outcome Objectives</b>	<b><i>Upon successful completion of this class students will be able to:</i></b> 1. Demonstrate an understanding of the historical growth of personality and counseling theories 2. Demonstrate understanding of cognitive, affective and behavioral theories 3. Demonstrate the proper use of various counseling techniques through behavior and interviewing techniques 4. Articulate a personal model of counseling												
<b>Materials</b>	Title: <i>Theory and Practice of Counseling and Psychotherapy</i> , 8 <sup>th</sup> edition Author: Corey, Gerald (2009) Publisher: Belmont, CA: Thomson Higher Education. ISBN-10: 0-495-63240-6 ISBN-13: 978-0-495-63240-5  Title: <i>Student Manual for Theory and Practice of Counseling and Psychotherapy</i> , 8 <sup>th</sup> edition Author: Corey, Gerald (2009). Publisher: Belmont, CA: Thomson Higher Education. ISBN-10: 0-495-10209-1 ISBN-13: 978-0-495-10209-0												
<b>Grading</b>	<table border="0"> <tr> <td>Class Participation</td> <td>5</td> </tr> <tr> <td>Professional/Self Investigations</td> <td>20</td> </tr> <tr> <td>Group Project</td> <td>15</td> </tr> <tr> <td>Exam I</td> <td>20</td> </tr> <tr> <td>Exam II</td> <td>20</td> </tr> <tr> <td>Final</td> <td>20</td> </tr> </table> <p>The Graduate catalogue provides these guidelines and grading option:        Grades in the program are A, A-, B, B-, C, F, CR, I, ZF, and W        A/A- Superior graduate work        B+/B/B- Satisfactory graduate work        C Marginal work</p>	Class Participation	5	Professional/Self Investigations	20	Group Project	15	Exam I	20	Exam II	20	Final	20
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	<p>F      Unsatisfactory work  CR      Credit given for practica/internships  I      Incomplete work  ZF      Permanent grade for unfinished incomplete grade which treated as an F  W      Withdrawn from the course</p>
<b>Course Policy</b>	No special policies for this course.
<b>Policy Statements: University Policies</b>	<p>University policies are provided in the current course catalog and course schedules. They are also available on the university website. This class is governed by the university's published policies. The following policies are of particular interest:</p> <p><b>Academic Honesty</b>  The university is committed to high standards of academic honesty. Students will be held responsible for violations of these standards. Please refer to the university's academic honesty policies for a definition of academic dishonesty and potential disciplinary actions associated with it.</p> <p><b>Drops and Withdrawals</b>  Please be aware that, should you choose to drop or withdraw from this course, the date on which you notify the university of your decision will determine the amount of tuition refund you receive. Please refer to the university policies on drops and withdrawals in the Graduate Studies Catalogue to find out what the deadlines are for dropping a course with a full refund and for withdrawing from a course with a partial refund.</p> <p><b>Special Services</b>  If you have registered as a student with a documented disability and are entitled to classroom or testing accommodations, please inform the instructor at the beginning of the course of the accommodations you will require in this class so that these can be provided.</p> <p><b>Disturbances</b>  Since every student is entitled to full participation in class without interruption, disruption of class by inconsiderate behavior is not acceptable. Students are expected to treat the instructor and other students with dignity and respect, especially in cases where a diversity of opinion arises. Students who engage in disruptive behavior are subject to disciplinary action, including removal from the course.</p>

