

**Webster University BSN Program
NURS 4370.30 Cultural Care Nursing**

Spring II, 2008

Instructor: Dian C. Davitt PhD, RN

Monday: 12:00-3:00

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Course Description: This elective course examines the dimensions involved in caring for people from diverse cultural backgrounds. Traditional health beliefs and practices among selected populations are discussed. Cultural concepts applicable to nursing practice are examined.

Course Objectives:

Upon completion of this course, the student will be able to:

1. Discuss the history, goals, and purposes of cultural care nursing.
2. Define selected terms relevant to cultural care nursing.
3. Describe the elements of a cultural assessment.
4. Identify caring practices of selected cultures and determine ways to include these when providing care to clients.
5. Identify potential cultural conflicts among health care providers and clients
6. Identify personal values relevant to providing culturally sensitive nursing care.

Text:

Spector, R. E. (2004). *Cultural diversity in health and illness* (6th ed.). Upper

Saddle River, NJ: Prentice Hall Health

Course Requirements:

2 Credits

Older adult interview

Interview an older (60+) adult family member, neighbor, or friend. Ask the interviewee to identify: (1) their cultural heritage; (2) health practices they use or have used to prevent illness and maintain wellness; and (3) treatments they use or have used for illness.

Use Appendix D in your text page 321 as a guide. Type and be prepared to discuss the assignment in class

Cultural care practices

Students explore the cultural care practices of their health care agency. The focus is on: (1) what the agency is doing to identify clients that may have specific cultural needs; and (2) what culturally sensitive care is provided to clients.

Type and be prepared to discuss the assignment in class

Report on a cultural group

Students select a culture to report using the ethnocultural groups identified in the text: American Indian, Aleut, and Eskimo; Asian/Pacific islander; Black; Hispanic (of any race); and White. Each student researches and prepares an oral report. A poster with information about the culture is included as part of the report. Make sure that the information on the poster is easy to read. Keep it clutter free, concise, and simple. The poster should be easily readable from a distance of 3-5 feet. Avoid fancy type and use block-lettering. There are sources on the internet on poster presentations. Include a map of the country/area; picture of the ethnocultural group; and other information from the report as pertinent. Other visual aides are encouraged. A reference list in APA format is distributed to the class at the time of the presentation. A minimum of 6 referenced (books, articles, and/or internet sites) is required. A minimum of 2 references must be from nursing periodicals. The textbook is used as the primary reference for the report (Chapters 8-12).

Include in the oral report:

1. A description of the original culture/subculture.
2. The traditional view (definitions) of health and illness in the culture.

3. The traditional methods of healing and the caring practices in the culture.
4. The folk medicine used by the culture.
5. The current health problems faced by the culture.
6. The actual and/or potential conflicts between the culture and the health care provider.
7. Nursing implications for the particular culture.

Apply the information in the report to the specific culture as it impacts their life in the United States. All areas must be covered in the report. The focus of the report is on the health of the cultural group. Reports are limited to 25 minutes.

Web site resources:

www.oseda.missouri.edu

www.factfinder.census.gov

www.health.state.mo.us

www.statehealthfacts.kff.org

www.cdc.gov

www.census.gov

www.omhrc.gov

www.DiversityRx.org

www.lib.iun.indiana.edu/trannurs.htm

<http://eatethnic.com>

www.hslib.washington.edu/clinical/ethnomed

www.dml.georgetown.edu/depts/pediatrics/gucdc/cultural.html

www.nmci.org

www.minority.unc.edu

www.xculture.org

3 Credits Instructor must approve all 3 credit options

Students meet all requirements for 2 credits plus an additional project. Several options are available: complete a cultural nursing assessment on an individual in the community **OR** attend a continuing education program or presentation on a culture or a cultural issue **OR** complete an individualized learning experience. A 1-2 page typed summary is due at the completion of the project.

The **cultural assessment** includes an introductory paragraph describing the client; include name, age, sex, country of origin, and reason for coming to the United States. Complete the Heritage Assessment Tool the Health Traditions Assessment Model (in the text). Based on the assessments, identify at least 5 areas of concern (actual or potential) for the client when confronted with health care issues and/or the health care delivery system. List 3-4 interventions that could assist the client. Assignment must be typed and be a minimum of 5 pages.

Evaluation:

The final grade for the course will be determined as follows:

- 10 Class attendance and active participation
- 15 Report on cultural care practices
- 15 Older adult interview
- 60 Report on a cultural group—includes poster, visuals, references, oral report

Project for the 3rd credit will receive a letter grade which will be factored into the overall course grade.

Grading Scale

- A 95-100**
- A- 90-94**
- B+ 87-89**
- B 84-86**
- B- 80-83**
- C+ 76-79**
- C 75-78**
- C- 74 or lower**

Course Schedule

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|---------|---|------------------------|
| 3/17/08 | Introduction/overview Unit I Cultural self-awareness | Ch 1,2 |
| 3/24/08 | Unit II Cultural heritage Discussion older adult interviews | Ch 4,5,6 Appendix D |
| 3/31/08 | Unit III Issues of Delivery Discussion of cultural care practices | Ch 3,7 |
| 4/7/08 | Library Work | |
| 4/14/08 | Student Reports | Ch 8-12 |
| 4/21/08 | Student Reports | Ch 8-12 |
| 4/28/08 | Cultural Field Trip | TBA |
| 5/5/08 | Student Evaluations | |