

<b>Course</b>	COUN 5200/PB Theories of Counseling											
<b>Term</b>	Fall 1, 2008 (Saturdays “B Week”)											
<b>Instructor</b>	Teresa Harris, Psy.D., LMHC Telephone: (321) 784-8440 Email: tharris015@cfl.rr.com Office Hours: 30 minutes prior to class											
<b>Catalog Description</b>	This course examines the application of basic theories, principles, and techniques of counseling employed in the field of mental health. A major focus will be on the application of the theories and methods used in individual, group and family counseling.											
<b>Prerequisites</b>	None											
<b>Course Level Learning Outcomes</b>	<p><i>Upon successful completion of this class students will be able to:</i></p> <ol style="list-style-type: none"> <li>1. Demonstrate an understanding of the historical growth of personality and counseling theories (<b>CACREP II.K.5.c</b>).</li> <li>2. Demonstrate understanding of cognitive, affective and behavioral theories (<b>CACREP II.K. 5.c</b>)</li> <li>3. Demonstrate the proper use of various counseling techniques through behavior and interviewing techniques (<b>CACREP II. K. 5. c</b>)</li> <li>4. 4. Articulate a personal model of counseling (<b>CACREP II. K. 5. c</b>)</li> </ol>											
<b>Materials</b>	<p><b>REQUIRED TEXTS:</b> Thompson, R.A. <i>Counseling Techniques</i>, Accelerated Development Press, (2003). ISBN: 1-58391-330-0. Lukas, Susan W. <i>Where to Start and What to Ask</i>, Norton Publishing Company (1993). ISBN: 0-39370152-2.</p> <p><b>SUGGESTED SUPPLEMENTAL READINGS:</b> As noted in class by Dr. Harris.</p>											
<b>Grading</b>	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;"><b>COURSE REQUIREMENTS:</b></th> <th style="text-align: right;"><b>% OF GRADE</b></th> </tr> </thead> <tbody> <tr> <td><b>a. Constructive Participation</b></td> <td style="text-align: right;"><b>20%</b></td> </tr> <tr> <td><b>b. Chapter Outlines</b></td> <td style="text-align: right;"><b>20%</b></td> </tr> <tr> <td><b>c. Student Presentations</b></td> <td style="text-align: right;"><b>30%</b></td> </tr> <tr> <td><b>d. Final Paper</b></td> <td style="text-align: right;"><b>30%</b></td> </tr> </tbody> </table> <p>Taking the numerical score from the formula above and converting it to the appropriate letter grade from the chart determine the student’s letter grading for the course.</p>		<b>COURSE REQUIREMENTS:</b>	<b>% OF GRADE</b>	<b>a. Constructive Participation</b>	<b>20%</b>	<b>b. Chapter Outlines</b>	<b>20%</b>	<b>c. Student Presentations</b>	<b>30%</b>	<b>d. Final Paper</b>	<b>30%</b>
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<p><b>Activities</b></p>	<ul style="list-style-type: none"> <li>• <b>The following theories will be studied and students will present to class:</b> <ul style="list-style-type: none"> <li>Adlerian Therapy</li> <li>Behavioral Therapy</li> <li>Psychoanalytic Therapy</li> <li>Cognitive Behavioral Therapy</li> <li>Reality Therapy</li> <li>Gestalt Therapy</li> <li>Person Centered Therapy</li> <li>Existential Therapy</li> </ul> </li> <li>• <b>Students will turn in a brief (1-2 pg) outline from assigned textbook(s) each week</b></li> <li>• <b>Students will present an integrated counseling approach of their choice to the class</b></li> <li>• <b>Students will turn in a final paper, APA style, which is an integrative theoretical approach to utilize with an assigned case (assigned by instructor)</b></li> </ul>																				
<p><b>Policy Statements:</b></p> <p><b>University Policies</b></p>	<p>University policies are provided in the current course catalog and course schedules. They are also available on the university website. This class is governed by the university's published policies. The following policies are of particular interest:</p> <p><b>Academic Honesty</b>  The university is committed to high standards of academic honesty. Students will be held responsible for violations of these standards. Please refer to the university's academic honesty policies for a definition of academic dishonesty and potential disciplinary actions associated with it.</p> <p><b>Drops and Withdrawals</b>  Please be aware that, should you choose to drop or withdraw from this course, the date on which you notify the university of your decision will determine the amount of tuition refund you receive. Please refer to the</p>																				

	<p>university policies on drops and withdrawals (published elsewhere) to find out what the deadlines are for dropping a course with a full refund and for withdrawing from a course with a partial refund.</p> <p><b>Special Services</b> If you have registered as a student with a documented disability and are entitled to classroom or testing accommodations, please inform the instructor at the beginning of the course of the accommodations you will require in this class so that these can be provided.</p> <p><b>Disturbances</b> Since every student is entitled to full participation in class without interruption, disruption of class by inconsiderate behavior is not acceptable. Students are expected to treat the instructor and other students with dignity and respect, especially in cases where a diversity of opinion arises. Students who engage in disruptive behavior are subject to disciplinary action, including removal from the course.</p> <p><b>Student Assignments Retained</b> From time to time, student assignments or projects will be retained by The Department for the purpose of academic assessment. In every case, should the assignment or project be shared outside the academic Department, the student's name and all identifying information about that student will be redacted from the assignment or project.</p> <p><b>Contact Hours for this Course</b> It is essential that all classes meet for the full instructional time as scheduled. A class cannot be shortened in length. If a class session is cancelled for any reason, it must be rescheduled.</p>
<p><b>Course Policies</b></p>	<p><b>Course Requirements:</b></p> <p><b>Course Attendance:</b> The University reserves the right to drop students who do not attend class the first two weeks of the term/semester. Students are expected to attend all class sessions of every course. In the case of unavoidable absence, the student must contact the instructor. The student is subject to appropriate academic penalty for incomplete or unacceptable makeup work, or for excessive or unexcused absences.</p> <p><b>Conduct:</b> Students enrolling in a degree program at Webster University assume the obligation of conducting themselves in a manner compatible with the University's function as an education institution. Misconduct for which students are subject to discipline may be divided into the following categories:</p> <ol style="list-style-type: none"> <li>1. All forms of dishonesty, cheating, plagiarism, or knowingly furnishing</li> </ol>