<p><b>Activities</b></p>	<p><b>Group Project:</b>  Each student will be expected to participate in a group project. The scope of the project will be the investigation of original works of a major theorist contrasting it against the summative information provided in the text. Each group will be expected to produce a single 10-page report to be presented in class. Copies of the report should be provided to all members of the class.</p> <p>Topics must be submitted in writing and have prior approval of the instructor.</p> <p><b>Professional/Self Investigations:</b>  Each student will complete the following (in student manual) and be prepared to discuss in class:  Lifestyle Assessment—(Adlerian)  REBT Self-help Form  Extensive Genogram (at least 3 generations)  Integrative Perspective—(Integration and Application)</p> <p>The student will produce a 5-page report detailing their reaction to these assignments and how this might influence their professional identity (with copies of the above assignments attached).</p> <p><b>Exams:</b>  The exams will be primarily multiple choice and short answer. They will cover the information provided in the text, lecture, and presentations.</p> <p><i>Special note regarding written assignments: All written assignments are to be in APA format, and free of grammatical and spelling errors. The requested number of pages is the minimum number of text pages required to obtain full credit for the assignment. The page minimum does not include cover, abstract, references, or attachments.</i></p> <ul style="list-style-type: none"> <li>• Participation is a must in this course. This class will involve some degree of self-exploration and interpersonal learning. The assumption is that one of the best ways to learn about the practice of group counseling is to experience the process and then conceptualize this learning experience. You are expected to engage in class discussions, ask pertinent questions, and offer opinions.</li> <li>• Preparation of the assignments before class is expected.</li> <li>• Class time will be spent in lecture, discussion, and interpersonal experiential activities designed to help the student develop the necessary skills for group work. Students will have opportunities to co-lead and participate in a group.</li> </ul>
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<p><b>Weekly Schedule</b></p>	<p><b>Pre-Assignment for Week 1:</b> Read chapters 1-3.</p> <p><b>Week 1:</b> Topics: Intro: Psychoanalytic &amp; Adlerian Therapies Assignment for Week 2:  <ul style="list-style-type: none"> <li>• Read chapters 4-5.</li> </ul> </p> <p><b>Week 2:</b> Topics: Existential &amp; Person Centered Therapies Assignment for Week 3:  <p style="text-align: center;"><b>Group topic request due by end of class</b></p> <ul style="list-style-type: none"> <li>• Read chapters 6-7.</li> </ul> </p> <p><b>Week 3:</b> Topics: Gestalt Therapy Assignment for Week 4:  <ul style="list-style-type: none"> <li>• Read chapters 8.</li> </ul> </p> <p><b>Week 4:</b> Topics: Behavior Therapy Assignment for Week 5:  <ul style="list-style-type: none"> <li>• Read chapters 9.</li> </ul> </p> <p><b>Week 5</b> Topics: Cognitive &amp; Cognitive Behavioral Therapies Assignment for Week 6:  <ul style="list-style-type: none"> <li>• Read chapters 10.</li> </ul> </p> <p><b>Week 6:</b> Topics: Reality &amp; Feminist Therapy Assignment for Week 7:  <ul style="list-style-type: none"> <li>• Read chapters 11-12.</li> </ul> </p> <p><b>Week 7:</b> Topics: Postmodern Approaches Assignment for Week 8:  <ul style="list-style-type: none"> <li>• Read chapters 13.</li> </ul> </p> <p><b>Week 8:</b> Topics: Family Systems Therapy Assignment for Week 9:  <ul style="list-style-type: none"> <li>• Read chapters 14.</li> </ul> </p> <p><b>Week 9:</b> Topics: Integration &amp; Application Assignment for Week 9:  <ul style="list-style-type: none"> <li>• Read chapters 15-16.</li> </ul> </p>
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<p><b>Additional Information</b></p>	<p><b>Course Requirements:</b></p> <p><b><u>Course Attendance:</u></b>  The University reserves the right to drop students who do not attend class the first two weeks of the term/semester. Students are expected to attend all class sessions of every course. In the case of unavoidable absence, the student must contact the instructor. The student is subject to appropriate academic penalty for incomplete or unacceptable makeup work, or for excessive or unexcused absences.</p> <p><b><u>Conduct:</u></b>  Students enrolling in a degree program at Webster University assume the obligation of conducting themselves in a manner compatible with the University’s function as an education institution. Misconduct for which students are subject to discipline may be divided into the following categories:</p> <ol style="list-style-type: none"> <li>1. All forms of dishonesty, cheating, plagiarism, or knowingly furnishing false information to the University.</li> <li>2. Obstruction or disruption of teaching, research, administration, disciplinary procedures, or other University activities or of other authorized activities on University premises.</li> <li>3. Classroom disruption. Behavior occurring within the academic arena, including but not limited to classroom disruption or obstruction of teaching, is within the jurisdiction of Academic Affairs. In case of alleged campus and/or classroom disruption or obstruction, a faculty member and/or administrator may take immediate action to restore order and/or to prevent further disruption (e.g. removal of student[s] from class or other setting). Faculty members have original jurisdiction to address the immediacy of a situation, as they deem appropriate. When necessary and appropriate, Public Safety and/or the local [or military] police may be contacted to assist with restoring peace and order. Faculty response is forwarded to the academic dean (or his or her designee) for review and, if necessary, further action. Further action might include permanent removal from the course. Repeated offenses could lead to removal from the program and/or the University.</li> <li>4. Theft of or damage to property of the University. Students who cheat or plagiarize may receive a failing grade for the course in which the cheating or plagiarism took place.</li> </ol> <p>Students who engage in any of the above misconducts may be subject to dismissal from the University on careful consideration by</p>
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the executive vice president of the University or his designee. To the extent that penalties for any of these misconducts (e.g. theft or destruction of property) are prescribed by law, the University will consider appropriate action under such laws.

