Psychology (BA) with an Emphasis in Mental Health

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This program is offered by the College of Science and Health/ Psychology Department. It is available online, at the St. Louis main campus, Geneva campus and Leiden campus.

STEM program

Program Description

The Bachelor of Arts (BA) in Psychology with an Emphasis in Mental Health is designed to provide an understanding of how cognitive, behavioral, personality and social factors are involved in mental health and illness. Students who have successfully completed the degree will be prepared to pursue a variety of graduate and career opportunities within mental health-oriented fields (e.g. counseling, nursing, psychology, social work).

Students graduating with a Bachelor of Arts (BA) in Psychology with an Emphasis in Mental Health will need to pursue a graduate degree before they are able to obtain professional licensure. Students are encouraged to check entrance requirements for any post-graduate programs prior to finishing their BA at Webster in the event they need to take additional coursework.

Students working toward the Bachelor of Arts (BA) in Psychology with an Emphasis in Mental Health should consider the pre-professional program with professional counseling. This pre-professional program can result in students achieving their BA/MA up to a semester sooner. More information can be found at https://www.webster.edu/catalog/current/undergraduate-catalog/preprofessional-programs.html#pre-counseling

Learning Outcomes

Upon completion of the program, students will be able to:

- Demonstrate a comprehensive understanding of the major concepts, theoretical perspectives, historical trends and empirical or evidence-based findings in psychology. Apply these psychological science principles to critically evaluate behavior, mental processes and problems of everyday life.
- Apply scientific reasoning to investigate psychological phenomena, to design and evaluate research and to use statistical methods to interpret quantitative findings. Identify, incorporate and evaluate sociocultural factors in psychological research.
- Apply ethical standards and socially responsible values across psychological science endeavors including research, practice and academics. Through the application of psychological principles, demonstrate interpersonal and intercultural responsiveness to improve quality of life from the local to global levels.
- Demonstrate effective interpersonal and communication skills in processing and expressing information through constructive interactions with others, written and presentation skills for diverse purposes, evidence of psychological literacy and use of appropriate technological tools to enhance communication. Demonstrate knowledge of equity, diversity and inclusion to improve communication effectiveness.
- Demonstrate personal and professional growth through self-regulation, effective project management, sound judgment in professional interactions and collaborative and technological skills in the workplace, leading to a clear plan for life after graduation.
- Discuss the psychological, biological, social and cultural factors that influence mental health and illness.

Degree Requirements

For information on the general requirements for a degree, see Baccalaureate Degree Requirements under the Academic Policies and Information section of this catalog.

- 51 required credit hours
- Applicable University Global Citizenship Program hours
- Electives

Special Requirements

- Courses completed with a grade below a C- do not count toward fulfilling the specific course requirements of the major.
- No more than 6 credit hours obtained in independent learning experiences, reading courses and assessment of prior learning may be applied toward the 51 credit hours required for the major. However, students may use any number of independent learning experiences, etc. toward their overall bachelor's degree requirements.
- Transfer students can apply up to 18 credit hours of approved PSYC course work from other colleges/universities toward the Psychology major.

Curriculum

The 51 credit hours required for the Bachelor of Arts (BA) in Psychology with an Emphasis in Mental Health include the following:

- PSYC 1100 Introduction to Psychology (3 hours)
- PSYC 1800 Careers in Psychology (3 hours)
- PSYC 2300 Lifespan Development (3 hours)
  or PSYC 2200 Child Psychology (3 hours)
  or PSYC 2250 Adolescent Psychology (3 hours)
  or PSYC 2950 Psychology of Adulthood and Aging (3 hours)
- PSYC 2750 Introduction to Measurement and Statistics (3 hours)
- PSYC 2825 Introduction to Research Methods (3 hours)
- PSYC 3025 Psychology and Ethics (3 hours)
- PSYC 3125 Psychological Disorders (3 hours)
- PSYC 3325 Applied Learning Theory (3 hours)
  or PSYC 3350 Cognitive Psychology (3 hours)
- PSYC 3600 Social Psychology (3 hours)
- PSYC 3675 Professional Seminar in Psychology (3 hours)
- PSYC 3775 Personality Theory (3 hours)
- PSYC 3900 Introduction to Counseling (3 hours)
  or PSYC 4225 Introduction to the Helping Professions (3 hours)
- PSYC 4425 Community Practicum (3 hours)
- PSYC 4650 Biopsychology (3 hours)
- Psychology electives *(at least 3 credit hours at the 4000-level)* (3 hours)

At least TWO courses from the following:

- PSYC 3150 Positive Psychology (3 hours)
- PSYC 3175 Community Psychology (3 hours)
- PSYC 4300 Health Psychology (3 hours)
- PSYC 4400 Human Sexuality (3 hours)
- PSYC 4550 Drug and Chemical Dependency (3 hours)
- PSYC 4700 Psychological Tests and Measurements (3 hours)

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Recommended Courses

- PSYC 3825 Psychological Research Design and Analysis (3 hours)
- PSYC 4825 Psychological Science Thesis (3 hours) (Co-requisite PSYC 4750 Advanced Statistics)