	<p>false information to the University.</p> <ol style="list-style-type: none"> <li>2. Obstruction or disruption of teaching, research, administration, disciplinary procedures, or other University activities or of other authorized activities on University premises.</li> <li>3. Classroom disruption. Behavior occurring within the academic arena, including but not limited to classroom disruption or obstruction of teaching, is within the jurisdiction of Academic Affairs. In case of alleged campus and/or classroom disruption or obstruction, a faculty member and/or administrator may take immediate action to restore order and/or to prevent further disruption (e.g. removal of student[s] from class or other setting). Faculty members have original jurisdiction to address the immediacy of a situation, as they deem appropriate. When necessary and appropriate, Public Safety and/or the local [or military] police may be contacted to assist with restoring peace and order. Faculty response is forwarded to the academic dean (or his or her designee) for review and, if necessary, further action. Further action might include permanent removal from the course. Repeated offenses could lead to removal from the program and/or the University.</li> <li>4. Theft of or damage to property of the University. Students who cheat or plagiarize may receive a failing grade for the course in which the cheating or plagiarism took place.</li> </ol> <p>Students who engage in any of the above misconducts may be subject to dismissal from the University on careful consideration by the executive vice president of the University or his designee. To the extent that penalties for any of these misconducts (e.g. theft or destruction of property) are prescribed by law, the University will consider appropriate action under such laws.</p> <p>Students are subject to the Student Code of Conduct and Judicial Procedure described in the Online Student Handbook.</p> <p><b><u>Course Contact Hours:</u></b>  Unless a course has enrolled fewer than four students, faculty has a contractual obligation to meet the full complement of contact/meeting hours (36 for graduate courses). Not to meet this full complement of hours may be construed as a breach of contract and may also endanger Webster University's accreditation by The Higher Learning Commission, a commission of the North Central Association of Colleges and Schools, and its licensure by the State. Finally, course meetings which are missed for any reason must be made up.</p>
<p><b>Week 1 Schedule</b></p>	<p><b>PREPARATION FOR CLASS: <u>Read prior to class:</u></b> Chapters 1 &amp; 2 Counseling Techniques. Chapters 1, 2 &amp; 3 from Where to Start and What to Ask.</p> <p><b>CLASSROOM DISCUSSION TOPICS:</b> Introductions; review syllabus and class requirements; discussion of reading material; assign theories for presentations.</p>

<b>Week 2 Schedule</b>	<b>PREPARATION FOR CLASS: <u>Read prior to class:</u></b> Chapters 4 & 14 Counseling Techniques. Chapter 6 from Where to Start and What to Ask. <b>CLASSROOM DISCUSSION TOPICS: Student Presentations;</b> Discussion of assigned reading material.
<b>Week 3 Schedule</b>	<b>PREPARATION FOR CLASS: <u>Read prior to class:</u></b> Chapters 10 & 12 Counseling Techniques. Chapters 8 & 9 from Where to Start and What to Ask. <b>CLASSROOM DISCUSSION TOPICS: Student Presentations;</b> discussion of assigned reading material.
<b>Week 4 Schedule</b>	<b>PREPARATION FOR CLASS: <u>Read prior to class:</u></b> Chapters 7 & 8 Counseling Techniques. Chapters 10 & 11 Where to Start and What to Ask. <b>CLASSROOM DISCUSSION TOPICS: Student Presentations;</b> discussion of reading assignments.
<b>Week 5 Schedule</b>	<b>PREPARATION FOR CLASS: <u>Read prior to class:</u></b> Chapters 11 & 13 Counseling Techniques. <b>CLASSROOM DISCUSSION TOPICS: Final Paper Due;</b> Overview of Course.

**PURCHASING TEXTBOOKS--**Most textbooks can be purchased through **MBS Direct**. Check the syllabus for textbook information. Give MBS Direct the campus location (for the purpose of ordering books the campus is **Space Coast Campus**, course name, number and section number (i.e. Space Coast Campus, COMP5000/64) and most important, the **title, author, edition, and ISBN** of the book you are ordering. MBS Direct will buy back your book at the end of the term should you elect not to retain it as a reference book. Order by phone or online. Orders should be placed no earlier than 4 weeks prior to the start of the term.

**MBS Direct:** 1-800-325-3252

MBS Direct Website: [www.mbsdirect.net/webster](http://www.mbsdirect.net/webster)

Monday-Thursday, 7am-10pm (Central Time)

Friday, 7am-6pm (Central Time)

Saturday, 8am-5pm (Central Time)

Sunday, noon-4pm (Central Time)

In order to meet the course objectives this syllabus may be modified at the discretion of the instructor without approval of the students.

**Original approved by:**

Dr. Calvin D. Fowler Academic Dean Space Coast Region June 24, 2008

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