Students are subject to the Student Code of Conduct and Judicial Procedure described in the Online Student Handbook.

**Course Contact Hours:**

Unless a course has enrolled fewer than four students, faculty has a contractual obligation to meet the full complement of contact/meeting hours (36 for graduate courses). Not to meet this full complement of hours may be construed as a breach of contract and may also endanger Webster University's accreditation by The Higher Learning Commission, a commission of the North Central Association of Colleges and Schools, and its licensure by the State. Finally, course meetings which are missed for any reason must be made up.

**Contact Hours for this Course**

It is essential that all classes meet for the full instructional time as scheduled. A class cannot be shortened in length. If a class session is cancelled for any reason, it must be rescheduled.

**Determination of Grades is Based On the Following Criteria:**

**Minimum Requirements:**

Products (papers, case studies, projects) must be on time, in the correct format, corrected for spelling and grammar, appropriate materials included and referenced to-the-point and on topic and conclusions must be supported.

Examinations must be complete, accurate, neat, evidence clear thought, and exhibit concise and to-the-point responses.

Behavior in class discussions and group activities should be responsible, should exhibit open communication, be constructive, and helpful.

**Mastery Level (Grade of "B"): Professional Achievement**

Products must meet the requirements stated above for minimum requirements and additionally meet professional criteria. For example, documentation should be included to support research papers, the APA format should be used consistently throughout the paper, and substantially more than the minimum number of

references should be included. Presentations should be logical, organized, and comprehensive.

Examinations should be organized, in depth, comprehensive, logical and complete, and evidence thorough understanding of the subject /topic through application of principles.

Classroom behavior should exhibit very focused activity and thought on the subject at hand, be motivated, and assist in discovery of new insights and relationships concerning the subject/topic of discussion.

**Mastery Level Plus (Grade of "A"): *Creative Achievement***

Products must meet all requirements stated above and additionally meet creative criteria. These criteria include unique topic or subject selection, synthesis of ideas, evaluation of subject matter and positions found in the literature, be creative in approach, establish new relationships with ideas and provide new insights.

Examination responses indicate insightfulness of understanding, a synthesis of information and unique ideas, and rationale for application of principles following careful analysis.

Classroom behavior should exhibit very focused activity and thought on the subject at hand, be motivated, and assist in discovery of new insights and relationships concerning the subject/topic of discussion.

The grade of "A" represents the best work of students, accomplished in a unique and professional manner.

**Note:**

To achieve the objectives of this course, this syllabus may be revised at the discretion of the instructor without prior notification or consent of the student.

**Student Assignments Retained**

From time to time, student assignments or projects will be retained by the department for the purpose of academic assessment. In every case, should the assignment or project be shared outside the academic department, the student's name and all identifying information about that student will be redacted from the assignment or project.

For Webster University policies and procedures, please refer to the Catalog and Student Handbook. If you have a documented disability as described in Section 504 of the 1973 Rehabilitation Act of the Americans with Disability Act (ADA), you can contact our

Academic Resource Center (ARC) at [www.webster.edu/acadaffairs/asp/arc.htm](http://www.webster.edu/acadaffairs/asp/arc.htm), or call 800-981-9801, ext. 7620 to make arrangements for services. Also, please notify your site administrator if you are attending an extended campus.

Reviewed by: Royce Calhoun, Ph.D.

Job Title: Faculty Coordinator

Date: November 10, 2009